

# YOUR GIVING

# WILL MAKE A DIFFERENCE

**A GUIDE to Charities that Need Your Help** Through the  
**COMBINED FEDERAL CAMPAIGN** or a **DIRECT GIFT**



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**Make your CFC donation through [CFCGiving.opm.gov](https://CFCGiving.opm.gov)**

# Why Your Gift Makes a Difference

With so much need in the world, with so many wealthy donors making big donations, does it really matter if you give?

Without a doubt, it does. Giving by individuals still makes up more than 67% of money given to charities in this country, with most of this coming from those of us who can't make huge donations.

**What you give adds up with what many others give:** \$15 to a charity helping fight hunger in Colombia, for example, feeds a family for almost two weeks. Combined with other donors, hundreds of families can be fed until they can find jobs and feed themselves.

It's the same for every charity: regular gifts from average donors add up to big impacts: people fed, the homeless housed, animals saved, nature preserved, cures discovered, rights protected. Your giving makes a difference, whichever charities you choose to support.

**P**eople coming together to help others is what makes a workplace charity drive like the **Combined Federal Campaign** so important: it pools the gifts of thousands of donors, most of whom give regularly by having a little deducted from each paycheck. This adds up to a big impact for CFC charities.

And for you, giving through the CFC means that the charities you support have all met several



accountability standards, such as an annual audit. You can focus on which charities you want to support.

**To help, this guide explains the missions of dozens of CFC charities.** You can learn much more about these charities at **CharityChoices.com**, where each charity answers a series of questions, such as *"How can I be sure you'll use my money wisely?"*

**I**f you can't give through the CFC, you can also come together with other donors by supporting a charity directly through its website. Most charities allow you to make an automatic monthly donation. That's how you, together with many others, can make your donation really add up.

You can give directly to each charity in this guide by going to **CharityChoices.com**. Click on "All Charities A to Z," click

on the charity you want to support, then click "**Give Online Now.**" All of your donation goes to the charity; the organizer of this guide, Charitable Choices, receives nothing.

Whichever charities you choose to support, however you choose to give, please give as generously as you can: **your gift adds up and makes a difference!**

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MORE CHOICES!



## AGING

**Support Our Aging Religious (SOAR!)**3025 4<sup>th</sup> St. NE, Suite 14, Washington, D.C. 20017

The needs of elderly Catholic Sisters, Brothers and Priests in religious orders are critical. We distribute grants to these Communities to ensure the safety and dignity of their aging members. 6.1% (#10041) [SOAR-USA.org](http://SOAR-USA.org)

## ANIMAL/WILDLIFE PROTECTION

**Defenders of Wildlife**

1130 17th St. NW, Washington, DC 20036

Defenders of Wildlife envisions a future where diverse wildlife populations are secure and sustained by an environment of healthy lands and waters. Working since 1947, we protect wildlife and their habitat through education, advocacy, legal action, technology and scientific research. 18.6% (#10624) [Defenders.org](http://Defenders.org)



## CHILDREN

**Autism Speaks**

1060 State Rd., 2nd Floor, Princeton, NJ 08540

One in 54 U.S. children has autism. Autism Speaks is dedicated to promoting solutions—across the spectrum and throughout the life span—for individuals with autism and their families. We do this through advocacy and support, increasing understanding and acceptance of people with autism spectrum disorder, and advancing research into causes and better interventions. 23.8% (#12413) [AutismSpeaks.org](http://AutismSpeaks.org)

**Children's Food Fund/World Emergency Relief**

425 W. Allen Ave., #111, San Dimas, CA 91773

We provide food for hungry children, care for the sick, relief to disaster victims and hope to millions living in poverty—improving children's lives worldwide, including Native Americans here at home. Our experience plus efficiency makes your gift really count! 3.3% (#10984) [CFF-WER.org](http://CFF-WER.org)

**Food For The Poor**

6401 Lyons Rd., Coconut Creek, FL 33073

One of the largest international relief and development organizations in the nation, FFTP does much more than feed millions of hungry children and families in 17 countries of the Caribbean and Latin America. It also provides emergency relief, clean water, medicine, educational materials, homes, skills training and much more. 6.6% (#10328) [FoodForThePoor.org/cfc](http://FoodForThePoor.org/cfc)

## PLEASE GIVE

**National Alliance to End Homelessness**1518 K St. NW, 2nd Floor  
Washington, DC 20005

Families with children make up about a third of the homeless population. Homelessness can have a tremendous impact on children—their education, health, sense of safety and overall development. We help communities improve their homelessness programs, educate opinion leaders, advance research and improve policy. 4.1% (#10022) [EndHomelessness.org](http://EndHomelessness.org)

**Children's Inn at NIH**

7 West Dr., Bethesda, MD 20814

The Children's Inn is a free, supportive "home" to seriously ill children and their families as they receive groundbreaking medical treatment from the NIH in hopes of finding a cure. 30.4% (#10324) [ChildrensInn.org](http://ChildrensInn.org)

**PHOTOS:** Shutterstock.com

except Jim West (pg 3 polar bears, pg 7), Earl Dotter (pg 15).

This is the charity's website. You will find a link to each charity's website at [CharityChoices.com](http://CharityChoices.com).

This is the charity's "CFC" number. Use it to find a charity on the CFC website.

**Marine Corps Law Enforcement Foundation**

273 Columbus Ave., Suite 10, Tuckahoe, NY 10707

Scholarship accounts to children of Marines and Federal law enforcement personnel who die while on active duty. Over \$79 million awarded since 1995. MCLEF – Educating the children of those who sacrificed all. More than 94% of every dollar goes toward the mission. 4.6% (#10507) [MC-LEF.org](http://MC-LEF.org)

This is the amount the charity spends on fund raising and administration.

*This is not an official CFC publication. It does not include all CFC charities.*

## CLIMATE CHANGE

### Environmental and Energy Study Institute (EESI)

1020 19<sup>th</sup> St. NW, #650  
Washington, DC 20036

We engage with Congress to advance win-win nonpartisan solutions to address climate change urgently and equitably. We're also expanding work to help families implement accessible, affordable energy upgrades. Join us! 18.8% (#10627) [EESI.org](https://www.eesi.org)

## CONSERVATION

### National Park Foundation

1500 K St. NW, Suite 700, Washington, DC 20005

As the official nonprofit partner of the National Park Service, the National Park Foundation generates private support and builds strategic partnerships to protect and enhance America's national parks for present and future generations. 26.5% (#11252) [NationalParks.org](https://www.nationalparks.org)

### The Nature Conservancy

4245 N. Fairfax Dr., Suite 100  
Arlington, VA 22203

The Nature Conservancy is a global environmental nonprofit creating a world where people and nature can thrive. By maximizing our ability to effect change between now and 2030, we can shape a brighter future for people and our planet. 23.2% (#10643) [Nature.org](https://www.nature.org)



## DISASTER RELIEF

### Children's Food Fund/ World Emergency Relief

425 W. Allen Ave., #111  
San Dimas, CA 91773

Recent world disasters, some of historic proportion, have left children orphaned, sick, hurt, homeless or starving. By donating, you are "giving children a living chance." In Ukraine, we have delivered more than \$11 million in aid (see page 8 to learn more). 3.3% (#10984) [CFF-WER.org](https://www.cff-wer.org)

### Food For The Poor

6401 Lyons Rd., Coconut Creek, FL 33073

Whenever the need arises, FFTP sends immediate assistance to those affected by natural disasters, such as the 7.2-magnitude earthquake that struck Haiti in 2021. By the end of 2021, FFTP had built 805 homes and delivered 1,329 tractor-trailer loads of food, health care and educational supplies to help families in Haiti recovering from the earthquake. 6.6% (#10328)

[FoodForThePoor.org/cfc](https://www.FoodForThePoor.org/cfc)

### Samaritan's Purse

PO Box 3000, Boone, NC 28607

Samaritan's Purse is a Christian Relief organization dedicated to saving lives and reducing suffering caused by wars, disease, famine and natural disasters. We work in 100 Countries across the globe. 11.2% (#10532)

[SamaritansPurse.org](https://www.SamaritansPurse.org)

## DISABILITIES

### Autism Speaks

1060 State Rd., 2nd Floor  
Princeton, NJ 08540

Autism Speaks is dedicated to promoting solutions—across the spectrum and throughout the life span—for the needs of individuals with autism and their families. We do this through advocacy and support, increasing understanding and acceptance of people with autism spectrum disorder, and advancing research into causes and

better interventions. 23.8% (#12413)

[AutismSpeaks.org](https://www.AutismSpeaks.org)

### Paralyzed Veterans of America Spinal Cord Research Foundation

801 18<sup>th</sup> St. NW, Washington, DC 20006

All your donation goes to fund research to restore function and improve the quality of life for veterans and all others paralyzed by spinal cord injury or disease. Great progress is being made, with your support. Thank you. 10.5% (#12096) [PVA.org/research](https://www.PVA.org/research)

## EDUCATION

### Alpha Kappa Alpha Educational Advancement Foundation

5656 S. Stony Island Ave., Chicago, IL 60637

We are primarily African-American women with a commitment to promote life-long learning. Scholarships, fellowships and grants to students and projects are strategies used to fulfill our commitment. Since our founding, we have given nearly \$5 million in scholarship and community assistance awards. 2.4% (#11173) [AKAEAF.org](https://www.AKAEAF.org)



Learn more about the work  
of each of these charities:  
**Charity Choices.com**



MORE CHOICES!

**Food For The Poor**

6401 Lyons Rd., Coconut Creek, FL 33073

In 2021, FFTP built, repaired or expanded 150 schools and shipped 121 tractor-trailer loads of school furniture, books and educational supplies to schools, providing children with valuable tools for learning. 6.6% (#10328)

[FoodForThePoor.org/cfc](https://FoodForThePoor.org/cfc)**Marine Corps Law Enforcement Foundation**

273 Columbus Ave., Suite 10, Tuckahoe, NY 10707

Scholarship accounts to children of Marines and Federal law enforcement personnel who die while on active duty. Over \$79 million awarded since 1995. MCLEF – Educating the children of those who sacrificed all. More than 95% of every dollar goes toward the mission. 4.6% (#10507) [MC-LEF.org](https://MC-LEF.org)

**Tuskegee Airmen Scholarship Foundation**

1816 S. Figueroa St., #L.5, Los Angeles, CA 90015

We ensure the legacy of Tuskegee Airmen—who helped integrate the military and our country—by awarding scholarships to 40 financially and academically deserving high school seniors every year. 32.5% (#47202) [TAISF.org](https://TAISF.org)

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**For more copies:****240-683-7100 or****[info@CharityChoices.com](mailto:info@CharityChoices.com)****ENVIRONMENTAL PROTECTION****Chesapeake Bay Foundation**6 Herndon Ave.  
Philip Merrill Environmental Center  
Annapolis, MD 21403

Save the Bay! We're committed to reducing pollution, improving fisheries, protecting and restoring natural resources and building an environmental ethic in the Chesapeake Bay watershed. 16.5% (#11325) [CBF.org](https://CBF.org)

**National Parks Conservation Association**

777 Sixth St. NW, #700, Washington, DC 20001

Voice of the American people in the struggle to protect wildlife, majestic scenery, history and culture in parks from Yellowstone to Gettysburg. Fights air and water pollution, overdevelopment and noise. 20.3% (#12069) [NPCA.org](https://NPCA.org)

**FAITH-BASED SERVICES****Food For The Poor**

6401 Lyons Rd., Coconut Creek, FL 33073

This interdenominational Christian ministry, one of the largest international relief and development organizations in the nation, provides a broad range of assistance in 17 countries of the Caribbean and Latin America. 6.6% (#10328)

[FoodForThePoor.org/cfc](https://FoodForThePoor.org/cfc)**HEALTH****American Kidney Fund**

11921 Rockville Pike, #300, Rockville, MD 20852

AKF fights kidney disease on all fronts, with programs supporting early detection, disease management, innovation and clinical research, advocacy, and financial assistance. AKF fights to reach the 37 million Americans living with kidney disease and the millions more at risk. 2.3% (#11404) [KidneyFund.org](https://KidneyFund.org)

**Autism Speaks**

1060 State Rd., 2nd Floor, Princeton, NJ 08540

Autism Speaks is dedicated to promoting solutions—across the spectrum and throughout the life span—for the needs of individuals with autism and their families. We do this through advocacy and support, increasing understanding and acceptance of people with autism spectrum disorder, and advancing research into causes and better interventions. 23.8% (#12413)

[AutismSpeaks.org](https://AutismSpeaks.org)**Wycliffe Bible Translators**

PO Box 628200, Orlando, FL 32862

The hope found in the Bible is needed now more than ever. Yet 2,000 languages still lack it. Wycliffe is an international Christian ministry that translates Scripture and teaches literacy, bringing life transformation to communities worldwide. 15.6% (#11737) [Wycliffe.org/cfc](https://Wycliffe.org/cfc)



## Cancer Prevention and Treatment Fund

1001 Connecticut Ave. NW, #1100  
Washington, DC 20036

We help prevent cancer and improve cancer treatments through research, education, and by directly helping patients. We don't accept money from companies selling medical products, so you can trust what we say! We save lives every day, giving help and hope. 1.4% (#11967)

[StopCancerFund.org](http://StopCancerFund.org)



## MEDICAL RESEARCH

### Cancer Research America – National Foundation for Cancer Research

5515 Security Lane, Suite 1105  
Rockville, MD 20852

From prevention and early diagnosis to better treatments, NCFR funds cancer research. NCFR's discoveries have led to improved treatments and today's research will lead to a cure for all cancers. 22.2% (#11267) [NCFR.org](http://NCFR.org)

### Diabetes Research Institute Foundation

200 S. Park Rd., Suite 100, Hollywood, FL 33021

A recognized world leader, the DRI is committed to curing children and adults living with diabetes and leads the world in bringing promising treatments to patients as quickly as possible. 29% (#11149) [DiabetesResearch.org](http://DiabetesResearch.org)

### JDRF International

26 Broadway, 14<sup>th</sup> Floor, New York, NY 10004

JDRF is the leading global organization funding type 1 diabetes (T1D) research. Our strength lies in our exclusive focus and singular influence on the worldwide effort to end T1D. 26.4% (#10569) [JDRF.org](http://JDRF.org)

### Michael J. Fox Foundation for Parkinson's Research

Grand Central Station, PO Box 4777  
New York, NY 10163

The Michael J. Fox Foundation is dedicated to accelerating improved therapies and a cure for Parkinson's disease. 88 cents of every dollar spent goes to high-impact research. We're here. Until Parkinson's isn't. 10.9% (#12227)

[MichaelJFox.org](http://MichaelJFox.org)

### Paralyzed Veterans of America Spinal Cord Research Foundation

801 18<sup>th</sup> St. NW, Washington, DC 20006

All your donation goes to fund research to restore function and improve the quality of life for veterans and all others paralyzed by spinal cord injury or disease. Great progress is being made, with your support. Thank you. 10.5% (#12096)

[PVA.org/research](http://PVA.org/research)

## HUNGER

### Children's Food Fund/ World Emergency Relief

425 W. Allen Ave., #111, San Dimas, CA 91773

We provide food for hungry children, care for the sick, relief to disaster victims and hope to millions living in poverty—improving children's lives worldwide including Native Americans here at home. Our experience plus efficiency makes your gift really count! 3.3% (#10984) [CFF-WER.org](http://CFF-WER.org)

### Food For The Poor

6401 Lyons Rd., Coconut Creek, FL 33073

In 2021, FFTP donors provided more than 229 million meals to malnourished children and families in the Caribbean and Latin America. Since its founding, FFTP has completed 2,965 water projects that provide water and sanitation to hundreds of thousands of people in need. 6.6% (#10328)

[FoodForThePoor.org/cfc](http://FoodForThePoor.org/cfc)

### Farmers and Hunters Feeding the Hungry

PO Box 323, Williamsport, MD 21795

Needy children and families hunger for meat and protein. Our ministry pays local butchers to process donated deer and livestock for food banks and hunger relief programs. Please give today! 6.2% (#10308) [FHFH.org](http://FHFH.org)

## HOMELESS

### National Alliance to End Homelessness

1518 K St. NW, 2nd Floor  
Washington, DC 20005

Veterans, families and youth are among the 550,000 Americans experiencing homelessness on a given night. We're ending homelessness by helping local communities improve their programs, educating opinion leaders, advancing research and improving policy. 4.1% (#10022)

[EndHomelessness.org](http://EndHomelessness.org)



The % figure is administration and fund raising expenses.



## MILITARY/VETERANS

### Marine Corps Law Enforcement Foundation

273 Columbus Ave., Suite 10, Tuckahoe, NY 10707

Scholarship accounts to children of Marines and Federal law enforcement personnel who die while on active duty. Over \$79 million awarded since 1995. MCLEF - Educating the children of those who sacrificed all. More than 95% of every dollar goes toward the mission. 4.6% (#10507) [MC-LEF.org](http://MC-LEF.org)

### National Association of American Veterans

1725 I St. NW, Suite 300, Washington, DC 20006

We support service members severely injured in combat, military caregivers, single-parent service members, and veterans and their families. We provide claims and benefits assistance, respite care assistance, emergency assistance resources, housing and financial aid referrals, legal help and career coaching. 8.1% (#85065) [NAAVets.org](http://NAAVets.org)

### Paralyzed Veterans of America Spinal Cord Injury Education and Training Foundation

801 18<sup>th</sup> St. NW, Washington, DC 20006

All your donation goes to fund educational projects that improve the lives of veterans and others with spinal cord dysfunction. The projects focus on helping caregivers and healthcare providers better meet the needs of paralyzed veterans. 3.5% (#11958) [PVA.org/education](http://PVA.org/education)



## POVERTY

### Food For The Poor

6401 Lyons Rd., Coconut Creek, FL 33073

Help forge a path out of poverty for families in need! Your gift can provide housing, clean water, education, skills training and micro-enterprise development assistance, in addition to support for vulnerable children and care for the aging. 6.6% (#10328) [FoodForThePoor.org/cfc](http://FoodForThePoor.org/cfc)

## PUBLIC SAFETY

### Concerns of Police Survivors

PO Box 3199, Camdenton, MO 65020

COPS is a nonprofit with 55 chapters across the country. Our members are always prepared to help survivors when they need it, where they need it. Our mission is to “rebuild shattered lives” of the surviving family members and co-workers affected by line-of-duty death. Our 51,000 members are survivors themselves. (#11183) [NationalCops.org](http://NationalCops.org) 10.9%

To give  
through the CFC:  
[CFCGiving.opm.gov](http://CFCGiving.opm.gov)

## SOCIAL/ ECONOMIC JUSTICE

### Unitarian Universalist Service Committee

689 Massachusetts Ave.  
Cambridge, MA 02139

UUSC is a human rights organization powered by grassroots collaboration. We foster social justice, protect rights at risk and work toward a world free from oppression. 11.3% (#11685) [UUSC.org](http://UUSC.org)

## WOMEN

### NARAL Pro-Choice America Foundation

1725 Eye St. NW, Suite 900  
Washington, DC 20005

With more than four million members across the country, NARAL has been at the front lines organizing and mobilizing to preserve and expand reproductive freedom and abortion access for all, for more than 50 years. 21.2% (#11714) [ProChoiceAmerica.org/foundation](http://ProChoiceAmerica.org/foundation)

Every charity in this guide has  
met the Combined Federal  
Campaign's Accountability  
Standards

## Will we wake up tomorrow?

***“One day we woke up and our daughter, Ariana, asked, ‘Will we wake up tomorrow?’ Without hesitation, we packed our things and moved to a safer place.”***

Ariana and her parents are three of an estimated 6.2 million Ukrainians who have fled their country, mostly women and children. It's the worst refugee crisis in Europe since WWII.

And it's far from over, despite less media attention. In some ways, it's getting worse. *“What worries me so much is that the crisis is going to get worse as winter comes,”* explains Kristy Scott, CEO of **Children's Food Fund/World Emergency Relief (CFC #10984)**.

Since March, CFF/WER has delivered more than \$11 million in desperately needed relief supplies to help refugee children, families and the elderly, in Poland and Moldova as well as internally-displaced people in Ukraine. This has included food, hygiene products and household items, such as mattresses. In Ukraine, it has included water filtration equipment for families starting to rebuild their homes, the same type of help CFF/WER provides to communities in many other parts of the world.

It has also provided gifts for children, such as the paint set Ariana is holding. *“As we talked with Maryana, her children took apart the packages we brought and just jumped for happiness and screamed for joy,”* recounted the person delivering aid and documenting Ukrainians'



Ariana safe in Poland

stories. *“Such moments are simply priceless.”*

The trauma young Ukrainian children have experienced is profound. Vika remembered how her granddaughter came into their room when the bombing began saying, *“Mom, the war has started.”* Vika said she and her daughter *“didn't close our eyes for three nights, not for a second. Our granddaughter endured it very hard. Now she has such stress, with health problems.”*

CFF/WER has been helping people in need — around the world and in Native American communities in the U.S. —

for more than 30 years. It works with on-the-ground partners in each community, which helps keep its overhead very low: just 3.3% in 2021.

Its experience and connections allow it to move quickly when crises arrive, as they did in Ukraine. It also works with communities for years, helping them rebuild or become more self-reliant.

*“The impact of crises like Ukraine will be felt for years,”* explains Scott. *“We know that meeting people's immediate needs is critical, but so too is staying with these people over time, to help them recover and eventually thrive.”*



**Join us to create a kinder world for the 1 in 54 kids with autism.**



CFC #12413

Learn more at [autismspeaks.org](https://autismspeaks.org)

**autism  
speaks**

**MARINE CORPS-LAW ENFORCEMENT FOUNDATION**



MC-LEF.org • 877-606-1775

**HELP  
EDUCATE  
THE  
CHILDREN  
OF THOSE  
WHO  
SACRIFICED  
ALL**

CFC #10507





Protect the wonder of America's national parks today and ensure their future for generations to come.



Give at [nationalparks.org](http://nationalparks.org) | CFC #11252



## SHE DESERVES BETTER

Military women have less access to abortion and reproductive healthcare. We make sure that when women sign up to protect our country, they aren't signing away their rights.



# NARAL

PRO-CHOICE AMERICA FOUNDATION

CFC #11714

[www.ProChoiceAmericaFdn.org](http://www.ProChoiceAmericaFdn.org)  
(202) 973-3000



## Children's FOOD FUND

World Emergency Relief

*Over \$11 million in aid delivered. Ukraine still needs our support.*





Giving children a living chance

[www.wer-us.org/cfc](http://www.wer-us.org/cfc) CFC #10984

## Help Protect Imperiled Wildlife




[www.defenders.org](http://www.defenders.org) CFC #10624




## TUSKEGEE AIRMEN Scholarship Foundation

*Providing scholarships to assist academically deserving students who dare to dream big.*



CFC #47202 TAISF.org



## Paralyzed Veterans of America

Spinal Cord Injury Education & Training Foundation

## EDUCATION CHANGES LIVES




*Give to make a difference*

Developing teaching tools and disseminating research

Teaching healthcare professionals to encourage independence

Improving quality of life for everyone with spinal cord injury and disease



Award winning non-profit!

CFC #11958 • [pva.org/education](http://pva.org/education)

[f](https://www.facebook.com/ParalyzedVeterans) ParalyzedVeterans • [i](https://www.instagram.com/PVA1946) PVA1946

100% of your donation supports this work. Paralyzed Veterans pays all overhead costs.

## Even in the most trying times, Autism Speaks advocates for military families like Sophia and Alivia's family

Revered political leader and activist Nelson Mandela once said: *"The greatest glory in living lies not in never falling, but in rising every time we fall."*

For Sarah, wife of an a United States Air Force Chaplain and mother of two girls with autism, no quote could better describe her family's journey over the last 13 years. It was only through their strong values that her family was able to withstand setbacks that would bring most to their knees.

Although their autism affects them differently, sisters Alivia, 13, and Sophia, 8, share similar stories of overcoming adversity to reach milestones that many specialists never thought they would.

"Sophia has faced challenges and obstacles from birth but has continued to overcome," Sarah explains. "She was

unable to walk and barely able to eat until her second birthday. She didn't say her first word (momma) until she was four.

"But with two years of intense early intervention and full-time ABA therapy in a clinical setting, Sophia's vocabulary is amazing, she has friends, loves ballet and even plays soccer!" (ABA is a therapy based on the science of learning and behavior.)

"Alivia had a neonatal stroke, which caused her to have many medical issues throughout childhood. At first, her autism was masked by her medical condition, but she was diagnosed around her second birthday. She didn't speak until she was six, but now talks and reads thanks to intense therapies."

Sarah's husband, Tamer, is an active duty service member. His career has caused his family to move several times over the years, but she says the military has gone above and beyond to make sure her girls have everything they need to thrive no matter where they're stationed.



*"With two years of intense early intervention and full-time ABA therapy in a clinical setting, Sophia's vocabulary is amazing, she has friends, loves ballet and even plays soccer!"*

"All branches of the military have a designated program for special needs families. Among many other services, we receive 40 hours a month of respite care and in-home ABA therapy for both girls. We are proud to be a part of the military family."

Even in the most trying times, **Autism Speaks (CFC #12413)** continues to advocate for families like Sarah and Tamer's to provide vital resources, round-the-clock support and hope for the entire autism community.

It is dedicated to promoting solutions for the needs of all individuals with autism and their families.



Everything we do is focused on helping hurting people around the world and sharing the love of God and the hope of the Gospel.


Support our work via <https://cfcgiving.opm.gov/>

 **Samaritan's Purse®**  
INTERNATIONAL RELIEF

**CFC #10532**


Samaritan's Purse®, Franklin Graham, President  
P.O. Box 3000, Boone, NC 28607 | [samaritanspurse.org](http://samaritanspurse.org)  
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VIEW SOLICITATION DISCLOSURE INFORMATION FOR SAMARITAN'S PURSE  
ONLINE AT [SAMARITANSPURSE.ORG/DISCLOSURE](http://SAMARITANSPURSE.ORG/DISCLOSURE).



**THE FIGHT STARTS WITH YOU**

**CFC #11404**  
**HELP END KIDNEY DISEASE**

 **American Kidney Fund®**  
FIGHTING ON ALL FRONTS

**DONATE**



## How to respond to a crisis like Hurricane Ian

Many people who are moved by the human cost of a major disaster such as Hurricane Ian want to help. Here are ideas to help you make sure your help is effective.

- **Think before you give.** With today's technology, it's easy to make a quick gift, through Facebook, GoFundMe, by text or by clicking on an online ad. But the best way to respond to a disaster is a little like responding to an emergency: often it's better to think before you act. Don't panic. Think about how you can best respond.
- **Give money if you can.** Money allows charities working on the ground to buy the supplies they need to meet the often quickly changing needs of those affected. In contrast, physical donations much be sorted, transported, stored and distributed. This all takes resources.
- **Give Locally.** One problem with making a quick donation is that it often goes to one charity, the Red Cross. This certainly helps the Red Cross respond to a disaster and maintain its disaster-response capacity. But it may not be the best way to help the people and communities hurt by a specific disaster.

Often a local United Way or community foundation will set up a fund specifically to respond to a local disaster. In Florida for example, the local United Way and the Southwest Florida Community Foundation has set up a fund to respond to Ian ([collaboratory.org/SWFLEmergencyReliefFund](http://collaboratory.org/SWFLEmergencyReliefFund)). The Humane Society Naples is working to help animals impacted by the hurricane.

The Florida Disaster Fund has been set up by the state and the Volunteer Florida Foundation to help people throughout the state ([VolunteerFlorida.org](http://VolunteerFlorida.org)).

In Central Florida, the Heart of Florida United Way has set up a fund to help those impacted by the severe flooding caused by Ian in this part of Florida. The Catholic Church of Central Florida has also set up the Florida Relief Fund for Hurricane Ian.

- **Give to help people who often don't get much support.** In many disasters, lower-income people, minorities and renters often get less help. In Florida, a coalition of grassroots community organizations such as Faith in Florida and the Florida Immigrant Coalition has set up the Ian Response Fund ([ActBlue.com/donate/IanResponseFL](http://ActBlue.com/donate/IanResponseFL)).
- **Give to prevent the next disaster.** In every state and most countries, charities are working to prevent or mitigate the next disaster, often by protecting the local environment or fighting climate change. The Florida Wildlife Federation, for example, says that fighting climate change is one of its top three priorities for preserving Florida wildlife. In Ukraine, the Center for Civil Liberties ([CCL.org.ua](http://CCL.org.ua)) is working to document Russian war crimes and thus prevent future war crimes. It was recently awarded the Nobel Peace Prize for its work.
- **Give to real charities.** Before you give, make sure the charity you're supporting is an actual



*Hurricane Ian could be the most expensive storm in Florida's history*

charity. This is easy. Go to [Guidestar.org](http://Guidestar.org) and search on the charity's name. You can also go to [CharityNavigator.org](http://CharityNavigator.org) to get a list of highly rated charities that are responding to a specific disaster. For Ian, its list includes 25 charities.

# We're Fighting for a World Without Type 1 Diabetes.

**JDRF** IMPROVING LIVES. CURING TYPE 1 DIABETES.

**jdrf.org**  
Provided as a public service.  
CFC #10569

# Why Should I Support Your Work?

## Samaritan's Purse

### Helping in Jesus' Name

Following the example of the Good Samaritan (Luke 10), Samaritan's Purse goes to the aid of the world's poor, sick and suffering with food, medicine, clean water and other assistance in over 100 countries. As president of Samaritan's Purse, Franklin Graham, describes why we help those in need: *"Whether it's here or anywhere else in the world, the answer is always, 'We have come to help you in the Name of the Lord Jesus Christ.'"*



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**CFC #10532**  
**SamaritansPurse.org**

## American Kidney Fund

### Fighting on all fronts

When you join our fight, you change lives. You help empower people to prevent kidney disease and slow its progression. You make lifesaving health care affordable and accessible for patients. You support innovation in education for patients and professionals. You promote advances in nephrology research. You're by our side as we fight for patient rights in Congress and the states. **And, you help give patients a voice.**



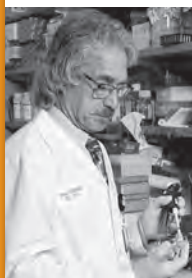
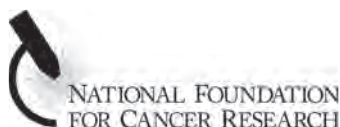
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*Fighting*  
**ON ALL FRONTS**

## Cancer Research America: National Foundation for Cancer Research

### Research for a Cure

Since 1973 the National Foundation for Cancer Research has been leading the fight to prevent, treat and cure cancer—all cancer. With the help of our donors, NFCR supports cutting edge cancer research by funding the world's leading cancer researchers and scientists. Through the years, we've helped make numerous scientific breakthroughs, leading to new prevention and detection tools and better treatment options. **Please pledge your support today and help us continue to save lives.**



**CFC #11267 • NFCR.org**

## National Alliance to End Homelessness

### Ending and Preventing Homelessness in America

A gift to the National Alliance to End Homelessness demonstrates your interest in being a part of ending, not just managing, the crisis of homelessness in our country. Our work includes building knowledge, improving policy and building capacity around ending homelessness. **Your support will help us move closer to a day when no children, families or veterans in America are without a place to call home.**



**CFC #10022**  
**EndHomelessness.org**



## Diabetes Research Institute Foundation

### We have one goal – to find a cure for diabetes.

As one of the largest, most comprehensive research centers dedicated to curing diabetes, we aim to overcome the challenges of the immune system and restore natural insulin production in children and adults living with this disease. We collaborate with an international network of experts to share knowledge and diversify skills in a waste-no-time approach. **For the millions of families affected by diabetes, the Diabetes Research Institute Foundation is the best hope for a cure.**



**CFC #11149 • DiabetesResearch.org**



## Support Our Aging Religious – SOAR!

### They were there for us. Now it's our turn to give.

Sisters, Brothers and religious order Priests—who have given their lives to the Church and its work—are facing a crisis. Many worked for only modest stipends. As their median age rises, their communities have little for retirement. Healthcare costs have soared. **In response, SOAR! awards grants to congregations of Catholic Sisters, Brothers and Priests to care for their retired members.** Your donation addresses their immediate needs and ensures their safety, comfort and dignity. Please help.



**CFC #10041 • SOAR-USA.org**





# Why Should I Support Your Work?

## The Nature Conservancy

*Protecting nature. Preserving life.*

Founded in the U.S. through grass-roots action in 1951, The Nature Conservancy has grown to become one of the most effective and wide-reaching environmental organizations in the world. Our mission is to conserve the lands and waters on which all life depends. ***We have years, not decades, to address the threats of climate change and biodiversity loss.*** We're finding the people and paths to make ambitious change, join us in being part of the solution.



**CFC #10643**  
**Nature.org**

Yaaron Schmid/TNC Photo Contest 2022



## JDRF International

*We're fighting for a world without Type 1 Diabetes*

JDRF leads the fight against type 1 diabetes (T1D) by funding research, advocating for policies that accelerate access to new therapies, and providing a support network for millions of people around the world impacted by T1D. We collaborate with academic institutions, policymakers, and corporate and industry partners to develop and deliver a pipeline of innovative therapies to people living with T1D and ultimately, find cures. ***Please help us accelerate progress toward curing, preventing, and better treating T1D and its complications.***



**JDRF.org**  
**CFC #10569**



## Unitarian Universalist Service Committee

*Challenging injustice, advancing human rights*

Working towards a world free from oppression, UUSC works hand in hand with community-led organizations in the U.S. and around the globe to advance human rights. Our partnership model is grounded in the belief that those confronting injustice hold the solutions to advancing real change. We currently engage with 65 partners in over 30 countries in three intersecting areas: climate justice, migrant justice, and humanitarian crisis response.



***Be a part of the movement. Donate today!***

**CFC #11685**  
**UUSC.org**



## Wycliffe Bible Translators

*Sharing HOPE through Bible translation*

At least 1,800 languages still lack the hope found in the Bible. Wycliffe translates God's Word and teaches literacy. In the Democratic Republic of Congo, a team taught a woman to read Scripture in her language, Mangbetu. She said, "Ah, thank you, God! I feel comforted, and my strength is renewed. I believe I have seen and felt you through these paragraphs." ***Help bring the message of God's love, with life transformation, to many worldwide!***



**CFC #11737**  
**Wycliffe.org/cfc**



## Defenders of Wildlife

*Protecting and restoring imperiled wildlife across North America and around the world*

Founded in 1947, Defenders of Wildlife is dedicated to protecting and restoring imperiled species and their habitats in North America. Defenders' approach is direct and straightforward—we transform policies and institutions and promote innovative solutions. Go to **defenders.org** to learn more about how we advocate for and protect wildlife—like wolves, bears, whales and so much more—across North America.



**CFC #10624**  
**Defenders.org**



## Marine Corps – Law Enforcement Foundation

*Educating the children of those who sacrificed all*

MCLEF awards \$35,000 to every child of a fallen US Marine or Federal Law Enforcement Agent. In addition to this monetary support, ***the families know that their loved one's sacrifice is not forgotten and is sincerely appreciated.*** MCLEF has awarded over \$79 million to over 4,300 recipients since 1995—more than \$3 million to 142 recipients in 2019 alone. We have one part-time employee with volunteers doing the rest.



**CFC #10507**  
**MC-LEF.org**



## God's Word is Coming Home to Hearts in Nigeria

As several Ndokwa people walked down the streets of their community in Nigeria, they heard an unfamiliar sound.

A man was reading aloud from John 1:1. The voice captured their attention. They recognized his words as Scripture, but something was different. Normally they heard the Bible read in another language that's spoken in the region. But this man was reading in Ndokwa, their own language.

Curious, the people stopped to find out what was going on. A Ndokwa Bible translator was reading a draft of the Gospel of John to a group of people and asked for feedback. He wanted to ensure the meaning of the text was understood clearly by Ndokwa speakers. As he read, the Scripture attracted others who joined the discussion.



Some children who were listening began to ask the translator questions about what he was reading. Meanwhile the adults were delighted to discover that God's Word was being translated into their language. "When will it be finished?" they asked.

Others have also responded with joy. On a different occasion, a young woman's eyes lit up as she listened to a portion of the Gospel of Luke in her language.

"Is this in the Bible?" she asked. The Ndokwa translator who was reading Scripture to the woman and her daughter nodded.

The woman couldn't remember hearing the story before. Although she was familiar with Scripture, this was the first time she was hearing it in her language. It seemed as if the Bible was coming home to her heart. After listening to the portions of God's Word in Ndokwa, both mother and daughter decided to follow Christ!

As God's Word is made available in Ndokwa, many people — including this woman and her daughter — are discovering the joy of the Lord for the first time.

**Wycliffe Bible Translators** (CFC #11737) is grateful for all who support Bible translation, including those who give through the Combined Federal Campaign.



**Paralyzed Veterans of America**

Spinal Cord Research Foundation

### SUPPORT THE CURE

*Your donation enables new research for veterans and everyone with spinal cord injury or disease.*

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CFC #12096 • [pva.org/research](http://pva.org/research)

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100% of your donation supports this work. Paralyzed Veterans pays all overhead costs.



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## How much do Americans give?

Americans' willingness to help others was shown dramatically during the pandemic, with giving rising 7.4% between 2019 and 2021, up to \$488 billion. This is a real increase, after inflation.

Of this total, 67% was given by individuals, or nearly \$327 billion. The rest comes from foundations (19%), corporations (4%) and bequests (9%).

Much of this increase was driven by new donors. In 2020, 7.3% more Americans made a donation.

The long-term trend is not as positive. In 2000, 66% of all households made donations. It dropped to under 50% by

2018. Many people under 40 haven't begun to give regularly: only 33% gave in 2018. Another factor: fewer people regularly attending religious services.

Many experts worry about another long-term trend: the increasing importance of mega-gifts, individuals who give more than \$450 million. These gifts – from billionaire donors such as MacKenzie Scott and Elon Musk – added up to nearly \$15 billion in 2021, or 5% of all individual giving.

The role of large private foundations has also grown rapidly. In 1980, foundations accounted for just 6% of all giving. It is now nearly 20%. Many

worry this will give the wealthy more influence over which charities get supported.

The increase in individuals making large donations has already led to an explosion of "donor-advised funds." Wealthy individuals create a fund that will give away a certain amount each year. In essence, this fund is like a mini foundation, giving the individual or family some control over how the money they donated is used over time. The category dominated by donor-advised funds (called "public society benefit groups") has shot up 35% during the past two years, five times the overall increase in giving.

*“What I like about your website is that it helps me learn what these charities really do with my donation.”*

—JULIA COLLINS



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## Forging a Path Out of Poverty

Food For The Poor does more than feed millions of people living in extreme poverty in the Caribbean and Latin America. Help forge a path out of poverty for families in need! Your gift can provide housing, clean water, education, support for vulnerable children, care for the aged, emergency relief and more.



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