

# You can transform lives

**AFTER**



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Since the 2010 earthquake, Food For The Poor has built over 6,700 double-unit homes in Haiti. You can depend on us to use your generous gift to build even more homes and renew hope.

**More than 95% of all donations go directly to programs that help the poor.**

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 **CFC**  
#10328

## Why Should I Support Your Charity's Work?

### PVA Spinal Cord Injury Education and Training Foundation

*Empowering America's Heroes*



Being paralyzed does not mean being powerless. *We help our veterans – and all others with spinal cord injuries or disease – live the full and rewarding lives they deserve.*

We help people with spinal cord injuries and their caregivers learn how to support those living with these injuries. We help develop teaching tools, disseminate research, train health professionals and educate the community about how to improve health, independence and the quality of life.

**CFC# 11958 • PVA.org/education**

### PVA Spinal Cord Research Foundation

*Improving the lives of those with spinal cord injury and disease*



We support innovative research to find a cure as well as to improve people's everyday lives. **100% of your gift supports:**



- Basic research to regenerate nerve fibers.
- Studies of how to lessen the many effects of spinal cord injuries and disease.
- Design and development of technology that allows people to do more, such as adaptive canoe seats.
- Fellowships to get scientists, clinicians and engineers to focus on spinal cord injuries.

**CFC# 12096 • PVA.org/research**

### Children's Food Fund/ World Emergency Relief

*Giving Children a Living Chance™*

For 30 years, we have delivered food to hungry children, provided medical care for the sick, supplied relief goods to disaster victims and given hope to millions living in poverty. Our commitment to improving children's lives continues. Thanks to our generous donors we are truly giving children a living chance.



Over 97% of all donated resources are used for program expenses.



**CFC# 10984  
CFF-WER.org**

### A Child's Hope Fund

*Uplifting lives, one child at a time*



Working with local partners in some of the world's poorest countries, we provide **tangible aid** – food, medicines and medical support – to individual children plagued by cancer and other debilitating conditions, plus their families and the institutions helping them. *Over 99% of all donations are used to help sick children and their struggling families.* Our efficiency and successes come by working directly with local organizations (hospitals, clinics, etc.) without duplicating services. We also help these groups better manage their work and stay accountable to their communities.



**CFC# 10978 • AChildsHopeFund.org**

### National Breast Cancer Foundation

*Helping Women Now®*

Since 1991, National Breast Cancer Foundation has become a stabilizing force in the lives of **millions of women** by offering free early detection and patient navigation services to those who cannot afford them in all 50 states. NBCF maintains the highest standard of fiscal management, receiving Charity Navigator's **highest 4-star rating** for 12 years.



**CFC# 10072  
NationalBreastCancer.org**

### Marine Corps Heritage Foundation

*American History Seen Through the Eyes of Marines*



The Marine Corps Heritage Foundation preserves and promulgates the history, traditions and culture of the Marine Corps and educates all Americans in its virtues. The Foundation vigorously seeks financial support to complete the National Museum of the Marine Corps and Heritage Center and to promote, support and endow the Marine Corps' long-term historical research and educational activities.



**CFC# 47874  
MarineHeritage.org**

Learn more about each charity at **CharityChoices.com**.

# How a charity makes a difference with CFC donations:

## Meet Selmira: A Napo Quechua woman turns from alcoholism to faith in Jesus

Selmira was born into the Napo Quechua culture, where life is not easy. The Napo Quechua people — who live in central South America — toil under an overwhelming sense of hopelessness.

To cope, both men and women are regularly drunk from masato, a fermented drink made from manioc root. Selmira was married when she was only a young teen. She had 21 children — four of whom she miscarried, 12 others she buried, leaving her five to raise.

Once sick with hepatitis, Selmira was admitted to a local hospital. Some Christians began visiting her in the hospital and prayed for her. God healed her and she was released. She later attended a Bible seminar in another village, where she understood the gospel and received Jesus as her Savior.

Selmira was invited to a Bible-storying workshop, and it was there that she met Christa, a missionary with Wycliffe Bible Translators. Selmira wanted Christa to come to her village so that she could keep learning Bible stories. In 2007, Christa and her colleague, Maritza, went to the village of Ingano Llakta for the first time.

As Selmira learned Bible stories with Christa, they began to deeply impact her life. She no longer got drunk, leaving community gatherings early before the drunkenness set in. She cared for her kids — and her grandkids — instead of leaving them to fend for themselves as many parents did. When others had troubles in their lives, they would come to her because they trusted her.

She didn't respond in anger when her husband got upset with her for not getting drunk with him anymore. In time, her husband began to come home earlier from drinking

parties and listened to the Bible stories Selmira was sharing. Last year, her husband accepted Jesus.

Meanwhile, Christa and Maritza had begun preparing to translate Old Testament Bible stories as well as the New Testament for Selmira's people. Today, Selmira is the only woman on the translation committee, and has not missed a single one of the month-long workshops in the past four years.

When the translation team is together for the workshops, the men often ask her for Selmira's input. They recognize she has keen spiritual insights that help them with understanding the text — and she often has the wording needed to put the ideas into Napo Quechua.

In a village where women are not given honor, Selmira is respected because everyone sees she is different now — living a life that is peace-filled. When her family is sick, she refuses to take them to the shamans, as everyone else does. She prays and believes.

God's Word is impacting other lives around her. She is teaching others to tell the Bible stories. As her faith grows, so does her desire to go to other villages and share with them the hope that she has found in Jesus Christ.

Wycliffe Bible Translators (CFC# 11737) is grateful for all who take part in supporting translation and Scripture-use projects like this one, including those who give through the Combined Federal Campaign. ■



Charity Choices.com A Resource for Donors

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CFC #10507

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Give to make a difference

With your support, we develop teaching tools, disseminate research, and teach healthcare professionals to encourage independence and improve the quality of life for veterans and all people with spinal cord injury and disease.

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**Giving Children a living chance!**

**Children's FOOD FUND**  
World Emergency Relief

CFC # 10984  
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**Paralyzed Veterans of America**  
Spinal Cord Research Foundation

**SUPPORT THE CURE**

Your donation enables new research for veterans and everyone with spinal cord injury or disease.

- Researching methods to regenerate nerve fibers
- Decreasing the effects of spinal cord injury and disease
- Developing adaptive technology

Award winning non-profit!

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