

A Guide to **TRUSTWORTHY** Charities you can support through the COMBINED FEDERAL CAMPAIGN



Connecting heart and mind when giving
PAGE 14



How to respond when disaster strikes
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Why should I support your charity?
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You can make your CFC donation NOW: CFCGiving.opm.gov

You Can Make a **DIFFERENCE**



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Most of us can't afford to give a lot to charities. But nearly all of us can give something...and whatever we give does make a difference.

This is because our small gifts add up. Individuals like us still provide more than 80% of all giving to charities in this country.

Charities depend on our support to help the poor and homeless, protect animals and the environment, heal the sick and cure dreaded diseases and much, much more.

This guide tells you what dozens of charities accomplish with the support donors provide. **All of them have met a series of accountability standards, including annual audits.**

This guide also explains a few basics about how to give (page 14) and how to respond when disaster strikes (page 11).

Giving is not hard. It mainly requires a little thought and a willingness to invest in making a difference.

Giving is very easy if you're a federal or military employee. You can support all the charities in this guide and many others through the **COMBINED FEDERAL CAMPAIGN.**

You simply go to the CFC's new giving website: **CFCgiving.opm.gov**. You can learn more about how to search for charities on the CFC website by going to **CFCcampaign.org**.

Giving by payroll deduction through the CFC is an excellent way to give, allowing you to give a little each pay period, which really adds up.

If you can't give at your workplace, you can give to any charity in this guide by going to its page on our website: **CharityChoices.com**. You can learn much more about each charity. And you can go to that charity's online donation page, allowing you to give directly to the charity. None of your donation comes to us.

However you choose to give, whichever charities you support, **please give as generously as you can. Your gift will make a difference.**

PHOTOS: Copyright 2019 by Earl Dotter: Cover (girl working), Page 3 (boy at piano), 5 (nurse with patient), 7 (exam); Jim West: Pages 2, 3 (llama), 4, 5 (flooding) 15; Kristy Scott: Cover (children); MaryAnn Dolcemasclo: Cover (women embracing).

This is the charity's website. You will find a link to each charity's website at CharityChoices.com.

This is the charity's "CFC" number. Use it to find a charity on the CFC website.

Marine Corps Law Enforcement Foundation

273 Columbus Ave., #10, Tuckahoe, NY 10707

Scholarship accounts to children of Marines and Federal law enforcement personnel who die while on active duty. Over \$76 million awarded since 1995. MCLEF – Educating the children of those who sacrificed all.

#10507 MC-LEF.org

This is the amount the charity spends on fund raising and administration.

This is not an official CFC publication. It does not include all CFC charities.

MORE CHOICES!



ANIMAL/WILDLIFE PROTECTION

Defenders of Wildlife

1130 17th St. NW, Washington, DC 20036

Working since 1947 to save America's imperiled animals and their threatened habitat for future generations through public education, citizen advocacy, legal action and scientific research. 15.6% (#10624) Defenders.org

Humane Society International

700 Professional Dr., Gaithersburg, MD 20879

Humane Society International leads the way in animal protection. With hundreds of thousands of supporters, we are a voice for all animals. We educate, investigate, advocate and act, working to prevent cruelty and promote compassion. 15% (#67938) HSI.org



Humane Society of the United States

700 Professional Dr., Gaithersburg, MD 20879

With millions of supporters we fight to end suffering for ALL animals; taking on puppy mills, factory farms, animal testing and other cruel industries; rescuing and caring for animals through our Animal Rescue Team's work with hands-on animal care services. 32.7% (#11894) HumaneSociety.org

CHILDREN

Birth Defect Research for Children

976 Lake Baldwin Lane, Suite 104
Orlando, FL 32814

Because every birth defect has a cause, we sponsor the National Birth Defect Registry and Healthy Baby Resource, critical tools that will help us track down these causes. We also provide information, support and partner networking for families of children with birth defects. 9.1% (#10374)

BirthDefects.org

Children's Food Fund/ World Emergency Relief

425 W. Allen Ave., #111, San Dimas, CA 91773

For 34 years, we have delivered food to hungry children, provided medical care for the sick, supplied relief goods to disaster victims and given hope to millions living in poverty. With your support, we are "giving children a living chance." 3.1% (#10984) CFF-WER.org

Children's Inn at NIH

7 West Dr., Bethesda, MD 20814

The Children's Inn is a free, supportive "home" to sick children and their families as they receive groundbreaking medical treatment from the NIH in hopes of finding a cure. 31.7% (#10324) ChildrensInn.org

CONSERVATION

National Park Foundation

1110 Vermont Ave. NW, Suite 200
Washington, DC 20005

As the official nonprofit partner of the National Park Service, the National Park Foundation generates private support and builds strategic partnerships to protect and enhance America's national parks for present and future generations. 23.3% (#11252) NationalParks.org

The Nature Conservancy

4245 N. Fairfax Dr., Suite 100, Arlington, VA 22203

The Nature Conservancy is a global environmental nonprofit working to create a world where people and nature can thrive. Learn more at nature.org. 27.6% (#10643) Nature.org

DISABILITIES

American Academy for Cerebral Palsy and Developmental Medicine

555 E. Wells St., Suite 1100, Milwaukee, WI 53202

Leading the way to optimal quality of life for individuals with cerebral palsy and other developmental disabilities through professional education, research and advocacy. Our values are being family-centered, collaborative and innovative. 16.6% (#10581) AAPDM.org

Autism Speaks

1060 State Rd., 2nd Floor, Princeton, NJ 08540

Autism Speaks promotes solutions, across the spectrum and through the life span, for individuals with autism and their families, through advocacy and support; increasing understanding and acceptance of people with autism; and advancing research into causes and better interventions. 21.4% (#12413) AutismSpeaks.org



DISASTER RELIEF

Children's Food Fund/ World Emergency Relief

425 W. Allen Ave., Suite 111, San Dimas, CA 91773

Recent world disasters, some of historic proportion, have left children orphaned, sick, homeless or starving. Our worldwide network of churches and program partners helps us to respond quickly when disaster strikes. By donating, you are "giving children a living chance." 3.1% (#10984)

CFF-WER.org

Food For The Poor

6401 Lyons Rd., Coconut Creek, FL 33073

When poverty-stricken Caribbean and Latin American nations are devastated by storms, earthquakes and natural disasters, Food for the Poor provides immediate emergency relief assistance, and assists communities with long-term rebuilding. 5.4% (#10328)

FoodForThePoor.org/cfc



Learn more about the work of
each of these charities:
Charity Choices.com

Humane Society of the United States

700 Professional Dr.,
Gaithersburg, MD 20879

Our Animal Rescue Team responds to large-scale emergencies: hurricanes, tornadoes, wildfires, earthquakes, utility outages and more. Every year with our affiliates, we rescue thousands of animals from puppy mills, animal-fighting operations and natural disasters. We can't do it without you. 32.7% (#11894)

HumaneSociety.org

Samaritan's Purse

PO Box 3000, Boone, NC 28607

Samaritan's Purse is a Christian Relief organization dedicated to saving lives and reducing suffering caused by wars, disease, famine and natural disasters. We work in 100 countries across the globe. 9.7% (#10532)

SamaritansPurse.org

EDUCATION

Alpha Kappa Alpha Educational Advancement Foundation

5656 S. Stony Island Ave.
Chicago, IL 60637

We are primarily African-American women with a commitment to promote life-long learning. Scholarships, fellowships and grants to students and projects are strategies used to fulfill our commitment. 4% (#11173)

AKAEAF.org

Tuskegee Airmen Scholarship Foundation

1816 S. Figueroa St., Suite L.5
Los Angeles, CA 90015

We ensure the legacy of Tuskegee Airmen—who helped integrate the military and our country—by awarding scholarships to 40 financially and academically deserving high school seniors every year. 17.6% (#47202)

TAISF.org



ENERGY

Environmental and Energy Study Institute (EESI)

1020 19th St NW, #650, Washington, DC 20036

We engage with Congress to advance win-win bipartisan policy solutions to address climate change urgently and defend clean energy programs and budgets. We're also expanding work to help families improve their homes' energy efficiency with no upfront costs. Join us! 11.7% (#10627) EESI.org

ENVIRONMENTAL PROTECTION

Chesapeake Bay Foundation

6 Herndon Ave., Philip Merrill Environmental Center
Annapolis, MD 21403

Save the Bay! We're committed to reducing pollution, improving fisheries, protecting and restoring natural resources and building an environmental ethic in the Chesapeake Bay watershed. 24.3% (#11325) CBF.org

National Parks Conservation Association

777 6th St. NW, Suite 700, Washington, DC 20001

Voice of the American people in the struggle to protect wildlife, majestic scenery, history and culture in parks from Yellowstone to Gettysburg. Fights air and water pollution, overdevelopment and noise. 21% (#12069) NPCA.org

MORE CHOICES!



FAITH-BASED SERVICES

Catholics for the Poor and Needy Worldwide

6930 Carroll Ave, Suite 820
Takoma Park, MD 20912

Serving in faith, transforming through love! We connect Catholic volunteers and missionaries with opportunities to serve the poor and make a difference in communities across the globe. 3.5% (#10174) CatholicVolunteerNetwork.org

Wycliffe Bible Translators

PO Box 628200, Orlando, FL 32862

Wycliffe Bible Translators offers hope by translating Scripture and teaching literacy worldwide. You can help Wycliffe provide powerful tools for life change to minority language groups around the world. 20.4% (#11737)

Wycliffe.org/cfc

The % figure is administration and fund raising expenses.



HEALTH

Autism Speaks

1060 State Rd., 2nd Floor, Princeton, NJ 08540

Autism Speaks promotes solutions, across the spectrum and through the life span, for individuals with autism and their families, through advocacy and support; increasing understanding and acceptance of people with autism; and advancing research into causes and better interventions. 21.4% (#12413)

AutismSpeaks.org

American Kidney Fund

11921 Rockville Pike, Suite 300
Rockville, MD 20852

AKF is the most efficient, highest-rated national kidney nonprofit in the United States. When you partner with us, you know that your gift is being well-managed, has the greatest possible impact, and positively affects the most lives. 2.4% (#11404) KidneyFund.org

Breast Cancer Action

275 Fifth Ave., #307, San Francisco, CA 94103

Breast Cancer Action is a national education and activist organization working to achieve health justice for women at risk of and living with breast cancer. 25.3% (#12010) BCAction.org

Cancer Prevention and Treatment Fund

1001 Connecticut Ave. NW, Suite 1100
Washington, DC 20036

Saving lives every day as we help your family prevent cancer and help cancer patients choose the most effective, affordable treatments. We don't accept money from pharmaceutical companies, so you can trust us to provide the most up-to-date, unbiased assistance. 0.7% (#11967) StopCancerFund.org

Cancer Research and Prevention Foundation (Prevent Cancer Foundation)

1600 Duke St., Suite 500, Alexandria, VA 22314

The mission of the Prevent Cancer Foundation® is saving lives across all populations through cancer prevention and early detection. Founded in 1985, the Foundation fulfills its mission through research, education, outreach and advocacy. 25.9% (#11074)

PreventCancer.org

The Jimmy Fund/ Dana-Farber Cancer Institute

10 Brookline Place West, 6th Floor
Brookline, MA 02445

Ranked #1 in New England by U.S. News & World Report, Dana-Farber provides expert care to children and adults with cancer while advancing research. 10% (#10080) JimmyFund.org
DanaFarber.org



HOMELESS

National Alliance to End Homelessness

1518 K St. NW, 2nd Floor, Washington, DC 20005

Veterans, families and youth are among the 550,000 Americans experiencing homelessness on a given night. We're ending homelessness by helping local communities improve their programs, educating opinion leaders, advancing research and improving policy. 7.8% (#10022) EndHomelessness.org

HOSPICE

Hospice Foundation of America

1707 L St. NW, Suite 220, Washington, DC 20036

Supporting individuals through life-ending illness and assisting families and caregivers with grief and loss. We emphasize hospice and palliative care while also providing public and professional education. 5.6% (#10611) HospiceFoundation.org



HUNGER

Farmers and Hunters Feeding the Hungry

PO Box 323, Williamsport, MD 21795

Needy children and families hunger for meat and protein. Our ministry pays local butchers to process donated deer and livestock for food banks and hunger relief programs. Please give today! 8.9% (#10308) FHFH.org

INTERNATIONAL

Operation Blessing International

977 Centerville Turnpike
Virginia Beach, VA 23463

Operation Blessing demonstrates God's love by alleviating human need and suffering in the US and around the world. Our partners provide hope through disaster relief, medical care, hunger relief, and clean water programs, putting an emphasis on sustainable solutions. 1.6% (#10530) OperationBlessing.org

MEDICAL RESEARCH

Cancer Research America – National Foundation for Cancer Research

5515 Security Lane, #1105, Rockville, MD 20852

From prevention and early diagnosis to better treatments, NCFR funds cancer research. NCFR's discoveries have led to improved treatments and today's research will lead to a cure for all cancers. 29.1% (#11267) NCFR.org

Alliance for Cancer Gene Therapy

96 Cummings Point Rd., Stamford, CT 06902

ACGT funds the best scientists and biotechnology companies harnessing the power of cell and gene therapy to transform how cancer is treated and drive momentum towards a cure. 100% of your donation directly supports research. 6.7% (#41537) ACGTFoundation.org

Diabetes Research Institute Foundation

200 S. Park Rd., Suite 100, Hollywood, FL 33021

A recognized world leader, the DRI is committed to curing children and adults living with diabetes and leads the world in bringing promising treatments to patients as quickly as possible. 27.9% (#11149) DiabetesResearch.org

JDRF International

26 Broadway, 14th Floor, New York, NY 10004

JDRF is the leading global organization funding type 1 diabetes (T1D) research. Our strength lies in our exclusive focus and singular influence on the worldwide effort to end T1D. 20.3% (#10569) JDRF.org

What do the CFC's many changes mean for you?

The CFC underwent major changes in 2017 designed to streamline the campaign and make giving easier and more efficient. Here's what these changes mean for you:

- **You now have a simple way to make your CFC pledge online.** There is one central website that processes your donation: CFCgiving.opm.gov. You can make your pledge now.
- **There are fewer charities.** Charities must now pay an application fee, which has caused many charities that raised little or nothing through the CFC to drop out.
- **You can still choose from hundreds of charities,** doing all kinds of charity work. The broad range of charities you can learn about and support through the CFC has long been one of its best features.

- **You can search for charities online, in many ways.** The simplest way to support a charity in this guide is to input its 5-digit CFC number.



- **You can choose to volunteer through the CFC** and have your time count as a contribution.
- **Charities still must meet a series of accountability standards,** such as an annual audit (*except for very small charities*).
- **Retirees can now give through the CFC.** They can have a little deducted from each annuity payment.

You can make your pledge right now:

CFCgiving.opm.gov

For more on the CFC's changes and a primer in how to use the CFC's new online portal: CFCcampaign.org.

The Michael J. Fox Foundation for Parkinson's Research

Grand Central Station, PO Box 4777
New York, NY 10163

The Michael J. Fox Foundation is dedicated to accelerating improved therapies and a cure for Parkinson's disease. 86 cents of every dollar spent goes to research. 13.8% (#12227)

MichaelJFox.org



MILITARY/VETERANS

New Directions for Veterans

11303 Wilshire Blvd., Los Angeles, CA 90073

New Directions helps homeless veterans reintegrate into civilian life. Our transitional housing, food, clothing, counseling, workforce development and permanent housing solutions help each veteran transition to transformation.

22.9% (#16466) NDVets.org

Marine Corps Law Enforcement Foundation

273 Columbus Ave., #10, Tuckahoe, NY 10707

Scholarship accounts to children of Marines and Federal law enforcement personnel who die while on active duty. Over \$76 million awarded since 1995. MCLEF – Educating the children of those who sacrificed all. 96.6% of every dollar goes toward the mission. 3.4%

(#10507) MC-LEF.org

POVERTY

Food for the Hungry

1224 E. Washington St., Phoenix, AZ, 85034

A Christian international relief and development organization responding to human suffering and graduating communities from extreme poverty. 19% (#11732) FH.org

Food For The Poor

6401 Lyons Rd., Coconut Creek, FL 33073

Food For The Poor serves the poor in 17 countries in the Caribbean and Latin America, providing food, housing, water, healthcare, education, emergency relief and sustainable development. 5.4% (#10328) FoodForThePoor.org/cfc

PUBLIC SAFETY

Concerns of Police Survivors – COPS

PO Box 3199, Camdenon, MO 65020

COPS is a nonprofit with 55 Chapters across the country. Our members are always prepared to help survivors when they need it, where they need it. Our mission is to “rebuild shattered lives” of surviving family members and co-workers affected by line-of-duty death. Our 51,000 members are survivors themselves. 6.9% (#11183)

ConcernsofPoliceSurvivors.org

The % figure is administration and fund raising expenses.

SOCIAL SERVICES

Islamic-American Zakat Foundation

4323 Rosedale Ave., Bethesda, MD 20814

We assess, collect and distribute mandatory (ZAKAT) and voluntary (SADAQA) Islamic charity primarily to assist the poor and needy in America and seek to help them attain self-sufficiency. 7% (#17934) IAZF.org

SOCIAL/ECONOMIC JUSTICE

Unitarian Universalist Service Committee

689 Massachusetts Ave., Cambridge, MA 02139

UUSC is a human rights organization powered by grassroots collaboration. We foster social justice, protect rights at risk and work toward a world free from oppression. 19% (#11685) UUSC.org

WOMEN

NARAL Pro-Choice America Foundation

1156 15th St. NW, #700, Washington, DC 20005

With two million members, representing every state, we are on the front lines organizing and mobilizing to preserve and expand reproductive freedom and abortion access in the 21st century. 17.1% (#11714)

ProChoiceAmerica.org/foundation



Help us respond to needs of animals during natural disasters...and whenever animals are at risk

Earlier this year, a devastating tornado tore through Alabama, the deadliest tornado in the U.S. since 2013. The destruction was enormous, extending over 70 miles.

In response, the **Humane Society of the United States** Animal Rescue Team was on the ground quickly, coordinating efforts to empty local shelters of unowned, adoptable animals, allowing these organizations to respond to urgent community needs and focus on facility repairs and other tasks. A flight transported 120 dogs and cats from Alabama to animal rescue and shelter partners in a safe location on the West Coast.

The period following a tornado is a difficult and chaotic one for people who may have lost everything they own, not to mention having to bear the pain of losing a beloved family member or pet.

Often after events like these, shelters see an increase in the number of animals who are either lost, or whose families have lost their homes and need to arrange temporary care for their beloved animals. In addition to freeing up space at the shelter for other animals in need, relocation gives these animals a second chance at finding forever homes.

At the HSUS, we pivot at a moment's notice when disaster strikes. We train year-round, we maintain and upgrade our vehicles and equipment, and we stay connected with local, state and federal emergency response authorities so we can best serve the affected communities. With many years of experience under our belt, we are well-equipped and ready to respond.

During hurricane season, we are called in to assist with many such events. Your support (CFC #11894) will make a big difference in helping us reach the most animals and ensure their safety during natural disasters and whenever animals need urgent rescue.

Many look to us when disasters and other emergencies arise. You make it possible for us to help them.



Cat being rescued during Hurricane Florence's severe flooding.
Meredith Lee for San Diego Humane



Tortoise rescued after Hurricane Michael.
Erin Luebke for South Florida Wildlife Center

MARINE CORPS-LAW ENFORCEMENT FOUNDATION



**HELP
EDUCATE
THE
CHILDREN
OF THOSE
WHO
SACRIFICED
ALL**

CFC #10507

MC-LEF.org • 877-606-1775

The Nature Conservancy



**United
by Nature**

nature.org
CFC #10643

© YARON SCHMID

**Many
Ways
To
Make
A
Difference!**

Needing dialysis is hard. It's even harder when you can't afford it.

Help give hope

CFC #11404



American Kidney Fund®



HELPING IN JESUS' NAME®

Join us as we provide physical aid and offer eternal hope through Jesus Christ to the world's poor, sick, and suffering.



Samaritan's Purse®
INTERNATIONAL RELIEF

CFC #10532

Samaritan's Purse®, Franklin Graham, President
P.O. Box 3000, Boone, NC 28607

f SamaritansPurse @SamaritansPurse @SamaritansPurse

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SHE DESERVES BETTER

Military women have less access to abortion and reproductive healthcare. We make sure that when women sign up to protect our country, they aren't signing away their rights.



NARAL
PRO-CHOICE AMERICA FOUNDATION

CFC #11714

www.ProChoiceAmericaFdn.org
(202) 973-3000

Help Protect Imperiled Wildlife




www.defenders.org

CFC #10624

OREGON DEPARTMENT OF FISH AND WILDLIFE

**You have the
right to choose
which charities
you want to support
through the
COMBINED
FEDERAL
CAMPAIGN!**



FOOD FOR THE HUNGRY

CFC #11732

Ending poverty for the world's most vulnerable people.
FH.ORG



**TUSKEGEE AIRMEN
Scholarship Foundation**

*Providing
scholarships
to assist
financially
disadvantaged
and deserving
students.*



CFC #47202

TAISF.org

How To Save a Life for \$100

Kristy Scott has seen a lot during her 30 years of working in developing countries across the world for Children's Food Fund/World Emergency Relief. But even she was shocked when she met Exoce, a 4-year-old Congolese boy with a 10 lb. tumor on his kidney.

Scott was visiting Kaziba, a mountain village in DR Congo, where CFF/WER has worked for nearly a decade. The charity's long-term support in this community reflects its philosophy: provide relief when needed, but also provide the material support and expertise needed to strengthen

a community over time and make it more resilient in the next crisis.

In this remote village, CFF/WER supports a doctor who has been working to improve the community's small, overburdened hospital. This is being accomplished through financial and educational support for Congolese doctors and providing medical equipment that can make a big difference.

A great example is a cauterizer, which Scott calls "such a simple tool. It looks like an electronic pen. It burns surgical incisions, greatly decreasing bleeding. It's one small item that has made a huge difference for this hospital and its patients."

Scott was in Congo to sit in on a surgery, to see her donors' dollars hard at work. The small group of Congolese doctors, travelling as part of a CFF/WER sponsored medical mission, performed 86 surgeries in one week.

One memorable patient was Exoce, whose tumor weighed a third of his body weight.

Scott was amazed when Exoce awoke from his surgery and gave the thumbs-up sign. A few weeks later, when Exoce was back at home, he looked like a different boy.

"The surgeries we sponsor are often life-changing. Exoce would have died. Each surgery, including medicines, supplies, doctors and hospital charges costs around \$100. Look at the impact such a relatively small sum of money can have on a child's life."

As hard and emotionally draining as it can be working in developing countries, seeing Exoce's recovery and the many other concrete signs of her charity's work is what has kept Scott at it for so many years. *"Passion and compassion keep me going. It's not easy work. But at the same time, it is extremely rewarding."*



Photos by Kristy Scott



Help inspire the next generation of justice leaders.

CFC #11685

UUSC Challenging Injustice, Advancing Human Rights

THE MICHAEL J. FOX FOUNDATION
FOR PARKINSON'S RESEARCH

CFC # 12227

FUND URGENTLY NEEDED PARKINSON'S BREAKTHROUGHS.

OPERATION BLESSING

WILL YOU HELP ME?

Clean Water | Disaster Relief
Medical Aid | Hunger Relief

operationblessing.org
CFC# 10530

Children's
FOOD FUND
World Emergency Relief

Giving children a living chance®

www.CFF-WER.org **CFC # 10984**

How to respond when disaster strikes

Technology has made it easy to respond almost immediately to a disaster anywhere in the world. You can give on Facebook or GoFundMe, by text, by clicking on an online ad. This is good: it can generate a lot of resources very quickly.

But is responding quickly the best way to help people and communities in need?

In a way, responding to a disaster is like responding to an emergency: often it's best to think before you act. Don't panic. Think about what you can do to help.

- **Give money if you can.** Money allows charities working on the ground "to quickly purchase the supplies they need to address the ever-changing needs of those affected," according to Charity Navigator, a site that rates many charities. Physical donations must be sorted, transported, stored and distributed. This all takes money.
- **Give locally if you can.** One problem with making a quick donation is that it often goes to one charity, the Red Cross. This certainly helps the Red Cross respond to a disaster and maintain its disaster-response capacity, which takes resources. But it may not be the best way to help the people and communities hurt by a specific disaster.
Often a local United Way or "community foundation" or will set up a fund specifically to respond to a local disaster. This may take a few days to set up, but your money will go to people who know their community and will be there over time.
- **Give to meet both short and long-term needs.** When a disaster happens, the immediate needs are overwhelming: for rescue, food, shelter. But the harm is long-term: Individuals need to heal. Families and communities need to be rebuilt. This takes resources over time, sometimes years, as in Puerto Rico. This is why giving to local funds often makes sense. Plus, it can connect you to that community over time.
- **Give to prevent the next disaster.** In every state and most countries, there are charities working to prevent or mitigate disasters, often by protecting the local environment. There are also charities fighting climate change and its impact on disasters.
- **Give to real charities.** Before you give, make sure the charity you're supporting is an actual charity. This is easy. Go to Guidestar.org and do a search on the charity's name.
- **Give in a way that is most helpful to the charities.** A direct gift through a charity's online donation page is often the most efficient way to give. One problem with giving through Facebook, for example, is that your data goes to Facebook, not the charity. This makes it hard for charities to connect with and report to their donors.



- **Give to charities you already know and trust.** Many national and international charities regularly respond to disasters. They often have existing connections to people on the ground in communities hit by a disaster, as well as connections to donor companies that can supply water, medicine and other critical supplies. You'll find much more advice about giving on CharityChoices.com/donors.



National Park Foundation
Contribute at nationalparks.org



CFC #11252

Support your national parks today and guarantee their future for generations to come.

We're Fighting for a World Without Type 1 Diabetes.

JDRF IMPROVING LIVES. CURING TYPE 1 DIABETES.

jdrf.org
Provided as a public service.
CFC #10569

Why Should I Support Your Work?

JDRF International

*Improving Lives,
Curing Type 1 Diabetes*

Type 1 diabetes (T1D) is an autoimmune disease that strikes both children and adults suddenly. It has nothing to do with diet or lifestyle, you can't prevent it, and at present, there is no cure. JDRF is leading the fight against T1D by funding research, advocating for policies that accelerate access to new therapies, and providing a support network for people impacted by T1D. *Please help us cure, prevent and better treat type 1 diabetes.*



CFC #10569
JDRF.org

Samaritan's Purse

Helping in Jesus' Name

Following the example of the Good Samaritan (Luke 10), Samaritan's Purse goes to the aid of the world's poor, sick and suffering with food, medicine, clean water and other assistance in over 100 countries. As president of Samaritan's Purse, Franklin Graham, describes why we help those in need: *"Whether it's here or anywhere else in the world, the answer is always, 'We have come to help you in the Name of the Lord Jesus Christ.'"*



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CFC #10532
SamaritansPurse.org

Alliance for Cancer Gene Therapy

*Effective, safe, targeted
cancer therapy*

For 20 years, the Alliance has funded the research that has brought entirely new types of treatments to people living with deadly cancers—treatments that have saved lives and brought hope to all cancer patients.

ACGT continues to drive innovative research forward today— funding cutting-edge science ranging from the development of cancer vaccines to cell and gene therapies for brain cancer. Currently, ACGT is advancing research in ovarian, prostate, sarcoma, glioblastoma, melanoma and pancreatic cancers.



CancerGeneTherapy.org
CFC #41537

Humane Society International

Protect all animals

Humane Society International works around the globe to promote the human-animal bond, protect street animals, support farm animal welfare, stop wildlife abuse, eliminate painful animal testing, respond to natural disasters and confront cruelty to animals in all its forms. With the support of donors and advocates, we are helping create a humane and sustainable world for all animals, including people, through education, advocacy and the promotion of respect and caring.



Jean Chung for HSI

CFC # 67938 • HSI.org

National Alliance to End Homelessness

*Ending and Preventing Homelessness
in America*

A gift to the National Alliance to End Homelessness demonstrates your interest in being a part of ending, not just managing, the crisis of homelessness in our country. Our work includes building knowledge, improving policy and building capacity around ending homelessness. *Your support will help us move closer to a day when no children, families or veterans in America are without a place to call home.*



CFC # 10022
EndHomelessness.org



American Kidney Fund

A World Without Kidney Disease

The American Kidney Fund helps one of every five dialysis patients in the U.S. – a total of 84,000 people. Many kidney patients find they can't work full-time due to frequent dialysis treatments. At the same time they face the cost of health insurance, prescription medications and other expenses. With your help, last year *we provided direct financial assistance to 84,000 people living with kidney failure.* We also conduct screenings and outreach to prevent kidney disease.



CFC# 11404
KidneyFund.org



Why Should I Support Your Work?

Tuskegee Airmen Scholarship Foundation

We're preparing the next generation now!

By supporting our work, you are honoring the legacy of the Tuskegee Airmen—who helped integrate the military and our country—and ensuring the future of young people trying to bridge the gap between high school and college. The Airmen knew how difficult this transition can be, especially for low income students. That's why they created the Scholarship Foundation in 1978. We emphasize students who want to pursue careers in aviation, aerospace and science.



CFC # 47202 • TAISF.org



Diabetes Research Institute Foundation

Our vision is a world without diabetes

As the most comprehensive research center dedicated to curing diabetes, we are intensely focused on the discovery of a biological cure. Building upon our extraordinary progress, the Institute is testing a tissue-engineered BioHub platform that restores natural insulin production, and tackling the complex challenges of the immune system. **For the millions affected by diabetes, the Diabetes Research Institute Foundation is the best hope for a cure.**



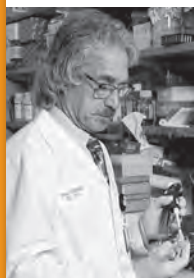
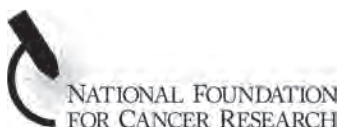
CFC# 11149

DiabetesResearch.org

Cancer Research America: National Foundation for Cancer Research

Research for a Cure

Since 1973 the National Foundation for Cancer Research has been leading the fight to prevent, treat and cure cancer—all cancer. With the help of our donors, NFCR supports cutting edge cancer research by funding the world's leading cancer researchers and scientists. Through the years, we've helped make numerous scientific breakthroughs, leading to new prevention and detection tools and better treatment options. **Please pledge your support today and help us continue to save lives.**



CFC #11267 • NFCR.org

Wycliffe Bible Translators

Give hope through Bible translation

The Bible reveals God's love and offers us hope and wisdom for life. There are 7,000+ languages used in the world today, yet more than 2,000 languages still don't have a single word of Scripture. God's love compels us to provide everyone with the opportunity to hear the Good News in a language that speaks to their hearts. **Thanks to donors like you, Wycliffe Bible Translators can provide the life-changing Word of God.**



Wycliffe®
Bible Translators

CFC #11737

Wycliffe.org/cfc

Children's Food Fund/World Emergency Relief

Giving Children a Living Chance™

For 34 years, we have delivered food to hungry children, provided medical care for the sick, supplied relief goods to disaster victims and given hope to millions living in poverty. The stories of our work are inspiring, such as our program in Kaziba, DR Congo, where we feed 60-100 kids daily who would otherwise go hungry, including this little girl. In our last audit, over 96% of donated resources helped people in need. **Our experience plus efficiency makes your gift really count!**



Children's
FOOD FUND
World Emergency Relief

CFC# 10984
CFF-WER.org

Breast Cancer Action

Help us end the breast cancer epidemic

Not your average breast cancer organization, Breast Cancer Action is fiercely independent and refuses corporate funding from any company or organization that profits from or contributes to breast cancer. As the watchdog of the breast cancer movement, **we educate, organize and take action for systemic change to ensure that fewer women develop and die from breast cancer** and so that no community bears a disproportionate burden of diagnosis or death from this disease.



BREAST
CANCER
ACTION®

CFC #12010

BCAction.org

Connecting heart and mind when we give

For most of us, giving comes from the heart. We give because we care. We give because we're moved by a tragedy or an injustice or a story – perhaps the story of someone we know who died of cancer or struggles with disability.

But when we give, it's good to connect our hearts with our minds. That can help our giving have the most impact, no matter how much or little we have to give.

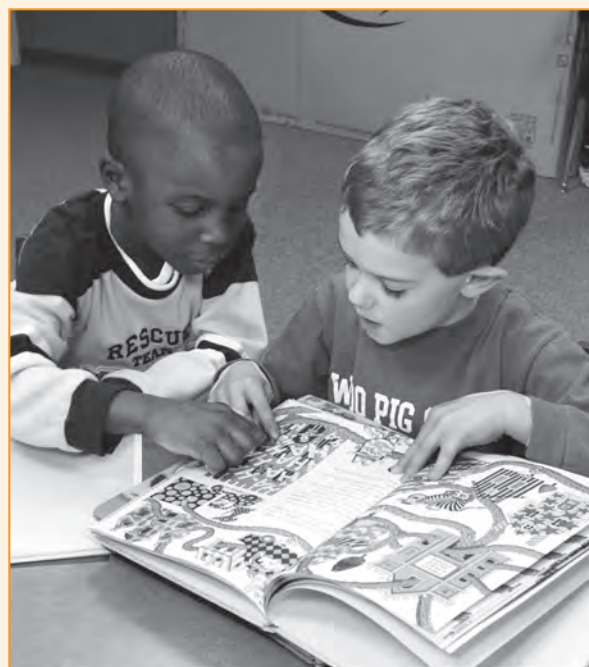
One useful way to think about giving away our money is how many think about investing money: **Diversify.** Don't put all your money into oil fields in Oklahoma....or a no-risk, low-interest savings account.

In giving, this principle means:

- **Support a range of charities:** local and national, new and old, small and large.
- **Support charities that work in many ways.** For many people, "charity" means direct services to people in need: food, housing, scholarships. But charities work in many ways: they educate people about an issue or need, advocate for change, protect people's rights. There are many ways to make a difference.
- **Invest in what you know.** Supporting a few charities you know

and trust makes sense, and it's a very efficient way to give – for you and the charities. You can see first-hand the impact of your donations.

- **Take risks.** "No risk, no gain." Over time, that safe low-interest savings account doesn't generate a lot of money to live off in retirement. In the charity world, some of the greatest advances have been stimulated by newer, less well-known charities. Think about the impact that supporting Martin Luther King's Southern Christian Leadership Council in the 1960s had on America in the 21st century.
- **Have a plan.** A plan can be very simple: 25% to my congregation or a faith-based charity, 25% to my community, 25% to charities working on global warming, 25% to charities helping the poor in other countries. Or 33% for charities helping the hungry and homeless, 33% to charities advocating for policies to help the hungry and homeless, 33% to charities supporting research on Alzheimer's Disease.
- **Don't invest before you verify.** Would you invest in something based



on a phone call or letter? It's the same when you invest in a charity. Today it's easy to verify a charity: look it up on GuideStar.org, a database of every registered charity in the country. You can also learn how big and how old a charity is and, with a little more time, how much it spends on overhead.

- **Don't let your mind block your heart!** Don't get bogged down worrying if you should support a certain charity. If it's doing work you care about and it's a real charity, support it.

PUTTING FAITH INTO ACTION



Support 25,000+ people serving the poor across the U.S. and in over 100 countries worldwide.

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AND NEEDY WORLDWIDE**

CFC # 10174

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CANCER INSTITUTE**

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Jimmy Fund®**

Dana-Farber.org

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cancer with Dana-Farber
Cancer Institute
and the Jimmy Fund.**

CFC #10080

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CFC #11074

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preventcancer.org

I deserve a better life

Right now puppies
like me are suffering
in puppy mills,
research labs and
factory farms
around the world.



Jean Chung/For HSI

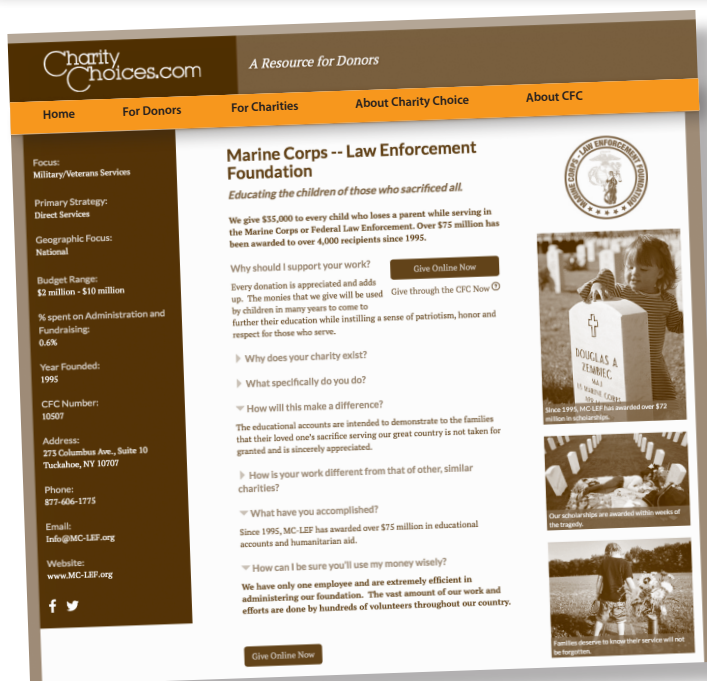
Humane Society of the United States

CFC # 11894

HumaneSociety.org

"What I like about your website is that it helps me learn what these charities really do with my donation."

—JULIA COLLINS



As you think about which charities to support, there is no better resource than

CharityChoices.com

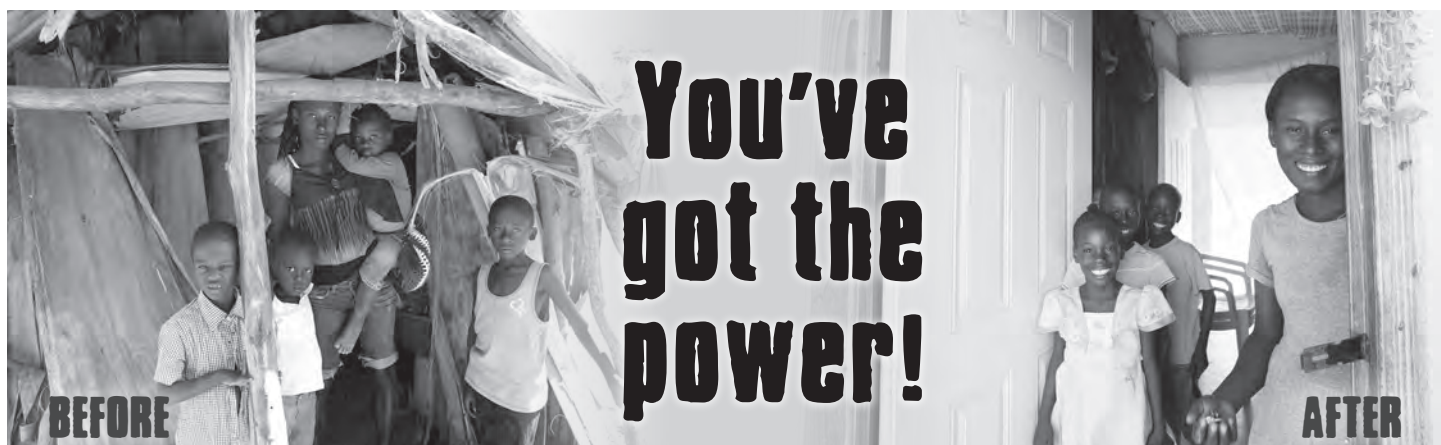
We tell you—

- ★ How a charity is making a difference.
- ★ What exactly it does.
- ★ What it's accomplished.
- ★ How much it spends on overhead.
- ★ How it's rated by charity watchdogs.

You can also find links to the charity's website, Facebook page, Twitter feed, videos and more.

Plus useful information for donors such as—

- ★ How to respond to disasters.
- ★ How to quickly check out any charity in the country.



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MORE THAN 10,397 HOMES IN HAITI.
With your help, we can transform communities.



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Over 25 Million Lifesaving Meals a Month	4,253 Safe & Secure Homes	Sponsorship for 7,760 Children	4,541 Tractor-Trailers of Aid	BBB ACCREDITED CHARITY bbb.org/charity
And So Much More!				

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