PLEASE BE THERE
For Those Who Need Your Support!

A GUIDE to Charities YOU Can Support Through the Combined Federal Campaign.*

INSIDE: Give through the CFC?

CharityChoices.com
Charitable Choices 2015 DC Guide

*If you cannot give through the CFC, you can support these charities directly
“I’ve always helped other people. Now other people are helping me.”
—single mother who lost her home in a hurricane

This woman reminds us of one reason to support those who need our help: we are all just one storm, one layoff, one sick child away from needing help ourselves.

By giving, we’re not only directly helping people who need our help, we’re also helping build a better, more supportive world for all of us.

Why Give through the CFC?

• The CFC allows you to decide whom to help.

The CFC allows you to give to a very broad range of charities. You can choose to help the refugees streaming into Europe, the homeless still on our streets, abused animals, girls denied education, people struggling with dreaded diseases.

• The CFC also allows you to decide how to make a difference.

You can support the better known charities that are helping many people. Or you can support—and find out about—much smaller, often newer charities.

These are the kinds of charities many would like to support…if they knew about their work. They are often led by deeply motivated staff and volunteers; they are often trying new approaches or working on new challenges.

• Through the CFC, hundreds of these smaller, less well-known charities get crucial support.

Yes, you can give to most charities online. But when you look for charities online, it is a lot easier to find the well-known charities than the ones whose name you may not know but whose work is exactly what you want to support.

And unlike giving to charities online, by giving through the CFC, you know each charity has met 10 accountability standards, such as having an audit.

• Plus the CFC allows you to give in a way that really makes a difference for all charities.

You do this by having a little of your gift deducted from each paycheck. This gives charities a steady stream of support through the year, which allows them to plan and do more.

This also allows you to give more: a deduction of just $5 a week—one fancy coffee—adds up to a gift of $260 a year.

Why This Guide?

This guide tells you about the work of a broad range of CFC charities. Each has met the CFC’s 10 accountability standards. You can learn more about each charity by going to CharityChoices.com.

Whichever charities you choose, Please be there for those who need your support. Thank you.
ADOPTION

Adoptable Children (North American Council)
970 Raymond Ave., Suite 106
St. Paul, MN 55114

More than 101,000 foster children need adoptive families. Your donation helps us find loving parents for these children, support adoptive families and raise adoption awareness. 14.7% (#11805) NACAC.org

ACCOUNTABLE GOVERNMENT

Government Accountability Project
1612 K St. NW, Suite 1100, Washington, DC 20006

Defends corporate and federal government whistleblowers, substantiates their concerns and brings to national attention problems related to public health, food safety, national security and human rights, banking and the environment. 19.2% (#11519) WhistleBlower.org

AGING

Hebrew Home of Greater Washington
6121 Montrose Rd., Rockville, MD 20852

Respectful nursing home care, compassionate dementia care and highly successful post-acute services. New ElderSAFE center safeguards seniors from abuse. Many senior living options, open to all. 17% (#49705) (UW #8111) Hebrew-Home.org

Jewish Council for the Aging of Greater Washington (JCA)
12320 Parklawn Dr., Rockville, MD 20852

Helping over 30,000 local elders of all faiths to thrive through award-winning programs that include adult day services, transportation, employment, technology training, information, outreach and diverse intergenerational services. 17.7% (#52847) (UW #8127) AccessJCA.org

ANIMAL/WILDLIFE PROTECTION

Alley Cat Allies
7920 Norfolk Ave., Suite 600, Bethesda, MD 20814

Alley Cat Allies is the only national organization dedicated to protecting and improving cats’ lives. Help us transform the way our society and shelter system cares for cats! 17.4% (#10964) AlleyCat.org

Days End Farm Horse Rescue, Inc.
1372 Woodbine Rd., PO Box 309, Lisbon, MD 21765

Emaciated, infested with parasites, jagged teeth, ulcers, painfully overgrown hooves...Horses arrive at DEFHR critically ill and near death. With your support, horses are rehabilitated and adopted. Daily Tours 9am–4pm. 16.4% (#11897) DEFHR.org

Defenders of Wildlife
1130 17th St. NW, Washington, DC 20036

Working since 1947 to save America’s endangered animals and their threatened habitat for future generations through public education, citizen advocacy, legal action and scientific research. 11.2% (#10624) Defenders.org

Friends of Homeless Animals
PO Box 415, Aldie, VA 20105

FOHA is a no-kill animal shelter located in Northern Virginia—dedicated to caring for abandoned and abused dogs and cats while they wait for their permanent, loving homes. 7.4% (#83554) (UW #9822) FOHA.org

PETS-Washington DC (PETS-DC)
PO Box 75125, Washington, DC 20013

PETS-DC assists people with HIV/AIDS and other disabling conditions in caring for their pets (public health education, pet food, supplies and veterinary care) in the metropolitan area. 11.1% (#13572) (UW #8456) PetsDC.org

ARTS

WETA
3939 Campbell Ave., Arlington, VA 22206

Local, not-for-profit public broadcasting station, WETA serves the Greater Washington community, producing and broadcasting radio and television programs of intellectual integrity and cultural merit that inspire, enlighten and entertain. 16.5% (#99581) WETA.org

CHILDREN

A Child’s Hope Fund
2588 F El Camino Real PMB 313
Carlsbad, CA 92008

Fight cancer and other debilitating health conditions in children by supporting ACHF’s medical and food programs for children and families worldwide endangered by disease, poverty and exploitation in developing countries. 0.3% (#10978) AChildsHopeFund.org

Birth Defect Research for Children, Inc.
976 Lake Baldwin Lane, Suite 404
Orlando, Fl. 32814

Because every birth defect has a cause, we sponsor the National Birth Defect Registry and Healthy Baby Resource. Families of children with birth defects receive information, support and parent networking. 9.1% (#10374) BirthDefects.org

Learn more about the work of each of these charities: CharityChoices.com.
CHILDREN (cont.)

Children’s Food Fund/World Emergency Relief
425 W. Allen Ave., #111, San Dimas, CA 91773
For 30 years, we have delivered food to hungry children, provided medical care for the sick, supplied relief goods to disaster victims and given hope to millions living in poverty. 2.2% (#10984) CFF-WER.org

Children’s Fund
PO Box 7936, McLean, VA 22106
We care for orphans and vulnerable children by providing food and clothing, enabling them to attend school. We support grassroots leaders who rescue children from abuse and exploitation. BobLicitra@ChildrensFund.net 4.4% (#12195) ChildrensFund.net

Children’s Inn at NIH
7 West Dr., Bethesda, MD 20814
The Inn provides “A Place Like Home” in a healing environment for seriously ill children and families to stay together while participating in groundbreaking medical treatment at NIH. 14.5% (#10324) ChildrensInn.org

Children International
2000 E. Red Bridge Rd., Kansas City, MO 64131
Your support makes a life-changing difference to children living in poverty. Children International delivers comprehensive programs focused on health, education, empowerment and job readiness for children and youth around the world. 17% (#12078) Children.org

Food for the Hungry, Inc.
1224 E. Washington St.
Phoenix, AZ 85034
A Christian international relief and development organization walking with the poor and disadvantaged to bring an end to physical and spiritual hungers around the world. 18.5% (#11732) FH.org

Make-A-Wish Foundation® of America
4742 N. 24th St., Suite 400
Phoenix, AZ 85016
Make-A-Wish® grants the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy. 23.9% (#11375) Wish.org

Paralyzed Veterans of America Spinal Cord Research Foundation
801 18th St. NW, Washington, DC 20006
Funds research to restore function and improve the quality of life for veterans and all others paralyzed by spinal cord injury or disease. 0.2% (#12096) PVAresearch.org

Conservation

National Park Foundation
1110 Vermont Ave. NW, Suite 200
Washington, DC 20005
The National Park Foundation, in partnership with the National Park Service, enriches America’s national parks and programs through private support, safeguarding our heritage and inspiring generations of national park enthusiasts. 21.8% (#11252) NationalParks.org

National Wildlife Federation
11100 Wildlife Center Dr., Reston, VA 20190
America’s conservation organization, protecting wildlife for our children’s future by restoring wildlife habitat, protecting national waters and connecting people with nature through education programs and publications, including Ranger Rick Magazine. 19.9% (#10622) NWF.org

Disabilities

American Academy for Cerebral Palsy and Developmental Medicine
555 E. Wells St., Suite 1100,
Milwaukee, WI 53202
Leading the way to optimal quality of life for individuals with cerebral palsy and other developmental disabilities through professional education, research and advocacy. Our values are family-centered, collaboration and innovation. 17% (#10581) AACPDM.org

Disaster Relief

All Hands Volunteers
6 County Rd., Suite 6, Mattapoisett, MA 02739
A U.S.-based nonprofit providing hands-on assistance to disaster-affected communities worldwide. We provide immediate support to communities by harnessing the energy of dedicated volunteers. 11.4% (#15421) Hands.org

Domestic Violence

House of Ruth
5 Thomas Circle NW, Washington, DC 20005
Annually provides housing and recovery services to more than 1,000 women and children who are survivors of domestic violence in Washington, DC, and outreach to 17,000 households. Founded in 1976. 14.5% (#83599) HouseofRuth.org

House of Ruth Maryland, Inc.
2201 Aragonne Dr., Baltimore, MD 21218
HRM leads the fight to end violence against women and children. Serves over 15,000 annually through emergency shelter, transitional housing, counseling, legal, teen education and outreach services. 24-Hour Hotline 410–889–RUTH (7884). 14.5% (#75849) (UW #9416) HRUTH.org
Cancer Aid and Research Fund
20280 N. 59th Ave., Suite 115-709
Glendale, AZ 85308
Awards scientific research grants, provides medical supplies and equipment to medical clinics and hospitals worldwide. Provides funds for cancer support groups for patients, children and families. Curing begins with caring. 1.5% (#10617)
CancerAidResearch.org

Tuskegee Airmen Scholarship Foundation
1816 S. Figueroa St., Suite 418
Los Angeles, CA 90015
We help keep alive the legacy of the Tuskegee Airmen—who helped integrate the military and our country—by granting scholarships to 40 financially disadvantaged and deserving high school seniors every year. 23.5% (#47202) taisf.org

Chesapeake Bay Foundation
6 Herndon Ave., Philip Merrill Environmental Center
Annapolis, MD 21403
Save the Bay! We’re committed to reducing pollution, improving fisheries, protecting and restoring natural resources and building an environmental ethic in the Chesapeake Bay watershed. 14.9% (#11325) CBF.org

National Parks Conservation Association
777 6th St. NW, Suite 700, Washington, DC 20001
Voice of the American people in the struggle to protect wildlife, majestic scenery, history and culture in parks from Yellowstone to Gettysburg. Fights air and water pollution, overdevelopment and noise. 24% (#12069) NPCA.org

A Child’s Hope Fund
2588 F El Camino Real PMB 313,
Carlsbad, CA 92008
Fight cancer and other debilitating health conditions in children by supporting ACHF’s medical and food programs for children and families worldwide endangered by disease, poverty and exploitation in developing countries. 0.3% (#10978) AChildsHopeFund.org

American Kidney Fund
11921 Rockville Pike, Suite 300
Rockville, MD 20852
The nation’s leading source of charitable assistance to dialysis patients in need, we help people fight kidney disease and live healthier lives. Last year we provided direct financial assistance to 84,000 people. 2.4% (#11404) KidneyFund.org

Arlington Free Clinic
2921 11th St. South, Arlington, VA 22204
Arlington Free Clinic provides free, high quality medical care to low-income uninsured Arlington County adults through the generosity of donors and volunteers. 22.1% (#86926) (UW #8247) ArlingtonFreeClinic.org

Diabetes Research Institute Foundation
200 S. Park Rd., Suite 100, Hollywood, FL 33021
A recognized world leader, the DRI is committed to curing children and adults living with diabetes and leads the world in bringing promising treatments to patients as quickly as possible. 23.8% (#11149) DiabetesResearch.org

Hepatitis Foundation International
8121 Georgia Ave, Suite 350
Silver Spring, MD 20910
The Hepatitis Foundation International reaches more than 5 million people annually to reduce preventable liver disease, link patients to care, educate providers, and promote research. 9.9% (#11842) HepatitisFoundation.org

National Breast Cancer Foundation, Inc.
2600 Network Blvd., Suite 300, Frisco, TX 75034
Helping women now. Providing help and inspiring hope to those affected by breast cancer through early detection, education and support services. 18.9% (#10072) NationalBreastCancer.org
**HOMELESS**

**Christ House**
1717 Columbia Rd. NW, Washington, DC 20009
Comprehensive health care for sick, homeless men and women and assistance in addressing critical issues to break the cycle of homelessness: 24-hour medical care, food services, addictions treatment and housing placement. 18.5% (#34256) [ChristHouse.org](http://ChristHouse.org)

**Coalition for the Homeless, Inc. (DC)**
1234 Massachusetts Ave. NW, Suite C-1015 Washington, DC 20005
The Coalition for the Homeless provides transitional and permanent housing, employment placement assistance, substance abuse counseling and supportive social services to individuals and families who are homeless or vulnerable. 8% (#83436) [DCCFH.org](http://DCCFH.org)

**Mary House**
4303 13th St. NE, Washington, DC 20017
Volunteer organization working directly with homeless and refugee families. Managing eight houses and 40 apartments for over 50 families. Providing shelter, transitional and long-term supportive housing, food, clothing and furniture. 3.7% (#33368) [MaryHouse.org](http://MaryHouse.org)

**SOME – So Others Might Eat**
71 O St. NW, Washington, DC 20001
SOME restores hope and dignity to the homeless through comprehensive services, including meals (1,000 served daily), medical care, addiction treatment, job training and 650+ units of permanent affordable housing. 202–797–8806. 5.7% (#74405) [SOME.org](http://SOME.org)

**HOSPICE**

**Capital Caring**
2900 Telestar Ct., Falls Church, VA 22042
Provides expert medical, emotional, spiritual and practical care for people living with serious advanced illness, regardless of ability to pay, as well as support for their loved ones. Serves N.Va/DC/MD. 9.3% (#39664) [CapitalCaring.org](http://CapitalCaring.org)

**Montgomery Hospice**
1355 Piccard Dr., Suite 100, Rockville, MD 20850
Compassionate end-of-life medical, emotional and spiritual care provided in homes, facilities and at Casey House. Specialized pediatric hospice program. Grief support and education for the community without charge. 14.4% (#85936) [MontgomeryHospice.org](http://MontgomeryHospice.org)

**HUNGER**

**Capital Area Food Bank**
4900 Puerto Rico Ave. NE
Washington, DC 20017
The CAFB is the region’s largest hunger relief organization and this year distributed 42 million pounds of food—a third of which was fresh produce—through its network of 469 food assistance partners. 7.7% (#30794) [CapitalAreaFoodBank.org](http://CapitalAreaFoodBank.org)

**Farmers and Hunters Feeding the Hungry**
PO Box 323, Williamsport, MD 21795
Help put meat on the table for hungry children and families! We pay the butchering fees for donated deer and livestock providing an innovative solution to America’s hunger problem. 10.6% (#10308) [FHFH.org](http://FHFH.org)

**Food For The Poor, Inc.**
6401 Lyons Rd., Coconut Creek, FL 33073
Food For The Poor serves the poor in 17 countries in the Caribbean and Latin America, providing food, housing, water, healthcare, education, emergency relief and micro-enterprise assistance. 3.6% (#10328) [FoodForThePoor.org](http://FoodForThePoor.org)

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For more copies: 240-683-7100 or info@CharityChoices.com
INTERNATIONAL

Adventist Development & Relief Agency International – ADRA
12501 Old Columbia Pike
Silver Spring, MD 20904
Imagine living without clean water, health services, education or a steady job. Gifts support ADRA’s empowering development and relief programs in the U.S. and around the world. 1–800–424–ADRA. 13% (#10654)
ADRA.org

Children International – International Programs
2000 E. Red Bridge Rd.
Kansas City, MO 64131
Your support makes a life-changing difference to children living in poverty. Children International delivers comprehensive programs focused on health, education, empowerment and job readiness for children and youth around the world. 17% (#12078)
Children.org

Lutheran World Relief
700 Light St., Baltimore, MD 21230
Lutheran World Relief works to improve the lives of smallholder farmers and people experiencing poverty in Africa, Asia and Latin America, both in times of emergencies and for the long-term. 12.8% (#11114)
LWR.org

Operation Blessing International
977 Centerville Turnpike, Virginia Beach, VA 23463
One of the largest charities in America, providing strategic disaster relief, medical aid, hunger relief, safe water and orphan care in 27 countries around the world on a daily basis. 0.9% (#10530)
OperationBlessing.org

Arthritis National Research Foundation
200 Oceangate, Suite 830, Long Beach, CA 90802
Arthritis is the #1 cause of disability, affecting over 50 million Americans including 300,000 children. ANRF is leading the way through arthritis research. With your support we can cure arthritis. 9.1% (#11031) CureArthritis.org

Bipolar Research Foundation, Juvenile
277 Martine Ave., Suite 226, White Plains, NY 10601
JBRF orchestrates cutting-edge collaborative research in order to improve diagnosis, promote early intervention and discover the root causes of bipolar disorder in children and adolescents. 4.1% (#12148)
JBRF.org

Breast Cancer Aid and Research Institute
19176 N. 115th Dr., Surprise, AZ 85374
Awards scientific research grants. Provides medical supplies, equipment and humanitarian aid to hospitals and clinics that treat breast cancer and other degenerative diseases. Sponsors breast cancer support groups. 1% (#41620)
BreastCancerInstitute.org

Breast Cancer Research and Assistance Fund
20280 N. 59th Ave., #115-312, Glendale, AZ 85308
Provides research grants, medical equipment and supplies to hospitals. Sponsors cancer support groups. Provides educational materials for patients and families. Curing begins with our compassionate care. 1.5% (#10944) BreastCancer-Research.org

Cancer Prevention and Treatment Fund
1001 Connecticut Ave. NW, Suite 1100
Washington, DC 20036
Helps children and adults prevent cancer and find the most effective treatments. Together we can stop cancer before it starts! We save lives every day with research, help and hope. 1.2% (#11967)
StopCancerFund.org

Cancer Research: Cell & Gene Targeted Treatments
96 Cummings Point Rd., Stamford, CT 06902
Attack only the cancer—not the patient. Support cancer research: cell and gene targeted treatments. 100% of your donation will fund research for all cancers. 5.2% (#41537)
acgtfoundation.org

JDRF International
26 Broadway, 14th Floor, New York, NY 10004
JDRF is the leading global organization funding type 1 diabetes and the only one with a strategic plan that will progressively lessen the impact of the disease until a cure is found. 19.2% (#10569) JDRF.org

Paralyzed Veterans of America Spinal Cord Research Foundation
801 18th St. NW, Washington, DC 20006
Funds research aimed at restoring function and improving the quality of life for veterans and all others paralyzed by spinal cord injury or disease. 0.2% (#12096) PVAResearch.org

MILITARY/VETERANS

Iraq and Afghanistan Veterans of America
292 Madison Ave., Floor 10, New York, NY 10017
IAVA’s mission is to connect, unite and empower post-9/11 veterans. Through assistance, advocacy and awareness, we address critical issues facing veterans including mental health, employment and GI Bill educational benefits. 22% (#75335) IAVA.org

MEDICAL RESEARCH

Alzheimer’s Research Foundation, Fisher Center
110 E. 42nd St., 16th Floor
New York, NY 10017
Research into the cause, care and cure of Alzheimer’s, led by Nobel Prize winner Dr. Paul Greengard. Your contribution will bring us closer to a cure. Donate today. 8.7% (#11029)
AlzInfo.org

Where to give away cars, computers, clothes, more in the DC area: Charity Choices.com.
MILITARY/VETERANS (cont.)

Marine Corps – Law Enforcement Foundation
273 Columbus Ave., Suite 10
Tuckahoe, NY 10707
Scholarships to children of Marines and Federal law enforcement personnel who die while on active duty. Over $64 million awarded since 1995. 98.4% of every dollar goes toward the mission. 1.6% (#10507)
MC-LEF.org

Paralyzed Veterans of America Spinal Cord Injury Education and Training Foundation
801 18th St. NW, Washington, DC 20006
Funds educational projects (i.e. books, videos, curriculum) enabling veterans and others with spinal cord dysfunction, their caregivers and their healthcare providers to improve the quality of their lives. 0.6% (#11958) PVAResearch.org

Veterans Consortium Pro Bono Program
2101 L St. NW, Suite 420, Washington, DC 20037
Recruits and trains lawyers to provide free representation to America’s veterans and family members with valid appeals at the U.S. Court of Appeals for Veterans Claims. 0.0% (#95004) VetsProBono.org

Every charity in this guide has met the Combined Federal Campaign’s 10 Accountability Standards.

POVERTY

Arlington Thrive
PO Box 7429, Arlington, VA 22207
Provides same-day emergency financial assistance to Arlington residents who are in crisis and cannot pay bills for housing, utilities, medical/dental care, prescriptions and transportation. Arlington Thrive’s assistance can prevent homelessness. 9.1% (#27295) (UW #8406) ArlingtonThrive.org

SOCIAL AND ECONOMIC JUSTICE

Unitarian Universalist Service Committee
689 Massachusetts Ave., Cambridge, MA 02139
UUSC is a human rights organization powered by grassroots collaboration. We foster social justice, protect rights at risk and work toward a world free from oppression. 17% (#11685) UUSC.org

WOMEN

Fonkoze USA
1718 Connecticut Ave. NW, Suite 201
Washington, DC 20009
Fonkoze is Haiti’s largest microfinance institution, serving Haiti’s rural poor with both financial and development services. We work to enable Haitians—primarily women—to lift their families out of poverty. 15.2% (#31204) Fonkoze.org

NARAL Pro-Choice America Foundation
1156 15th St. NW, Suite 700
Washington, DC 20005
Protect, as a fundamental right, a woman’s freedom to make personal decisions regarding the full range of reproductive choices through education, training, organizing, legal action and public policy. 37.3% (#11714) ProChoiceAmerica.org

YOUTH

Abused and Homeless Children’s Refuge – Alternative House
PO Box 694, Dunn Loring, VA 22027
Abused, homeless and disadvantaged young people deserve brighter futures. We provide safe shelters where young people can grow and thrive and counseling to help them reach a better tomorrow. 14.1% (#41814) (UW #8893) TheAlternativeHouse.org

Sexual Minority Youth Assistance League (SMYAL)
410 7th St. SE, Washington, DC 20003
SMYAL’s mission is to support and empower lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth in the Washington, DC metropolitan region through youth leadership and advocacy. 41.7% (#46119) (UW #8142) SMYAL.org
Why Should I Support Your Work?

PVA Spinal Cord Injury Education and Training Foundation

Empowering America’s Heroes
From coordinating workshops for health professionals to producing educational materials, we help develop tools that share spinal cord injury and disease knowledge and improve lives.

- Consumer and community education to improve health, independence and quality of life.
- Education to improve the knowledge of health professionals.
- Dissemination of research findings to improve care.
- Development of teaching tools.

All your gift goes directly to our mission.

CFC# 11958  PVA.org/research

The Children’s Inn at NIH

A Place Like Home
We are a residence for children participating in pediatric research at the National Institutes of Health. Children from around the country and the world stay with their families in The Inn’s healing environment — at no cost — while receiving treatment for catastrophic diseases. We reduce the burden of illness through therapeutic, educational and recreational programming. As partners in discovery and care, we strive for the day when no family endures the heartbreak of a seriously ill child.

CFC# 10324  ChildrensInn.org

Unitarian Universalist Service Committee

Advancing human rights worldwide
Join UUSC to protect human rights and promote social justice. For more than 75 years, we have grown through the generosity of thousands who share our vision of a world free from oppression and injustice. UUSC’s innovative approaches and measurable impact — in responding to humanitarian disasters, protecting the environment, and bolstering economic justice — are grounded in the belief that all people have inherent power, dignity, and rights.

CFC# 11685  UUSC.org

Diabetes Research Institute Foundation

Our vision is a world without diabetes.
As the most comprehensive research center dedicated to curing diabetes, we are aggressively working toward the discovery of a biological cure. Building upon our extraordinary progress, the Institute is creating the DRI BioHub, a bioengineered “mini organ” that restores natural insulin production. For the millions affected by diabetes, the Diabetes Research Institute Foundation is the best hope for a cure.

CFC# 11149  DiabetesResearch.org

Hebrew Home of Greater Washington

at Charles E. Smith Life Communities
The Hebrew Home is five-star non-profit nursing home and post-acute care residence for older adults. Three quarters of those we serve are Medicaid dependent. We also offer independent living, assisted living, memory care, and outpatient care, and safeguard seniors from abuse through the ElderSAFE Center. Our mission is to fulfill Jewish values by providing a continuum of quality services for seniors and their families, and to affirm our commitment to the dignity of each individual.

CFC # 49705 - UW # 8111  SmithLifeCommunities.org

SOME - So Others Might Eat

Restoring Hope and Dignity One Person at a Time
Your support ensures that poor and homeless men, women and children receive nourishing food to fill their stomachs, medical care that eases their suffering, and job training and affordable housing that transform their lives. For 45 years, SOME has been partnering with caring community members like you to restore dignity and independence to DC’s most vulnerable residents. Over 10,000 individuals are served each year at SOME, and we have earned Charity Navigator’s highest Four Star rating.

CFC# 74405 • UW # 8189  SOME.org
Why Should I Support Your Work?

Capital Caring

Supporting a better life for people living with advanced illness

When you donate to Capital Caring, you’re part of a kind-hearted community bringing relief and comfort to people living with advanced illness – across the national Capital region. Each day, your gift ensures 24/7/365 coordinated, compassionate hospice and palliative care from our highly trained professionals to more than 1,200 patients and families throughout DC/MD/VA – regardless of their ability to pay.

Thank you for your support! Please give generously to the Combined Federal Campaign.

Fonkoze USA

Providing Haiti’s rural poor with the services they need to lift themselves out of poverty.

Fonkoze’s comprehensive approach to poverty alleviation provides a woman with the resources and support she needs to ascend from poverty, wherever she is in her climb. Together with microfinance services, we offer business skills training, education and health services to support a woman as she progresses. Established in 1994, Fonkoze has become the number one bank for the poor in Haiti, providing full banking services to more than 200,000 people.

Birth Defects Research

Because every birth defect has a cause

Why are some children born different? 80% of the time it is more than just genetics. Every year, 150,000 children are born with birth defects, even more with developmental disorders like autism or ADHD. Why so many?

How can we stop this? We sponsor the National Birth Defect Registry to find the answers. We also help parents each day with information, support and parent networking. Please help us “because every birth defect has a cause.”

American Kidney Fund

A World Without Kidney Disease

The American Kidney Fund helps one of every five dialysis patients in the U.S. – a total of 84,000 people. Many kidney patients find they can’t work full-time due to frequent dialysis treatments. At the same time they face the cost of health insurance, prescription medications and other expenses. With your help, last year we provided direct financial assistance to 84,000 people living with kidney failure. We also conduct screenings and outreach to prevent kidney disease.

Alzheimer’s Research Foundation, Fisher Center

Together we can make Alzheimer’s nothing but a memory

The Alzheimer’s epidemic is real. Every 68 seconds another person is diagnosed with Alzheimer’s. It is the only fatal disease that cannot be stopped, cured or treated. We are solving the mysteries of Alzheimer’s disease and our mission is clear. Find a cure. Our Nobel Prize winning research team is working around the clock to help protect our families and loved ones from its devastating effects. Join us in the fight against Alzheimer’s disease.

Cancer Prevention and Treatment Fund

We’re here for you with hope and help

We help children and adults reduce their chances of getting cancer and choose the best treatments. We are also helping to lower prices of cancer drugs and to ban BPA and other cancer-causing chemicals from our homes and communities. You can trust our advice because we don’t accept donations from pharmaceutical or chemical companies. 100% of your donation helps prevent and treat cancer, 0% on flashy fundraising events. With your help we’ll fight cancer together!
Why Should I Support Your Work?

Arthritis National Research Foundation

*With your support we can cure arthritis!*  

Arthritis affects over 50 million Americans including 300,000 children.*The Arthritis National Research Foundation (ANRF) is the only charity solely dedicated to funding research to cure arthritis.* Research is the key to finding a cure and helping millions.  

With your support ANRF can fund the best, cutting-edge scientists across America.  

**CFC# 11031**

CureArthritis.org

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PVA Spinal Cord Research Foundation

*Improving the lives of those with spinal cord injury and disease*

From regenerating nerve fibers to designing adaptive canoe seats, we support innovative research and fellowships.*All your gift supports our mission:*  

- Lab research in the basic sciences to find a cure.  
- Studies of the medical, psychosocial and economic effects of spinal cord injuries/disease (e.g. MS and ALS) and how to alleviate these effects.  
- Design and development of assistive technology.  
- Fellowships to encourage scientists, clinicians and engineers to focus on spinal cord injuries.  

**CFC# 12096**

PVA.org/research

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A Child’s Hope Fund

*Uplifting lives, one child at a time*

Working with local partners in some of the world’s poorest countries, we provide **tangible aid**—food, medicines and medical support—to individual children plagued by cancer and other debilitating conditions, plus their families and the institutions helping them.*Over 99% of all donations are used to help sick children and their struggling families.* Our efficiency and successes come by working directly with local organizations (hospitals, clinics, etc.) without duplicating services. We also help these groups better manage their work and stay accountable to their communities.  

**CFC# 10978**

AChildsHopeFund.org

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The Abused and Homeless Children’s Refuge - Alternative House

*We provide support that every young person deserves*

By stepping in at a critical time in a young person’s life, Alternative House transforms the lives of young people and helps them make positive decisions. Last year, *Alternative House provided a safe home and opportunities to grow and thrive to more than 300 young people* and our community-based programs like the Culmore Teen Center and the Safe Youth Projects keep more than 2,000 youth free from gangs and give them hope for brighter futures.  

**CFC# 41814 • UW # 8893**

TheAlternativeHouse.org

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Veterans Consortium Pro Bono Program

*Fighting for those who have fought for us.*

When America’s heroes need help securing the benefits they are owed, our volunteer attorneys stand ready to assist them. We recruit and train pro bono attorneys in veterans’ benefits law, then match them with veterans who cannot afford representation at the U.S. Court of Appeals for Veterans Claims—100% free of charge.*Your gift helps ensure that no veterans or family members are denied the benefits they earned by defending our country.*  

**CFC# 95004**

VetsProBono.org

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Children’s Food Fund/World Emergency Relief

*Giving Children a Living Chance™*

For 30 years, we have delivered food to hungry children, provided medical care for the sick, supplied relief goods to disaster victims and given hope to millions living in poverty. Our commitment to improving children’s lives continues. Thanks to our generous donors we are truly giving children a living chance. Over 97% of all donated resources are used for program expenses.  

**CFC# 10984**

CFF-WER.org
TOGETHER, WE WILL CREATE A WORLD WITHOUT TYPE 1 DIABETES (T1D)

Join us in turning type one into type none

JDRF is a proud CFC participant. CFC #10569

Women serving in the military have less access to abortion care than women who don’t serve. NARAL Pro-Choice America Foundation is educating the public and mobilizing our activists to ensure that when women sign up to protect and serve our nation, they aren’t signing away their rights.

CFC #11714

Would you like to buy a smile?

At ADRA International, we’re providing clean water, homegrown food, good jobs, and education to children and families throughout the world. Join us in giving them a reason to smile.

1.800.424.ADRA (2372)
ADRA.org | facebook.com/joinADRA

Support America’s national parks today, so they will be here tomorrow.

Hepatitis Foundation International

Three decades of service, eradicating Hepatitis and liver disease globally.

HepatitisFoundation.org
(800) 891-0707 CFC # 11842

Uplifting lives, one child at a time

A Child’s Hope Fund

www.ProChoiceAmericaFdn.org ■ (202) 973-3000
CFC #11714

SHE DESERVES BETTER

JDRF is a proud CFC participant.

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1.800.424.ADRA (2372)
ADRA.org | facebook.com/joinADRA

Support America’s national parks today, so they will be here tomorrow.
Marine Corps-Law Enforcement Foundation
CFC #10507
How will he pay for college?
Help us – help him!
www.mc-lef.org
1-877-606-1775

Help Protect Imperiled Wildlife
www.defenders.org CFC #10624

With your help, they’re rebuilding their farm after Typhoon Haiyan.
The Philippines
Photo: Jeff Peasey

Spinal Cord Research Foundation
CFC# 12096
100% of your donation supports this work. PVA pays all overhead costs.
PVA.org
(800) 424-8200 ext. 255

HELP OUR VETERANS
live the full and rewarding lives they deserve

Advancing human rights for 75 years
UUSC uusc.org
CFC#11685

Yesterday a cancer patient.
Today a marine. Always a WISH KID.

PETS-DC
Caring for the Companions Who Comfort Our Friends
www.PetsDC.org
CFC# 15572

 Dalton, 14
acute lymphoblastic leukemia
I wish to be a marine

MAKE CHANGE HAPPEN!
Catholics for the Poor and Needy Worldwide
#10174
www.catholicvolounteernetwork.org
#WhereFaithAndServiceMeet

UUSC
Photo: Jeff Pearcy

Dalton, 14

MAKE A WISH.
**Children's Food Fund**
Providing scholarships to assist financially disadvantaged and deserving students.

CFC #10984
www.CFF-WER.org

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**Farm Animal Reform Movement**
Saving animals from factory farms and slaughterhouse cruelty since 1976

www.farmusa.org

CFC #11338

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**Children's Food Fund**

**TUSKEGEE AIRMEN Scholarship Foundation**
Providing scholarships to assist financially disadvantaged and deserving students.

CFC #47202
TAISF.org

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**National Parks Conservation Association**
Protecting our national parks for future generations.

npca.org

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**TUSKEGEE AIRMEN Scholarship Foundation**

**SAVE CATS’ LIVES**
Make a gift and conquer cancer with Dana-Farber Cancer Institute and the Jimmy Fund.

CFC #10080

Dana-Farber.org

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**Food for the Poor**
DONATE to the Combined Federal Campaign and help save a life through Food For The Poor.

CFC #10328

6401 Lyons Road, Coconut Creek, FL 33073
877-654-2960 (Ext. 6148)
www.FoodForThePoor.org/cfc
4Paws Rescue Team

Celebrating 20 years of Saving Feline Lives.
Finding home for more than 8,300 cats and kittens.

CFC#34517 FourPaws.org

American Kidney Fund

1 out of 5 U.S. dialysis patients turns to the American Kidney Fund for financial assistance.

WITH YOUR HELP, CFC # 11404

www.KidneyFund.org

Spinal Cord Injury Education and Training Foundation

Improving the quality of everyday life by supporting education and training for paralyzed veterans, their families and caregivers.

PVA.org
(800) 424-8200 ext.255

100% of your donation supports this work. PVA pays all overhead costs.

HELP OUR VETERANS live the full and rewarding lives they deserve

Days End Farm Horse Rescue
We turn your dollars into CHANGE!
Please Donate #11887

www.defhr.org

Lutheran World Relief

Lasting solutions to poverty, injustice and human suffering

Lutheran World Relief

CFC# 11114 LWR.org

The Gift of Knowing You Support a Better Life

When you donate to Capital Caring, you touch a family living with serious advanced illness. Through your contribution, you make possible...

• Pain and symptom management by our staff physicians
• Care from our team of dedicated experts
• Licensed counseling and support for life’s losses
• Caregiver relief by our volunteers
• Hospital beds and wheelchairs*
• Prescriptions*

Our home-delivered care helps families stay connected. We bring everything to them, making their home a more comfortable place. Please give generously to the Combined Federal Campaign.

*Related to hospice diagnosis

CFC #39664
TOLL-FREE 1-800-869-2136 www.capitalcaring.org

1 out of 5 U.S. dialysis patients turns to the American Kidney Fund for financial assistance.

CFC #11404

TOLL-FREE 1-855-571-5700 www.capitalcaring.org

CFC #39664
You Can Help So Many!

4 Paws Rescue Team .................................................. 15
A Child’s Hope Fund .............................................. 3, 5, 11, 12
Abused and Homeless Children’s
Refuge – Alternative House .................................. 8, 11
Adoptable Children
(North American Council) ........................................ 3
Adventist Development & Relief
Agency International – ADRA .................................. 7, 12
All Hands Volunteers .................................................. 4
Alley Cat Allies .......................................................... 3, 14
Alzheimer’s Research Foundation,
Fisher Center .......................................................... 7, 10
American Academy for Cerebral Palsy and
Developmental Medicine ........................................ 4
American Kidney Fund .............................................. 5, 10, 15
Arlington Free Clinic .................................................. 5
Arlington Thrive ........................................................... 8
Arthritis National Research
Foundation ............................................................. 7, 11
Bipolar Disease Research Foundation .................... 7
Birth Defect Research for
Children, Inc............................................................ 3, 10
Bless the Children ....................................................... 4
Breast Cancer Aid and
Research Institute .................................................... 7
Breast Cancer Research and
Assistance Fund ....................................................... 7
Cancer Aid and Research Fund ............................. 5
Cancer Prevention and
Treatment Fund ...................................................... 7, 10
Cancer Research: Cell &
Gene Targeted Treatments ................................ 7
Capital Area Food Bank ............................................. 6
Capital Caring .......................................................... 6, 10, 15
Catholics for the Poor and
Needy Worldwide .................................................. 5, 13
Chesapeake Bay Worldwide .................................. 5
Children International .............................................. 4, 7
Children’s Food Fund/
World Emergency Relief .................................. 4, 11, 14
Children’s Fund ........................................................ 4
Children’s Inn at NIH ............................................... 4, 9
Christ House ............................................................ 6
Coalition for the Homeless, Inc. (DC) ................. 6
Days End Farm Horse Rescue, Inc. ..................... 3, 15
Defenders of Wildlife ................................................ 3, 13
Diabetes Research
Institute Foundation ............................................. 5, 9
Farm Animal Reform Movement ......................... 14
Farmers and Hunters Feeding
the Hungry ............................................................ 6
Fonkoze USA ............................................................ 8, 10
Food for the Hungry, Inc. ....................................... 4
Food For The Poor, Inc ............................................ 6, 14
Friends of Homeless Animals ................................. 3
Government Accountability Project .................... 3
Hebrew Home of
Greater Washington ........................................... 3, 9
Hepatitis Foundation International ....................... 5, 12
House of Ruth .......................................................... 4
House of Ruth Maryland, Inc. ....................... 4
Iraq and Afghanistan Veterans
of America ............................................................ 7
JDRF International .................................................. 7, 12
Jewish Council for the Aging of Greater
Washington (JCA) .................................................. 3
Jimmy Fund ............................................................. 14
Lutheran World Relief ................................................ 7, 15
Make-A-Wish Foundation®
of America .......................................................... 4, 13
Marine Corps – Law Enforcement
Foundation ............................................................. 8, 13
Mary House ............................................................. 6
Montgomery Hospice .............................................. 6
NARAL Pro-Choice America
Foundation .......................................................... 8, 12
National Breast Cancer Foundation, Inc. .......... 5
National Park Foundation ....................................... 4, 12
National Parks
Conservation Association .................................... 5, 14
National Wildlife Federation ................................ 4
Operation Blessing International ......................... 7
Outdoor Recreation Heritage Fund ....................... 8
Paralyzed Veterans of America Spinal
Cord Injury Education and
Training Foundation ........................................... 8, 9, 15
Paralyzed Veterans of America Spinal
Cord Research Foundation ................................. 4, 7, 11, 13
PETS-Washington DC
(PETS-DC) ............................................................. 3, 13
Sexual Minority Youth Assistance
League (SMYAL) .................................................. 8
SOMEx-So Others Might Eat ................................. 6, 9
Tuskegee Airmen Scholarship
Foundation .......................................................... 5, 14
Unitarian Universalist Service
Committee ............................................................. 8, 9, 13
Veterans Consortium Pro
Bono Program ....................................................... 8, 11
WETA ................................................................. 3, 12
Wycliffe Bible Translators ........................................ 5

How to support these charities

- If you are a federal employee or member of the military, you can support these charities at work through the COMBINED FEDERAL
  CAMPAIGN. Write in their 5-digit number on your CFC pledge card.

- If you are an employee of a company with a United Way campaign, you can also support these charities at work. Use the charity’s 4-digit United Way “code” number or, for a charity without this number, write in its name and address on your “Employee Pledge Form.” (Gifts to charities without United Way code numbers must be $100 or more.)

- If you cannot give at work, you can still support these charities. You can mail them a check or you can go to their website and give online. You can also go to our website – CharityChoices.com – and click on “All Charities A to Z.” Click on the charity’s name, then click on “Give Online Now,” which takes you to that charity’s online donation page. You are giving directly to the charity.

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