

NOW MORE THAN EVER CHARITIES NEED YOUR HELP

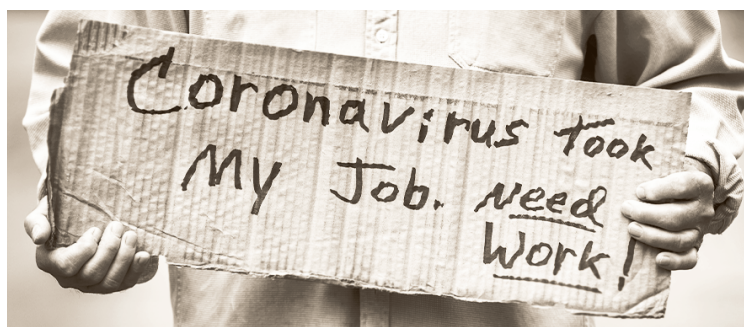


Why many charities are struggling during the pandemic **PAGE 2**



Why should I support your charity?
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A **GUIDE** to Charities
YOU can Support
through the
**COMBINED FEDERAL
CAMPAIGN**



How charities are responding to the pandemic
PAGE 11



As hard as the past few months have been, a silver lining has been Americans' willingness to help each other.

People see the needs the pandemic has caused. They sense what it's like to lose someone or to lose your job or business, even if it's not happened to them.

And people have responded. One in three have given directly to support a charity, individual or a business. Charity donations are up 7.5% this year, even though many who have lost their income can no longer give money.

We are all in this together.

And we all have to continue to give as much as we can. Not just to the many charities that are responding directly to the pandemic (see our article on page 11). But also to the majority of charities that are continuing to do their critical work, in the face of the pandemic.

Animals still need rescuing.
Medical research needs to continue.
The environment needs protecting.
The other needs don't go away.

And while giving is up, many charities rely on revenue from things like ticket sales, just like businesses. With revenue down, **nearly a million nonprofit jobs have been lost** in the

past six months, according to a recent report. This severely limits what many charities can do, just when they're most needed.

If you work for the government, the military or the Postal Service, a great way to support charities is by making a pledge through the **Combined Federal Campaign**.

Having a little deducted from every paycheck makes a huge difference for charities, giving them stable income throughout the year.

To donate, go to GiveCFC.org.

This guide tells you about dozens of charities you can support through the CFC. Each has met the CFC's accountability standards, including an annual audit.

You can learn even more about these and other charities by going to CharityChoices.com. Charities answer the same seven questions, such as *What have you accomplished?* and *How can I be sure you'll use my money wisely?*

On each charity's page you'll find a link to the CFC donation page. There's also a link to each charity's online donation page. You'll be giving directly to the charity.

However you choose to give, please give as much as you can, especially this year. **THANK YOU.**

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AGING

Support Our Aging Religious (SOAR!)

3025 4th St. NE, Suite 14
Washington, D.C. 20017

The needs of elderly Catholic Sisters, Brothers and Priests in religious orders are critical. We distribute grants to these Communities to ensure the safety and dignity of their aging members. 8.5% (#10041) SOAR-USA.org



MORE CHOICES!

Children's Food Fund/ World Emergency Relief

425 W. Allen Ave., Suite 111
San Dimas, CA 91773

We provide food for hungry children, care for the sick, relief to disaster victims and hope to millions living in poverty—improving children's lives worldwide, including Native Americans here at home.

Our experience plus efficiency makes your gift really count! 7.5% (#10984)

CFF-WER.org

Children's Inn at NIH

7 West Dr., Bethesda, MD 20814

The Children's Inn is a free, supportive "home" to seriously ill children and their families as they receive groundbreaking medical treatment from the NIH in hopes of finding a cure. 31.7% (#10324)

ChildrensInn.org

ANIMAL/WILDLIFE PROTECTION

Defenders of Wildlife

1130 17th St. NW, Washington, DC 20036

Defenders of Wildlife envisions a future where diverse wildlife populations are secure and sustained by an environment of healthy lands and waters. Working since 1947, we protect wildlife and their habitat through education, advocacy, legal action, technology and scientific research. 14.2% (#10624)

Defenders.org

Humane Society International

700 Professional Dr., Gaithersburg, MD 20879

Humane Society International leads the way in animal protection. With hundreds of thousands of supporters, we are a voice for all animals. We educate, investigate, advocate and act, working to prevent cruelty and promote compassion. 20.7% (#67938)

HSI.org

Humane Society of the United States

700 Professional Dr.
Gaithersburg, MD 20879

With millions of supporters we fight to end suffering for ALL animals; taking on puppy mills, factory farms, animal testing and other cruel industries; rescuing and caring for animals through our Animal Rescue Team's work with hands-on animal care services. 35.9% (#11894) HumaneSociety.org

CHILDREN

Birth Defect Research for Children

976 Lake Baldwin Lane, Suite 104
Orlando, FL 32814

Because every birth defect has a cause, we sponsor the National Birth Defect Registry and Healthy Baby Resource, critical tools that will help us track down these causes. We also provide information, support and partner networking for families of children with birth defects. 6.2% (#10374)

BirthDefects.org



Marine Corps Law Enforcement Foundation

273 Columbus Ave., Suite 10
Tuckahoe, NY 10707

Scholarship accounts to children of Marines and Federal law enforcement personnel who die while on active duty. Over \$79 million awarded since 1995. MCLEF - Educating the children of those who sacrificed all. More than 94% of every dollar goes toward the mission. 5.7%

#10507 MC-LEF.org

This is the amount the charity spends on fund raising and administration.

This is the charity's website. You will find a link to each charity's website at CharityChoices.com.

This is the charity's "CFC" number. Use it to find a charity on the CFC website.

This is not an official CFC publication. It does not include all CFC charities.

Learn more about the work of each of these charities:
Charity Choices.com

Marine Corps Law Enforcement Foundation

273 Columbus Ave., Suite 10
Tuckahoe, NY 10707

Scholarship accounts to children of Marines and Federal law enforcement personnel who die while on active duty. Over \$79 million awarded since 1995. MCLEF - Educating the children of those who sacrificed all. More than 94% of every dollar goes toward the mission. 5.7% (#10507) [MC-LEF.org](https://www.mclef.org)

National Alliance to End Homelessness

1518 K St. NW, 2nd Floor, Washington, DC 20005

Families with children make up about 33 percent of the homeless population. Homelessness can have a tremendous impact on children – their education, health, sense of safety and overall development. We help communities improve their homelessness programs, educate opinion leaders, advance research and improve policy. 10.2% (#10022) [EndHomelessness.org](https://endhomelessness.org)

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For more copies: 240-683-7100 or
info@CharityChoices.com



National Park Foundation

1110 Vermont Ave. NW, Suite 200
Washington, DC 20005

As the official nonprofit partner of the National Park Service, the National Park Foundation generates private support and builds strategic partnerships to protect and enhance America's national parks for present and future generations. 27.8% (#11252) NationalParks.org

CONSERVATION

The Nature Conservancy

4245 N. Fairfax Dr., #100, Arlington, VA 22203

The Nature Conservancy is a global environmental nonprofit working to create a world where people and nature can thrive. Learn more at nature.org. 24.6% (#10643) [Nature.org](https://nature.org)

CLIMATE CHANGE

Environmental and Energy Study Institute (EESI)

1020 19th St. NW, #650, Washington, DC 20036

We engage with Congress to advance win-win bipartisan policy solutions to address climate change urgently and defend clean energy programs and budgets. We're also expanding work to help families improve their homes' energy efficiency with no upfront costs. Join us! 16.1% (#10627) [EESI.org](https://eesi.org)

DISABILITIES

Autism Speaks

1060 State Rd., 2nd Floor, Princeton, NJ 08540

Autism Speaks promotes solutions, across the spectrum and throughout the life span, for individuals with autism and their families, through advocacy and support; increasing understanding and acceptance of people with autism; and advancing research into causes and better interventions. 16.5% (#12413) [AutismSpeaks.org](https://autismspeaks.org)

DISASTER RELIEF

Children's Food Fund/ World Emergency Relief

425 W. Allen Ave., #111, San Dimas, CA 91773

Recent world disasters, some of historic proportion, have left children orphaned, sick, hurt, homeless or starving. The pandemic is threatening poor communities around the world. In 2020, we've shipped four million pounds of disaster and COVID-19 relief supplies, both internationally and across the U.S. 7.5% (#10984) [CFF-WER.org](https://cff-wer.org)

Food For The Poor

6401 Lyons Rd., Coconut Creek, FL 33073

When poverty-stricken Caribbean and Latin American nations are devastated by storms, earthquakes and natural disasters, Food for the Poor provides immediate emergency relief assistance, and assists communities with long-term rebuilding. Since mid-March, Food For The Poor has shipped 200 tractor-trailer loads of COVID-19 relief. 5.8% (#10328) FoodForThePoor.org/cfc



MORE CHOICES!

Humane Society of the United States

700 Professional Dr.
Gaithersburg, MD 20879

Our Animal Rescue Team responds to large-scale emergencies: hurricanes, tornadoes, wildfires, earthquakes, utility outages and more. Every year with our affiliates, we rescue thousands of animals from puppy mills, animal-fighting operations and natural disasters. We can't do it without you. 35.9% (#11894)

HumaneSociety.org

Samaritan's Purse

PO Box 3000, Boone, NC 28607

Samaritan's Purse is a Christian Relief organization working in over 100 countries to help the hurting in Jesus' name. We provide physical relief and the hope of the Gospel to those suffering from war, poverty, natural disasters, disease and famine. 12% (#10532)

SamaritansPurse.org



**The % figure is administration
and fund raising expenses.**

EDUCATION**Alpha Kappa Alpha
Educational Advancement
Foundation**

5656 S. Stony Island Ave.
Chicago, IL 60637

We are primarily African-American women with a commitment to promote life-long learning. Scholarships, fellowships and grants to students and projects are strategies used to fulfill our commitment. Since our founding, we have given nearly \$5 million in scholarship and community assistance awards. 3.8% (#11173) **AKAEAF.org**

**Tuskegee Airmen
Scholarship Foundation**

1816 S. Figueroa St., Suite L.5
Los Angeles, CA 90015

We ensure the legacy of Tuskegee Airmen—who helped integrate the military and our country—by awarding scholarships to 40 financially and academically deserving high school seniors every year. 18.9% (#47202) **TAISF.org**

**ENVIRONMENTAL
PROTECTION****Chesapeake Bay Foundation**

6 Herndon Ave.
Philip Merrill Environmental Center
Annapolis, MD 21403

Save the Bay! We're committed to reducing pollution, improving fisheries, protecting and restoring natural resources and building an environmental ethic in the Chesapeake Bay watershed. 16.7% (#11325)

CBF.org

**National Parks
Conservation Association**

777 6th St. NW, Suite 700
Washington, DC 20001

Voice of the American people in the struggle to protect wildlife, majestic scenery, history and culture in parks from Yellowstone to Gettysburg. Fights air and water pollution, overdevelopment and noise. 17.9% (#12069) **NPCA.org**

**FAITH-BASED
SERVICES****Catholics for the Poor and
Needy Worldwide**

6930 Carroll Ave, Suite 820
Takoma Park, MD 20912

Serving in faith, transforming through love! We connect Catholic volunteers and missionaries with opportunities to serve the poor and make a difference in communities across the globe. 13.9% (#10174)

CatholicVolunteerNetwork.org

Food For The Poor

6401 Lyons Rd., Coconut Creek, FL 33073

Food For The Poor serves the poor in 17 countries in the Caribbean and Latin America, providing food, housing, water, healthcare, education, emergency relief and sustainable development. 5.8% (#10328) **FoodForThePoor.org/cfc**

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Breast Cancer Action

548 Market St., PMB17179
San Francisco, CA 94104

Breast Cancer Action is a national education and activist organization working to achieve health justice for women at risk of and living with breast cancer.

27.8% (#12010)

BCAction.org

Cancer Research and Prevention Foundation (Prevent Cancer Foundation)

1600 Duke St., Suite 500, Alexandria, VA 22314

The mission of the Prevent Cancer Foundation® is saving lives across all populations through cancer prevention and early detection. Founded in 1985, the Foundation fulfills its mission through research, education, outreach and advocacy.

26.2% (#11074) PreventCancer.org

HOMELESS

National Alliance to End Homelessness

1518 K St. NW, 2nd Floor, Washington, DC 20005

Veterans, families and youth are among the 550,000 Americans experiencing homelessness on a given night. We're ending homelessness by helping local communities improve their programs, educating opinion leaders, advancing research and improving policy. 10.2% (#10022)

EndHomelessness.org

INTERNATIONAL

Children's Food Fund/ World Emergency Relief

425 W. Allen Ave., #111, San Dimas, CA 91773

We provide food for hungry children, care for the sick, relief to disaster victims and hope to millions living in poverty. We work in 15 countries in Africa and Asia, with trusted local partners, keeping our overhead low. Experience plus efficiency makes your gift really count!

7.5% (#10984) CFF-WER.org

MEDICAL RESEARCH

Alliance for Cancer Gene Therapy

96 Cummings Point Rd., Stamford, CT 06902

ACGT funds the best scientists and biotechnology companies harnessing the power of cell and gene therapy to transform how cancer is treated and drive momentum towards a cure. 100% of your donation directly supports research. 8.5% (#41537)

ACGTFoundation.org

Cancer Research America—National Foundation for Cancer Research

5515 Security Lane, Suite 1105
Rockville, MD 20852

From prevention and early diagnosis to better treatments, NFCR funds cancer research. NFCR's discoveries have led to improved treatments and today's research will lead to a cure for all cancers. 28.9%

(#11267) NFCR.org



Wycliffe Bible Translators

PO Box 628200
Orlando, FL 32862

The hope found in the Bible is needed now more than ever. Yet 2,000 languages still lack it. Wycliffe is an international Christian ministry that translates Scripture and teaches literacy, bringing life transformation to communities worldwide. 18.8% (#11737) Wycliffe.org/cfc

HEALTH

American Kidney Fund

11921 Rockville Pike, Suite 300
Rockville, MD 20852

AKF fights kidney disease on all fronts, with programs supporting early detection, disease management, innovation and clinical research, advocacy, and financial assistance. AKF fights to reach the 37 million Americans living with kidney disease and the millions more at risk. 2.3% (#11404)

KidneyFund.org

How many charities? How much is given? To what?

- In 2015 there were more than 1.184 million charities. However, most are inactive or have virtually no income. Only about **300,000 charities** filed tax forms.
- In 2019, giving to charities totaled nearly **\$450 billion**, according to Giving USA. **Individuals** gave nearly \$310 billion, 69% of all giving.
- **Foundations** gave more than \$75 billion, 17% of total giving. The percentage given by foundations has gone up a lot the past two decades.
- The biggest recipient of charitable giving is religion: \$128 billion. **Education** received \$64 billion. **Human services** \$56 billion. **Foundations** \$53 billion. **Health organizations** \$41.5 billion. **International affairs** \$29 billion. **Arts and culture** \$21.5 billion. **Environment and Animal protection:** \$14 billion.
- Fewer Americans are giving: **73%** in Gallup's 2020 survey. The previous low was 79% in 2009, during the recession.

Diabetes Research Institute Foundation

200 S. Park Rd., Suite 100, Hollywood, FL 33021

A recognized world leader, the DRI is committed to curing children and adults living with diabetes and leads the world in bringing promising treatments to patients as quickly as possible. 27.9% (#11149) DiabetesResearch.org

The Michael J. Fox Foundation for Parkinson's Research

Grand Central Station, PO Box 4777
New York, NY 10163

The Michael J. Fox Foundation is dedicated to accelerating improved therapies and a cure for Parkinson's disease. 88 cents of every dollar spent goes to research. 14.4% (#12227)

MichaelJFox.org



MENTAL HEALTH

Juvenile Bipolar Research Foundation

277 Martine Ave., #226, White Plains, NY 10601

Our cutting-edge research is leading to new ways of understanding bipolar disease in children and adolescents. Most exciting, it is leading to promising new treatments. We're very small. We need your support. 236.6% (#12148) JBRF.org

MILITARY/VETERANS

Marine Corps Law Enforcement Foundation

273 Columbus Ave., Suite 10, Tuckahoe, NY 10707

Scholarship accounts to children of Marines and Federal law enforcement personnel who die while on active duty. Over \$79 million awarded since 1995. MCLEF - Educating the children of those who sacrificed all. More than 94% of every dollar goes toward the mission. 5.7% (#10507) MC-LEF.org

National Association of American Veterans

1725 I Street NW, Suite 300
Washington, DC 20006

We support service members severely injured in combat, military caregivers, single-parent service members, and veterans and their families. We provide claims and benefits assistance, respite care assistance, emergency assistance resources, housing and financial aid referrals, legal help and career coaching. 3.2% (#85065) NAAVets.org

POVERTY

Food for the Hungry

1224 E. Washington St.
Phoenix, AZ 85034

A Christian international relief and development organization responding to human suffering and graduating communities from extreme poverty. 20.9% (#11732) FH.org

Food For The Poor

6401 Lyons Rd.
Coconut Creek, FL 33073

Food For The Poor serves the poor in 17 countries in the Caribbean and Latin America, providing food, housing, water, healthcare, education, emergency relief and sustainable development. 5.8% (#10328)

FoodForThePoor.org/cfc

PUBLIC SAFETY

Concerns of Police Survivors

PO Box 3199
Camdenton, MO 65020

COPS is a nonprofit with 55 chapters across the country. Our members are always prepared to help survivors when they need it, where they need it. Our mission is to "rebuild shattered lives" of the surviving family members and co-workers affected by line-of-duty death. Our 51,000 members are survivors themselves. 8.7% (#11183)

NationalCops.org

SOCIAL SERVICES

Islamic-American Zakat Foundation

4323 Rosedale Ave., Bethesda, MD 20814

We assess, collect and distribute mandatory (ZAKAT) and voluntary (SADAQA) Islamic charity primarily to assist the poor and needy in America and seek to help them attain self-sufficiency. 9.6% (#17934) IAZF.org

SOCIAL/ECONOMIC JUSTICE

Unitarian Universalist Service Committee

689 Massachusetts Ave., Cambridge, MA 02139

UUSC is a human rights organization powered by grassroots collaboration. We foster social justice, protect rights at risk and work toward a world free from oppression. 20.3% (#11685) UUSC.org



WOMEN

NARAL Pro-Choice America Foundation

1725 Eye St. NW, Suite 900
Washington, DC 20005

With more than 2.5 million members, representing every US state and territory, NARAL has been on the front lines organizing and mobilizing to preserve and expand reproductive freedom and abortion access for all, for more than 50 years. 10.8% (#11714)

ProChoiceAmerica.org/foundation

How to save a child's life for \$80.50

The statistic is abstract and hard to fully grasp: 3.4 million children are suffering today from malnutrition in the Democratic Republic of Congo.

The boy, Iragi, is anything but abstract and hard to grasp.

"When we met Iragi, he hadn't eaten for days and was literally starving to death," says Kristy Scott, director of Children's Food Fund/World Emergency Relief (CFF/WER). "He had the body of a five-year-old and was in serious danger of organ failure." At the time, Iragi was 12.

Iragi was rushed to Lwiro Hospital and admitted to CFF/WER's malnutrition

program, allowing him to receive critical medical and nutritional care, all free.

It takes a long time for a child as malnourished as Iragi to recover. He was in WER's malnutrition program for three months, but is now back with his family and doing much better.

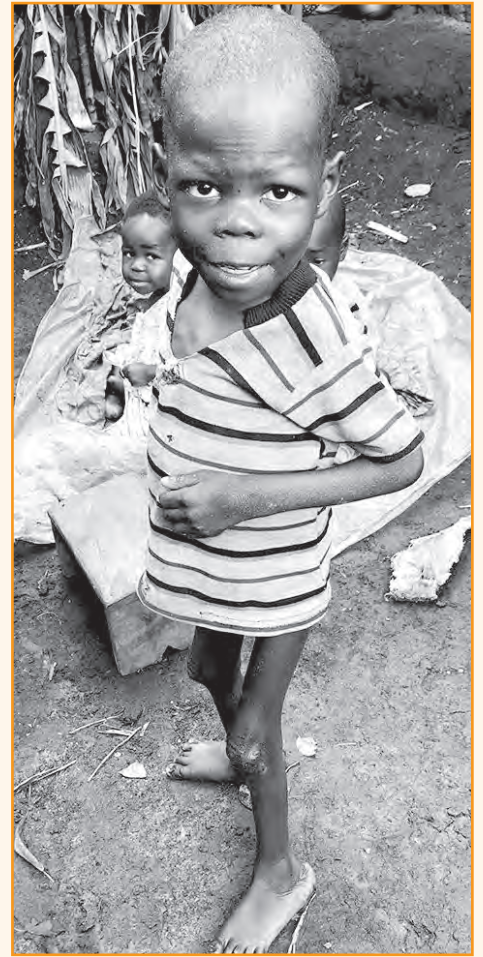
Scott estimates that three months of nutritional support for a child like Iragi costs just \$80.50. The cost is low because CFF/WER gets much of the food donated, plus they work with dedicated doctors and nurses who provide health care in villages around Lwiro and Kaziba.

CFF/WER (CFC #10984) works this way in 15 countries, mostly in Africa and Asia. Through its Native American outreach, it also provides food, water barrels and firewood to Navajo, Apache and Hopi populations. So far in 2020, it has shipped nearly four million pounds of disaster and COVID-19 relief supplies across the U.S. to help struggling Americans.

CFF/WER provides not just food but also life-saving medicine, water filters and agricultural supplies, with an overhead of less than 8% of donated resources.

For Scott, who's worked with CFF/WER for more than 30 years, the key is being aware of the causes of poverty and malnutrition and being able to focus on tangible solutions for real people and their communities.

"The extraordinary scale of suffering in a country like DR Congo is horrifying," Scott says. "Violence, hunger and disease are ever



Iragi was 12 when he entered the CFF/WER malnutrition program.

present. It breaks my heart to have to admit that we can't save all the children.

"But seeing the impact of our efforts on children like Iragi is what keeps me going. It can be heart-breaking work, but also incredibly rewarding to know you've made a difference."



More than 3.4 million children are suffering from malnutrition in DR Congo. Severely malnourished children are at high risk of getting malaria, tuberculosis, cholera and the measles.



MARINE CORPS-LAW ENFORCEMENT FOUNDATION



**HELP
EDUCATE
THE
CHILDREN
OF THOSE
WHO
SACRIFICED
ALL**

CFC #10507

MC-LEF.org • 877-606-1775

The Nature Conservancy



**United
by Nature**

nature.org
CFC #10643

© YARON SCHMID

FH.org CFC #11732



FOOD FOR THE HUNGRY

SHE DESERVES BETTER

Military women have less access to abortion and reproductive healthcare. We make sure that when women sign up to protect our country, they aren't signing away their rights.



NARAL
PRO-CHOICE AMERICA FOUNDATION

CFC #11714

www.ProChoiceAmericaFdn.org
(202) 973-3000

Help Protect Imperiled Wildlife



DEFENDERS OF WILDLIFE

OREGON DEPARTMENT OF FISH AND WILDLIFE

www.defenders.org CFC #10624




**THE MICHAEL J. FOX FOUNDATION
FOR PARKINSON'S RESEARCH**

CFC # 12227

FUND URGENTLY NEEDED PARKINSON'S BREAKTHROUGHS.

**Many Ways
To Make
A Difference!**

Join us to create a kinder world for the 1 in 54 kids with autism, like Leo.




autism speaks

Learn more at autismspeaks.org

CFC #12413

**THE FIGHT STARTS
WITH YOU**



**CFC #11404
HELP END KIDNEY DISEASE**

American Kidney Fund®
FIGHTING ON ALL FRONTS

DONATE

Rescuing Junior and thousands of other animals suffering from cruelty and neglect every year

Inside were three dogs huddled together, nearly all their fur missing

The call for help came from a local Sheriff's Office in Florida, which had gotten a tip about mistreated dogs. When the Humane Society's Animal Rescue Team arrived in the pouring rain at the densely-wooded, five-acre property, it found nearly 140 dogs, including several puppies housed in ramshackle, hutch-like structures. The hutch-

es were filthy, caked with feces, and leaking from the heavy rain.

There were no permanent buildings on the property, just a few campers packed with more dogs. Inside were three dogs huddled protectively together, nearly all of their fur missing. The animals suffered from severe neglect—some had no access to food and water and most had skin conditions characterized by missing fur, sores and itchy skin. The dogs were in need of medical attention and TLC. The Rescue Team took the dogs to a temporary animal shelter.

Like many, Junior, one of the dogs found on the property, had skin issues and needed food and water, which the team provided, making a world of difference in his recovery. He had been missing from his permanent family for more than a year. Junior scampered away for an adventure and, once he was lost, he couldn't find his way home. The family searched in vain.



Junior was one of more than 4,300 animals rescued from crisis situations last year.

When the family heard the story about the case, they sent photos and information to the Sheriff's Office, hoping their dog was one of the animals on the property. It was Junior. Their reunion was heartwarming. The smiles said it all, helping the Rescue Team's members remember why their difficult and often heart-breaking work is so important.

The Animal Rescue Team of **The Humane Society of the United States (CFC #11894)** works with law enforcement nationwide to investigate the worst cases of animal abuse. Every year, it rescues thousands of animals from puppy mills, animal fighting operations, natural disasters and other large-scale situations of cruelty and

neglect. As the team always finds with these rescues, some of the visibly suffering animals are understandably nervous when they face their rescuers, though most are resilient and bond immediately.


During natural disasters—which are happening constantly now—the team works with local agencies on pre-storm transports, developing evacuation plans and emergency rescue for animals caught in harm's way.

In 2019, the Animal Rescue Team of the **Humane Society U.S.** rescued 4,369 animals from crisis situations. It directly cared for more than 100,000 animals through its rescue team, veterinary programs and affiliated care centers and sanctuaries.

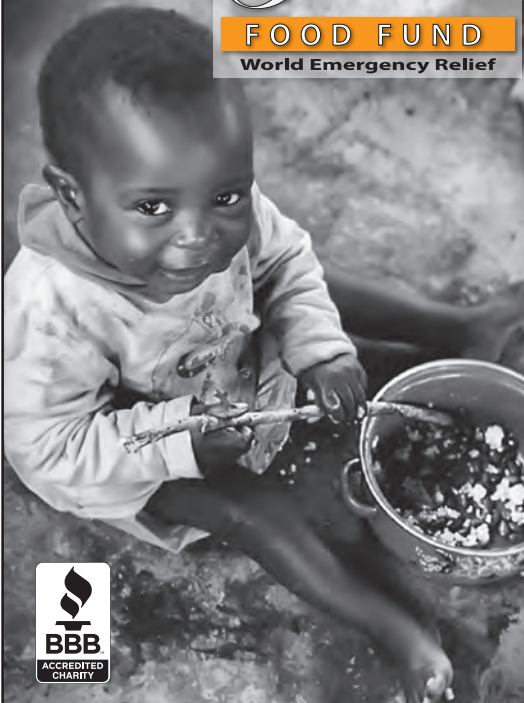
The vision motivating all this work on behalf of animals is in the charity's name: A humane society.




Jean Chung/HSI



Children's
FOOD FUND
World Emergency Relief





www.CFF-WER.org CFC #10984



HELPING IN JESUS' NAME™

Everything we do is focused on helping hurting people around the world and sharing the love of God and the hope of the Gospel.

Support our work via <https://cfcgiving.opm.gov/>



Samaritan's Purse®
INTERNATIONAL RELIEF

CFC #10532

Samaritan's Purse®, Franklin Graham, President
P.O. Box 3000, Boone, NC 28607 | samaritanspurserg.org
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VIEW SOLICITATION DISCLOSURE INFORMATION FOR SAMARITAN'S PURSE
ONLINE AT SAMARITANSPURSE.ORG/DISCLOSURE.

How charities are responding to the pandemic

Nearly every charity in the country has been affected by the pandemic, even if they're not directly responding to it. Just in the past six months, nearly a million nonprofit jobs were lost, according to a recent report.

One reason for this is that charities run like businesses in some ways, receiving revenue from their activities (such as ticket sales) as well as contracts to run programs (such as a drug rehab program supported by a city government). Like businesses, many charities have lost revenue during the pandemic, leading to program cuts and job losses.

At the same time, many charities are facing an unprecedented need for their services. This need has gotten a lot of attention in relation to food banks, most of which are serving far more people than in the past. But many other types of charities are also having to find ways to respond to the pandemic's impact on the people they help.

One example is charities helping people with diabetes and other kidney problems. These people "are facing enormous risks and challenges," said the president of the American Kidney Fund. *"They are losing their jobs. They have had to stop using public transit to get to their treatments.... Patients with compromised immune systems need help obtaining groceries and other essentials safely."*

Similarly, charities helping people with autism are responding to "widespread disruptions to the daily lives of autistic children, teens and adults," according to Autism Speaks.

In the DC area, the **Arlington Free Clinic (CFC #86926)** says that many of the patients it serves "have already lost their jobs in construction, restaurants, cleaning and childcare and are struggling with access to food, transportation and other emergency needs. Very few will benefit from federal government support."

"Like the rest of the country, COVID-19 turned AFC's world upside down, but unlike most places, we can't shut down."

Here are how a few Combined Federal Campaign charities are responding to the pandemic. You can find more at CharityChoices.com/pandemic.

American Kidney Fund (CFC #11404)

The AKF Coronavirus Emergency Fund is providing \$250 grants to any U.S. dialysis or recent kidney transplant patient in financial need to help them cope with the pandemic. AKF provided financial assistance to 84,000 people living with kidney failure last year.

Autism Speaks (CFC #12413)

Autism Speaks has been working with other autism organizations and researchers to develop tools that can help people with autism through this crisis.



Food for the Hungry (CFC #11732)

This charity is using its 50-year history of focusing on health and hygiene to help the communities in which it works protect themselves from COVID-19. This has involved both providing things like clean water and soap as well as finding innovative ways to teach prevention strategies in these communities, which are in Africa, Asia and Latin America.

Continued on pg 14



National Park Foundation

Contribute at nationalparks.org

CFC #11252




Support your national parks today and guarantee their future for generations to come.

Together we can reduce cancer deaths by 40% by 2035.

YOUR SUPPORT WILL SAVE LIVES.

CFC #11074





prevent cancer
FOUNDATION

Why Should I Support Your Work?

American Kidney Fund

Fighting on all fronts

When you join our fight, you change lives. You help empower people to prevent kidney disease and slow its progression. You make lifesaving health care affordable and accessible for patients. You support innovation in education for patients and professionals. You promote advances in nephrology research. You're by our side as we fight for patient rights in Congress and the states. **And, you help give patients a voice.**



CFC #11404
KidneyFund.org

National Alliance to End Homelessness

Ending and Preventing Homelessness in America

A gift to the National Alliance to End Homelessness demonstrates your interest in being a part of ending, not just managing, the crisis of homelessness in our country. Our work includes building knowledge, improving policy and building capacity around ending homelessness. **Your support will help us move closer to a day when no children, families or veterans in America are without a place to call home.**



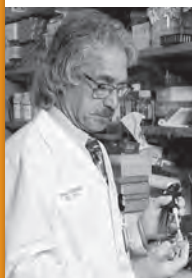
CFC #10022
EndHomelessness.org



Cancer Research America: National Foundation for Cancer Research

Research for a Cure

Since 1973 the National Foundation for Cancer Research has been leading the fight to prevent, treat and cure cancer—all cancer. With the help of our donors, NFCR supports cutting edge cancer research by funding the world's leading cancer researchers and scientists. Through the years, we've helped make numerous scientific breakthroughs, leading to new prevention and detection tools and better treatment options. **Please pledge your support today and help us continue to save lives.**



CFC #11267 • NFCR.org

Diabetes Research Institute Foundation

We have one goal – to find a cure for diabetes.

As one of the largest, most comprehensive research centers dedicated to curing diabetes, we aim to overcome the challenges of the immune system and restore natural insulin production in children and adults living with this disease. We collaborate with an international network of experts to share knowledge and diversify skills in a waste-no-time approach. **For the millions of families affected by diabetes, the Diabetes Research Institute Foundation is the best hope for a cure.**



CFC #11149 • DiabetesResearch.org

Food for the Hungry

Ending all forms of human poverty

At Food for the Hungry (FH), we seek to end all forms of human poverty by going to the hard places and walking with the world's most vulnerable people in 20 countries globally. FH programs include education, clean water, agriculture, disaster response, and more as we walk with communities to create sustainable solutions.



As communities are empowered to walk independently, they have hope for a brighter future and are able to reach their God-given potential.

CFC #11732 • FH.org

Support Our Aging Religious – SOAR!

They were there for us. Now it's our turn to give.

Sisters, Brothers and religious order Priests—who have given their lives to the Church and its work—are facing a crisis. Many worked for only modest stipends. As their median age rises, their communities have little for retirement. Healthcare costs have soared. **In response, SOAR! awards grants to congregations of Catholic Sisters, Brothers and Priests to care for their retired members.** Your donation addresses their immediate needs and ensures their safety, comfort and dignity. Please help.



CFC #10041 • HSI.org

Why Should I Support Your Work?

Humane Society International

Protect all animals

Humane Society International works around the globe to promote the human-animal bond, protect street animals, support farm animal welfare, stop wildlife abuse, eliminate painful animal testing, respond to natural disasters and confront cruelty to animals in all its forms. With the support of donors and advocates, **we are helping create a humane and sustainable world for all animals, including people**, through education, advocacy and the promotion of respect and caring.



HUMANE SOCIETY
INTERNATIONAL

CFC #67938 • HSI.org



Jean Chung for HSI

Samaritan's Purse

Helping in Jesus' Name

Following the example of the Good Samaritan (Luke 10), Samaritan's Purse goes to the aid of the world's poor, sick and suffering with food, medicine, clean water and other assistance in over 100 countries. As president of Samaritan's Purse, Franklin Graham, describes why we help those in need: *"Whether it's here or anywhere else in the world, the answer is always, 'We have come to help you in the Name of the Lord Jesus Christ.'"*



Samaritan's Purse
INTERNATIONAL RELIEF

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CFC #10532

SamaritansPurse.org

Prevent Cancer Foundation®

Stop Cancer Before It Starts!®

Together we can reduce cancer deaths by 40% by 2035. Your support will save lives by helping us:

- Invest in innovative technologies to detect cancer early and advance universal cancer screening to detect multiple cancers in one test.
- Expand cancer screening and vaccination access to underserved communities, bringing hope to those who face financial, logistical and cultural obstacles.
- Educate the public about screening and vaccination options—**ensuring everyone, everywhere can lead a healthy life.**



CFC #11074 • PreventCancer.org

Alliance for Cancer Gene Therapy

Effective, safe, targeted cancer therapy

For 20 years, the Alliance has funded the research that has brought entirely new types of treatments to people living with deadly cancers—treatments that have saved lives and brought hope to all cancer patients.

ACGT continues to drive innovative research forward today—funding cutting-edge science ranging from the development of cancer vaccines to cell and gene therapies for brain cancer. Currently, ACGT is advancing research in ovarian, prostate, sarcoma, glioblastoma, melanoma and pancreatic cancers.



ALLIANCE FOR
CANCER GENE THERAPY

CancerGeneTherapy.org
CFC #41537



Islamic-American Zakat Foundation

To purify wealth by sharing it with the poor and needy

Supporting IAZF directly helps hundreds of struggling individuals and families (including those left jobless by the Covid crisis) **in concrete, immediate ways—to keep their homes, to keep their heat on and feed their children.** You will also be helping people overcome underlying problems. A trained case manager helps applicants to develop and implement a plan for needed life changes.



CFC #17934
IAZF.org



Marine Corps – Law Enforcement Foundation

Educating the children of those who sacrificed all

MCLEF awards \$35,000 to every child of a fallen US Marine or Federal Law Enforcement Agent. In addition to this monetary support, **the families know that their loved one's sacrifice is not forgotten and is sincerely appreciated.** MCLEF has awarded over \$79 million to over 4,300 recipients since 1995—more than \$3 million to 142 recipients in 2019 alone. We have one part-time employee with volunteers doing the rest.



CFC #10507
MC-LEF.org



The \$300 Donation Deduction

To encourage giving to charities during this time of crisis, the CARES Act created a \$300 deduction that anyone who doesn't itemize their deductions — about 85% of Americans — can take.

This deduction is only for this year. Donations must be in cash, not donations of items such as clothes or furniture. No special documentation is needed, just a record of your donation, such as a canceled check.

Charities have been urging Congress to pass a permanent charitable deduction for non-itemizers. The 2017 tax overhaul doubled the standard deduction. As a result, far fewer people itemize their deductions. Many believe this has depressed charitable giving.

**Our vision
is a
world
without
diabetes.**



The Best Hope for a Cure®



CFC#11149

DiabetesResearch.org

PUTTING FAITH INTO ACTION



Support 25,000+ people serving the poor across the U.S. and in over 100 countries worldwide.

**CATHOLICS FOR THE POOR
AND NEEDY WORLDWIDE**

CFC # 10174

How charities are responding to the pandemic *(From pg 11)*

Food For The Poor (CFC #10328)

Since mid-March, Food For The Poor has shipped 709 tractor-trailer loads of aid to the countries it serves, including 200 containers specifically for COVID-19 relief. FFTP focuses on Caribbean and Latin American countries.

Humane Society of the U.S. (CFC #11894)

The Humane Society launched the COVID-19 Relief Fund to support animal shelters, rescue groups and other organizations that are responding to the economic impacts of the COVID-19 outbreak. Its goal is to keep people and their pets together during this crisis. Contributions provide veterinary care, pet food, horse feed and animal care supplies, as well as other costs related to caring for animals during the outbreak.

Unitarian Universalist Service Committee (CFC #11685)

UUSC's focus has always been on social justice and human rights, principles that also define its response to COVID. It's providing as much support as it can to its partners working in places like Bangladesh, Guatemala and Honduras, all of which face greater needs. It helps its partners take collective action and monitor human rights abuses stemming from the pandemic and economic instability.



Local funds set up to help communities

You can find information about more than 900 local and statewide funds set up to help local people and organizations across the country. Go to **Candid.org/explore-issues/coronavirus/funds**. Candid was created through the merger of the Foundation Center and Guidestar.

How international charities are responding to the pandemic

Interaction, an alliance of international NGOs (non-governmental organizations), has a summary of what its members are doing in response to the pandemic. The easiest way to find the page is by doing a search on "Interaction members' response to COVID-19."

**I deserve a
better life**

Right now puppies like me
are suffering in puppy mills,
research labs and factory
farms around the world.



Jean Chung/For HSI

Humane Society of the United States

CFC # 11894

HumaneSociety.org

You can give to these charities NOW at:

GiveCFC.gov

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TUSKEGEE AIRMEN Scholarship Foundation

*Providing
 scholarships
 to assist
 academically
 deserving
 students
 who dare to
 dream big.*



CFC #47202

TAISF.org

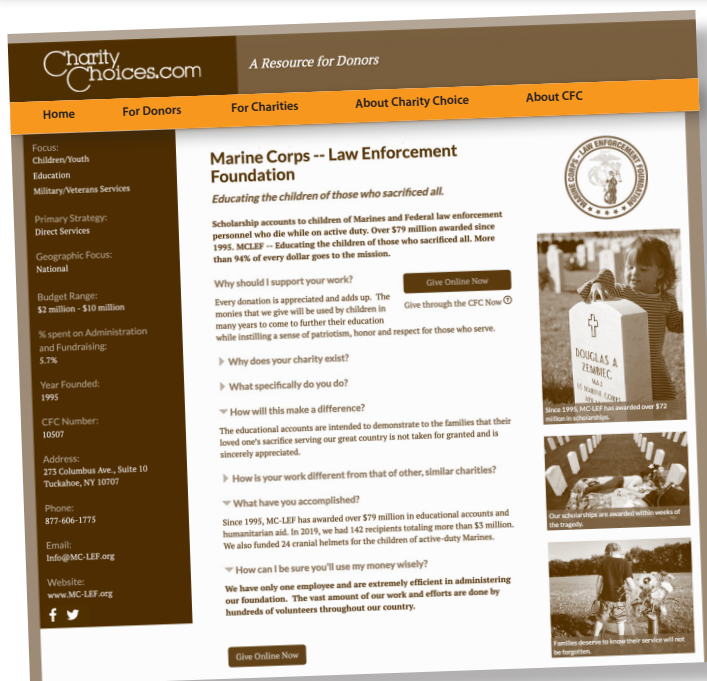
Help inspire the next generation
 of justice leaders.

CFC #11685

UUSC Challenging Injustice,
 Advancing Human Rights

"What I like about your website is that it helps me learn what these charities really do with my donation."

—JULIA COLLINS



As you think about which charities to support, there is no better resource than
CharityChoices.com

We tell you—

- ★ How a charity is making a difference.
- ★ What exactly it does.
- ★ What it's accomplished.
- ★ How much it spends on overhead.
- ★ How it's rated by charity watchdogs.

You can also find links to the charity's website, Facebook page, Twitter feed, videos and more.

Plus useful information for donors such as—

- ★ How to respond to disasters.
- ★ How to quickly check out any charity in the country.







**TOGETHER
WE RESPOND!**
 Since mid-March, Food For The Poor has shipped 709 tractor-trailer loads of aid to the countries it serves, including 200 containers specifically for COVID-19 relief.



We cannot do this without you.

CFC®
#10328



In 2019, Generous Donors Provided*			
			
Over 20 Million Lifesaving Meals a Month	3,113 Safe & Secure Homes	Over \$6.5 Million Toward Clean Water Projects	3,262 Tractor-Trailers of Aid
And So Much More!			



*Year ended 12/31/19.



FOOD FOR THE POOR 6401 Lyons Road, Coconut Creek, FL 33073 • 877-654-2960, ext. 6658 • www.FoodForThePoor.org/cfc