

2019 NATIONAL GUIDE DISTRIBUTION

- **59,600 distributed by hand at 87 U.S. Military Bases.**
- **10,000 inserted in *Recreation News* (Nov. issue).** This guide was inserted in copies going to federal and military employees outside the DC CFC's area, mainly WV, MD, PA, VA and NY.

Military Bases

AL Ft. Rucker Gunter AFB Maxwell AFB Redstone Arsenal	GA Fort Benning Fort Stewart Hunter AAF Kings Bay NSB Moody AFB Robins AFB	NM Holloman ARB Kirtland AFB
AR Little Rock AFB	IL Great Lakes Naval Station	NV Nellis AFB
AZ Davis-Monthan AFB Luke AFB	IN Harrison Village	NY Fort Drum West Point USMA
CA Camp Pendleton MCB Los Angeles AFB March AFB McClellan AFB Miramar NAS Moffett Field Naval Landing Field Imperial Beach North Island NAS Ord Military Community Port Hueneme NCBC San Diego NS Travis AFB	KS Fort Leavenworth Fort Riley	OH Wright-Patterson AFB
CO Buckley AFB Fort Carson Peterson AFB	KY Fort Campbell Fort Knox	OK Fort Sill Tinker AFB
CT Naval Sub Base Groton	LA Barksdale AFB Fort Polk	RI Newport NS
FL Eglin AFB Jacksonville NAS Mayport NAS Patrick AFB Pensacola NAS Tyndall AFB	MA Hanscom AFB	SC Charleston AFB Charleston NWS Fort Jackson Shaw AFB
DE Dover AFB	MD Aberdeen PG Patuxent River NAS	TN Memphis NAS
	MI Selfridge ANG Base	TX Fort Bliss Fort Hood Fort Worth NAS Lackland AFB Randolph AFB Sheppard AFB
	MO Fort Leonard Wood Whiteman AFB	UT Hill AFB
	MS Keesler AFB	VA Fort Eustis Fort Lee Joint Expeditionary Base, Little Creek Langley AFB Norfolk NAVSTA Oceana NAS Portsmouth NNSY Quantico MCCDC
	NC Camp Lejeune MCB Cherry Point MCAS Fort Bragg Fort Bragg South New River MCAS Seymour-Johnson AFB	
	NE Offut AFB	
	NJ McGuire AFB	

2019 DC-area CFC Guide Distribution

- **17,650 distributed by hand outside federal buildings and Metro stations near federal agencies, as well as outside large suburban Metro stations.** Altogether, we distributed guides that targeted employees at 125 DC-area federal and military agencies and offices (*below*). We stood outside large federal buildings and distributed at or near 41 Metro stations (*below*), most being near federal agencies. Our five distributors handed out guides during the early morning rush hours (6:30 – 9:00 am) over five weeks starting on Tuesday, Oct. 16.
- **10,000 distributed by hand to military employees at six DC-area bases.**
- **50,000 inserted in *Recreation News*** (November issue), the monthly magazine of Government Employee Associations. It is distributed internally at nearly 200 DC-area federal and military offices (*see list starting on page 3*).

Military Bases:

Distributed by hand at commissaries:

DC	Bolling AFB	Bureau of Engraving and Printing	Federal Maritime Commission
		Bureau of Labor Statistics	Food and Drug Administration
		Census Bureau	Food and Drug Administration
		Centers for Disease Control and Prevention	Center for Food Safety and Applied Nutrition
MD	Andrews AFB	Commerce Department	General Services Administration National Capital Region
	Fort Meade	Consumer Financial Protection Bureau	General Accounting Office
	Forest Glen	Education Department	Goddard Space Flight Center
		Education Department	Government Accountability Office
VA	Fort Belvoir	Federal Student Aid Office	Government National Mortgage Association (Ginnie Mae)
	Fort Myer	Energy Department (DOE)	Government Printing Office
		Economic Development Administration	Health and Human Services Department: Switzer, O'Neill, Humphrey & Cohen Buildings

Federal Offices

Agriculture Department North and South Buildings (USDA)	Federal Aviation Administration (FAA)	Government Printing Office
Agriculture Department Foreign Agricultural Service	Federal Bureau of Investigation (Hoover Bldg)	Health and Human Services Department: Switzer, O'Neill, Humphrey & Cohen Buildings
Agriculture Department Graduate School	Federal Communications Commission (FCC)	Health Resources and Service Administration
Agriculture Department of Animal and Plant Health Inspection Service	Federal Courthouse	Homeland Security Department
Agricultural Research Service	Federal Deposit Insurance Commission	Homeland Security Acquisition Service
Board of Governors of the Federal Reserve	Federal Emergency Management Agency (FEMA)	Housing and Urban Development Department
Bureau of Alcohol, Tobacco, Firearms and Explosives	Federal Energy Regulatory Commission	
	Federal Judicial Center	

CHARITABLE CHOICES

HUD Office of the Inspector General	National Museum of American History	State Department Bureau of Overseas Buildings Management
Import/Export Bank of the United States	National Museum of Natural History	Transportation Department (DOT)
Internal Revenue Service (IRS) IRS, New Carrollton Federal Building	National Museum of the American Indian	Treasury Department
IRS Taxpayer Assistance Centers	National Oceanographic and Atmospheric Administration	Treasury Department Bureau of Fiscal Service
Justice Department (DOJ)	National Portrait Gallery	US Attorneys Office
Justice Department Antitrust Division	NOAA Center for Weather and Climate Protection	US Comptroller of the Currency
Justice Department Civil Division	NOAA Central Library and National Weather Services	US Congressional Budget Office
Justice Department Office of Legislative Affairs	National Science Foundation	US Council on Environmental Quality
Labor Department	National Transportation Safety Board (NTSB)	US Citizenship and Immigration Services (USCIS)
Library of Congress	Naval Sea Systems Command	USCIS, Arlington Asylum Office
Los Alamos National Laboratory	Navy Bureau of Medicine and Surgery	US Court of Federal Claims
National Academy of Sciences	Navy Yard	US Courts Administrative Office
National Archives	New Executive Office Building	US Food Safety Inspection Services at Yates Federal Building
National Air and Space Administration (NASA)	Nuclear Regulatory Commission	US House of Representatives: Rayburn, Ford, Longworth and Cannon HOB
National Air and Space Museum	Office of Naval Research	US Immigration and Customs Enforcement (ICE)
National Building Museum	Office of Refugee Resettlement	US Mint - Headquarters
National Credit Union Administration	Office of the Law Revision Council	US Naval Intelligence
National Gallery of Art	Office of the US Trade Representative	US Parole Commission
National Institute of Allergy and Infectious Diseases	Old Executive Office Building (Eisenhower EOB)	US Patent and Trade Office: Remsen and Randolph Buildings
National Institute of Standards and Technology (NIST)	Renwick Gallery of the Smithsonian Museum	US Postal Service Headquarters
National Institutes of Health Campus (NIH)	Securities and Exchange Commission (SEC)	USPS Main Post Office, Brentwood
NIH Laboratory of Computational Biology	Small Business Administration	USPS Office of the Consumer Advocate
National Intrepid Center of Excellence at the Walter Reed Medical Center	Smithsonian Arts and Industries Building	US Senate: Hart and Russell Senate Office Buildings
National Museum of African Art	Smithsonian Institution Building ("The Castle")	US Small Business Administration
National Museum of American Art	Smithsonian Institution Hirshhorn Museum	
	Smithsonian Institution US Postal Museum	
	State Department	

CHARITABLE CHOICES

US Solicitor General
US Supreme Court
US Tax Court
Veterans Administration
Veterans Benefits
Administration
Voice of America
Walter Reed National Military
Medical Center
White House
White House Visitors Center

Metro Stations:

Archives/Navy Memorial
Ballston
Capitol South
College Park
Farragut North
Farragut West
Federal Center SW
Federal Triangle
Foggy Bottom
Franconia/Springfield
Gallery Place
Glenmont
Greenbelt
Grosvenor - Strathmore
Huntington
Judiciary Square King
Street
Largo Town Center
L'Enfant Plaza
McPherson Square
Medical Center
Metro Center
Navy Yard
New Carrollton
NoMa/Gallaudet
Pentagon City
Rhode Island Ave.
Rockville
Rosslyn
Shady Grove

Silver Spring
Smithsonian
Suitland
Twinbrook
Union Station
Vienna
Virginia Square
VRE Station nr. L'Enfant Plaza
Wheaton
Wiehle-Reston
White Flint

Recreation News Inserts:

*We inserted 50,000 DC
guides in the Nov. issue,
which is distributed in these
offices:*
Aberdeen Proving Ground
Agriculture Dept.: *Food and
Nutrition Service – National
Agricultural Statistics Service –
Food Safety Inspection Service
– Beltsville Agricultural
Research Center*
Air Force Recreation Services -
Pentagon
Air Force - Pentagon
Andrews AFB
Armed Forces Hostess
Association
Armed Forces Retirement
Home
Bolling A.F.B. - *Automotive
Skill Center - Child
Development Center - Fitness
Center - Library - Lodging
Office - Marina - Skills
Development Center - Youth
Activity Center*
Bowhead Support Services
Bureau of Customs and Border
Protection
Bureau of Economic Analysis
Bureau of Engraving & Printing

Bureau of Engraving & Printing
- *Annex*
Bureau of Labor Statistics
Census Bureau
Commerce Department
Commodity Futures Trading
Commission
Communications Center FMD
Defense Logistics Agency
Defense Supply Center MWR
Department of Army MWR
Department of Commerce
Department of Education
Department of Transportation
Department of Energy
Department of State
Environmental Protection
Agency
FBI Training Academy
FBI-RA, *Cheverly*
FBI-RMD, *Winchester*
FDA -Human Resource
Development
FDA - *College Park*
FDA - *White Oak*
Federal Aviation
Administration
Federal Aviation
Administration -TRACON
Federal Aviation
Administration, *Forestville*
Federal Communications
Commission
Federal Deposit Insurance
Company
Federal Energy Regulatory
Commission - *Fitness Center -
Supply Office*
Federal Judiciary
Federal Maritime Commission
Federal Mediation &
Conciliation Service
Federal Register
Federal Reserve Board

CHARITABLE CHOICES

Federal Retirement Thrift Investment Board
 FEMA, *Emmitsburg, Gaithersburg and Washington*
 Foreign Affairs Defense & Trade Division FDT
 Foreign Affairs Recreation Association
 Fort Belvoir - *Defense Logistics Agency - Equipment Issue Center - Intellectual Property Office - MWR*
 Fort Meade - *Air Force – US Army MWR - 5 Hats Dining Facility - DOD- NSA-CWF Fort Myer – Recreation Division – Commissary - MWR*
 General Services Admin. - ADA Branch
 General Services Administration
 Goddard Space Center - Building 1
 Goddard Space Center GEWA
 Government Printing Office
 Graduate School - USDA
 Health & Human Services - *Parklawn*
 HUD
 Interior Department
 Internal Revenue Service
 Internal Revenue Service - *Lanham*
 Justice Department
 Justice Department - Immigration Court
 Justice Department – Criminal Training Division
 Labor Department
 Library of Congress - *Fed Link Operations - Customer Service Division*
 Library of Congress, *Capital Heights and Landover*
 Marine Corps Community Service
 Marine Corps Exchange

Marine Corps University
 Military Sealift Command
 NASA Headquarters
 NASA, Washington
 National Academy of Sciences
 National Air and Space Museum, *Education Services Unit*
 National Archives, *College Park*
 National Credit Union Admin.
 National Center for Infants, Toddlers and Families
 National Gallery of Art, *Landover*
 National Guard Armory
 National Imagery & Mapping Agency
 National Imagery & Mapping Agency, *Bethesda*
 National Institute of Corrections
 National Institute of Health: *Main campus, No. Bethesda, Rockville*
 National Institute of Standards & Technology
 NIST - *SEBA*
 National Labor Relations Board
 National Naval Medical Center
 National Park Service - *COSPI - Fort Washington - Oxon Hill Farm - Presidents Park*
 National Science Foundation
 NSF Division of Earth Sciences
 National Security Agency - MWR
 National Technological Information Service
 National Transportation Safety Board
 National Wildlife Visitor Center
 Naval Audit Service
 Naval District Washington

NDW Catering and Conference Center
 Naval Facilities Engineering Command
 Naval Family and Fleet Readiness
 Naval Observatory
 Naval Research Laboratory
 Naval Support Activity/ITT
 Naval Support Facility
 Naval Surface Warfare Center
 Navy Exchange Service
 NIH Federal Credit Union
 NIH *Human Resources /OD/OHR*
 NOAA, *Germantown*
 Nuclear Regulatory Commission
 Office of Ceremonial Services
 Office of Personnel Management
 Patent and Trade Office
 Patuxent River Naval Air Station - *Safety Office - MWR*
 Patuxent River Park
 Post Office D.C. Main
 Postal Service Headquarters
 Securities and Exchange Commission
 Smithsonian Institution
 Smithsonian Institution, *Arlington*
 Social Security Administration, *DC, Winchester, Falls Church, Silver Spring*
 Social Security Admin. – *Employees Activities Association office*
 Transportation Department
 Treasury Department
 Treasury Department - *PG Plaza II*
 Treasury Department Federal Credit Union

CHARITABLE CHOICES

Treasury Department - *Office of Financial Analysis – Financial Management Service*

U.S. Attorneys Office

U.S. Bankruptcy Court, *Baltimore*

U.S. Census Bureau

U.S. Coast Guard - Director

U.S. Coast Guard - HQ

U.S. Coast Guard - MWR

U.S. Court of Appeals-Veterans Claims

U.S. Customs – *Financial Crimes Enforcement Network*

U.S. Customs Service, *DC and Dulles Airport*

U.S. Geological Survey

U.S. International Trade Commission

U.S. Mint

U.S. Patent and Trademark Office, *Assignment Services Branch*

U.S. Postal Inspection Service

U.S. Secret Service

U.S. Senate

U.S. Tax Court

U.S. Uniformed Services

University of the Health Sciences

USDA Animal and Plant Health Inspection Service, *Reston*

USDA Animal and Plant Health Inspection Service

USDA Beltsville Human Nutrition Research Center

USPS, *Flintstone*

Warfighter and Family Services Center

Washington Air Traffic Controllers

2019 HOLIDAY/POST GUIDE DISTRIBUTION

61,565 inserted in the *Post* on Sunday, Nov. 17. We targeted communities served by our local charities and the *Post* zones with the most federal employees. The average household income for subscribers receiving our guides was nearly \$150,000.

16,957 distributed by hand at or near 126 DC-area federal and military agencies. Our four distributors stood outside large federal buildings and at 39 Metro stations (*below*), most being near federal agencies. We positioned our distributors to hand out guides to people heading towards nearby agencies. They distribute early (6:30 – 9:00 am) to get people going *into* work. We started distributing these guides earlier this year – Tuesday, Nov. 17 – with Thanksgiving being so late in the month.

1,200 inserted in *Recreation News* (Dec. issue), the monthly magazine of Government Employee Associations.

POST ZONES:

Washington, DC

20th Street
Anacostia
Benning
Brookland
Cleveland Park
Congress Heights
Friendship Heights
Georgetown
Kalorama
Kendall Green
L'Enfant Plaza
Le Droit Park
Northwest
Southeast
Walter Reed
Watergate

Arlington County

Arlington South
Arlington Central
Court House
Eads
North Arlington
Preston King
Rosslyn
Shirlington

Prince George's County

Accokeek
Bowie
Brandywine
Capitol Heights
Cheverly
Clinton
District Heights
Fort Washington
Glenn Dale
Mitchellville
Oxon Hill
Temple Hills

Montgomery County

Bethesda
Cabin John
Chevy Chase
Friendship Heights
Olney Cluster
Pike
Poolesville Cluster
Potomac
Rockville
Takoma Park
Twinbrook
West Bethesda

Fairfax County

Annandale
Belle View
Centreville
Chantilly
Engleside
Fairfax
Fairfax Station
Falls Church
Franconia
Ft. Belvoir
Great Falls
Herndon
Jefferson Manor
Kingstowne
Lorton
McLean
Olde Town
Park Fairfax
Pickett
Potomac
Reston
Vienna
Wellington
West Springfield

FEDERAL OFFICES:

Agriculture Department <i>North and South Buildings, Foreign Agricultural Service, Graduate School, Animal and Plant Health Inspection Service, Agricultural Research Service</i>	and Applied Nutrition General Services Administration National Capital Region General Accounting Office	National Gallery of Art National Institute of Allergy and Infectious Diseases National Institute of Standards and Technology
Bureau of Alcohol, Tobacco, Firearms and Explosives	Government Accountability Office	National Institutes of Health Campus
Bureau of Engraving and Printing	Goddard Space Flight Center	NIH Laboratory of Computational Biology
Bureau of Labor Statistics	Government National Mortgage Association	National Intrepid Center of Excellence at the Walter Reed Medical Center
Census Bureau	Government Printing Office	National Museum of African Art
Centers for Disease Control and Prevention	Health and Human Services Department: <i>Switzer, O'Neill, Humphrey and Cohen Bldgs.</i>	National Museum of American Art
Commerce Department	Health Resources and Service Administration	National Museum of American History
Consumer Financial Protection Bureau	Homeland Security Department	National Museum of Natural History
Education Department	Homeland Security Acquisition Service	National Museum of the American Indian
Education Department	Housing and Urban Development Department	National Oceanographic and Atmospheric Administration
Federal Student Aid Office	HUD Office of the Inspector General	National Portrait Gallery
Energy Department (DOE)	Import/Export Bank	NOAA <i>Center for Weather and Climate Protection, Central Library, National Weather Services</i>
Economic Development Administration	Internal Revenue Service	National Science Foundation
Environmental Protection Agency (EPA)	IRS - <i>New Carrollton Federal Building, IRS Taxpayer Assistance Centers</i>	National Transportation Safety Board (NTSB)
Federal Aviation Administration (FAA)	Justice Department, <i>Antitrust Division, Civil Division, Office of Legislative Affairs</i>	Naval Sea Systems Command
Federal Bureau of Investigation – Hoover Bldg	Labor Department	Navy Bureau of Medicine and Surgery
Federal Communications Commission (FCC)	Library of Congress	Navy Yard
Federal Courthouse	Los Alamos National Laboratory	New Executive Office Building
Federal Deposit Insurance Commission	National Academy of Sciences	Nuclear Regulatory Commission
Federal Emergency Management Agency	National Archives	Office of Naval Research
Federal Energy Regulatory Commission	National Air and Space Administration (NASA) Headquarters	Office of Refugee Resettlement
Federal Judicial Center	National Air and Space Museum	Office of the Law Revision Council
Federal Maritime Commission	National Building Museum	Office of the US Trade
Federal Reserve Board of Governors	National Credit Union Administration	
Food and Drug Administration		
FDA Center for Food Safety		

CHARITABLE CHOICES

Representative	US Patent and Trade Office: <i>Remsen and Randolph Bldgs.</i>	Largo Town Center
Old Executive Office Building (Eisenhower EOB)	US Postal Service Headquarters	L'Enfant Plaza
Renwick Gallery of the Smithsonian Museum	USPS Main Post Office, Brentwood	McPherson Square
Securities and Exchange Commission (SEC)		Medical Center
Small Business Administration	USPS Office of the Consumer Advocate	Metro Center
Smithsonian Arts and Industries Building	US Senate: <i>Hart and Russell Senate Office Buildings</i>	Navy Yard
Smithsonian Institution Building ("The Castle")	US Small Business Administration	NoMa/Gallaudet
Smithsonian Institution Hirshhorn Museum	US Solicitor General	Pentagon City
Smithsonian Institution US Postal Museum	US Supreme Court	Rhode Island Ave.
State Department	US Tax Court	Rosslyn
State Department Bureau of Overseas Buildings Management	Veterans Administration	Shady Grove
Transportation Department	Veterans Benefits Administration	Silver Spring
Treasury Department	Voice of America	Smithsonian
US Attorneys Office	Walter Reed National Military Medical Center	Suitland
US Comptroller of the Currency	White House	Twinbrook
US Congressional Budget Office	White House Visitors Center	Union Station
US Council on Environmental Quality		Vienna
US Citizenship and Immigration Services	METRO STATIONS:	Virginia Square
USCIS, Arlington Asylum Office	Archives/Navy Memorial	VRE Station near L'Enfant Plaza
US Court of Federal Claims	Ballston	White Flint
US Courts Administrative Office	Bethesda	
US Food Safety Inspection Services	Capitol South	
US House of Representatives: <i>Rayburn, Ford, Longworth and Cannon HOB</i>	Clarendon	
US Immigration and Customs Enforcement (ICE)	College Park	
US Mint Headquarters	Dunn Loring/Merrifield	
US Naval Intelligence	Farragut North	
US Parole Commission	Farragut West	
	Federal Center SW	
	Federal Triangle	
	Foggy Bottom (State Dept.)	
	Franconia/Springfield	
	Friendship Heights	
	Glenmont	
	Greenbelt	
	Judiciary Square	
	King Street	
	Landover	