

NOW MORE THAN EVER CHARITIES NEED YOUR HELP

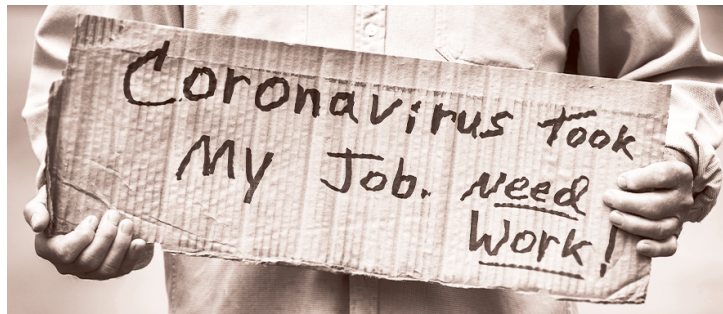


Why many charities are struggling during the pandemic **PAGE 2**



Why should I support your charity? **PAGE 12**

A **GUIDE** to Charities
YOU can Support
through the
COMBINED FEDERAL CAMPAIGN,
United Way, or
By making a direct gift



How charities are responding to the pandemic **PAGE 11**



As hard as the past few months have been, a silver lining has been Americans' willingness to help each other.

People see the needs the pandemic has caused. They sense what it's like to lose someone or to lose your job or business, even if it's not happened to them.

And people have responded. One in three have given directly to support a charity, individual or a business. Charity donations are up 7.5% this year, even though many who have lost their income can no longer give money.

We are all in this together.

And we all have to continue to give as much as we can. Not just to the many charities that are responding directly to the pandemic (see our article on page 11). But also to the majority of charities that are continuing to do their critical work, in the face of the pandemic.

Animals still need rescuing. Medical research needs to continue. The environment needs protecting. The other needs don't go away.

And while giving is up, many charities rely on revenue from things like ticket sales, just like businesses. With revenue down, nearly a million nonprofit jobs have been lost in the past six months, according to a

recent report. This severely limits what many charities can do, just when they're most needed.

If you work for the government, the military or the Postal Service, a great way to support charities is by making a pledge through the **Combined Federal Campaign**.

Having a little deducted from every paycheck makes a huge difference for charities, giving them stable income throughout the year.

To donate, go to **GiveCFC.org**.

This guide tells you about dozens of charities you can support through the CFC, the United Way*, or by making a direct gift. Each has met the CFC's accountability standards, such as having an annual audit.

You can learn even more about these and other charities by going to **CharityChoices.com**. Charities answer the same seven questions, such as *What have you accomplished?* and *How can I be sure you'll use my money wisely?*

On each charity's page you'll find a link to the CFC donation page. There's also a link to each charity's online donation page. You'll be giving directly to the charity.

However you choose to give, please give as much as you can, especially this year. **THANK YOU.**

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* For charities with 4-digit "U.W." numbers, use that number to donate to them. You can support other charities in this guide through United Way, but your gift must exceed \$100.

ARTS/ MUSEUMS

WETA

3939 Campbell Ave.
Arlington, VA 22206

Local, not-for-profit public broadcasting station, WETA serves the Greater Washington community, producing and broadcasting radio and television programs of intellectual integrity and cultural merit that inspire, enlighten and entertain. 14.7% (#99581) **WETA.org**

AGING

Hebrew Home of Greater Washington

6121 Montrose Rd., Rockville, MD 20852

Our mission is to deliver quality care and meaningful life experiences to seniors, with dignity and compassion. The COVID-19 pandemic strengthened our determination to protect those we serve with passion and commitment and address their health, safety and emotional well-being. 17.1% (#49705) **SmithLifeCommunities.org**

Jewish Council for the Aging of Greater Washington (JCA)

12320 Parklawn Dr., Rockville, MD 20852

Helping over 31,000 local elders of all faiths to thrive through award-winning programs that include adult day services, transportation, employment programs, caregiver support, information, outreach and diverse, intergenerational services. 4.9% (#52847) (U.W. #8127) **AccessJCA.org**



Support Our Aging Religious (SOAR!)

3025 4th St. NE, Suite 14
Washington D.C. 20017

The needs of elderly Catholic Sisters, Brothers and Priests in religious orders are critical. We distribute grants to these Communities to ensure the safety and dignity of their aging members. 8.5% (#10041) **SOAR-USA.org**

ANIMAL/WILDLIFE PROTECTION

Defenders of Wildlife

1130 17th St. NW, Washington, DC 20036

Defenders of Wildlife envisions a future where diverse wildlife populations are secure and sustained by an environment of healthy lands and waters. Working since 1947, we protect wildlife and their habitat through education, advocacy, legal action, technology and scientific research. 14.2% (#10624) **Defenders.org**

The % figure is administration
and fund raising expenses.

MORE CHOICES!

Friends of Homeless Animals

PO Box 415, Aldie, VA 20105

FOHA is a no-kill animal shelter located in Northern Virginia — dedicated to caring for abandoned and abused dogs and cats while they wait for their permanent, loving homes. 6.2% (#83554) (U.W. #9822) **FOHA.org**

Humane Society International

700 Professional Dr., Gaithersburg, MD 20879

Humane Society International leads the way in animal protection. With hundreds of thousands of supporters, we are a voice for all animals. We educate, investigate, advocate and act, working to prevent cruelty and promote compassion. 20.7% (#67938) **HSI.org**

Humane Society of the United States

700 Professional Drive
Gaithersburg, MD 20879

With millions of supporters we fight to end suffering for ALL animals; taking on puppy mills, factory farms, animal testing and other cruel industries; rescuing and caring for animals through our animal rescue team's work with hands-on animal care services. 35.9% (#11894) **HumaneSociety.org**



This is the charity's website. You will find a link to each charity's website at **CharityChoices.com**.

This is the charity's United Way number. If you give at work through United Way, use this number.

Christ House

1717 Columbia Rd. NW, Washington, DC 20009

Comprehensive health care for sick, homeless individuals and assistance in addressing critical issues to break the cycle of homelessness: 24-hour medical care, food services, addictions treatment and housing placement. 16.9% (#34256) **ChristHouse.org**

(U.W. #8385) **ChristHouse.org**

This is the amount the charity spends on fund raising and administration.

This is the charity's "CFC" number. Use it to find a charity on the CFC website.

This is not an official CFC publication. It does not include all CFC charities.

CHILDREN

Birth Defect Research for Children

976 Lake Baldwin Lane, #104
Orlando, FL 32814

Because every birth defect has a cause, we sponsor the National Birth Defect Registry and Healthy Baby Resource, critical tools that will help us track down these causes. We also provide information, support and partner networking for families of children with birth defects. 6.2% (#10374)

BirthDefects.org

Children's Food Fund/ World Emergency Relief

425 W. Allen Ave., #111, San Dimas, CA 91773

We provide food for hungry children, care for the sick, relief to disaster victims and hope to millions living in poverty — improving children's lives worldwide, including Native Americans here at home. Our experience plus efficiency makes your gift really count! 7.5% (#10984) **CFF-WER.org**

Children's Inn at NIH

7 West Dr., Bethesda, MD 20814

The Children's Inn is a free, supportive "home" to seriously ill children and their families as they receive groundbreaking medical treatment from the NIH in hopes of finding a cure. 31.7% (#10324)

ChildrensInn.org



CLIMATE CHANGE

Environmental and Energy Study Institute (EESI)

1020 19th St. NW, #650, Washington, DC 20036

We engage with Congress to advance win-win bipartisan policy solutions to address climate change urgently and defend clean energy programs and budgets. We're also expanding work to help families improve their homes' energy efficiency with no upfront costs. Join us! 16.1% (#10627) **EESI.org**

CONSERVATION

The Nature Conservancy

4245 N. Fairfax Dr., Suite 100, Arlington, VA 22203

The Nature Conservancy is a global environmental nonprofit working to create a world where people and nature can thrive. Learn more at nature.org. 24.6% (#10643) **Nature.org**

National Park Foundation

1110 Vermont Ave. NW, Suite 200
Washington, DC 20005

As the official nonprofit partner of the National Park Service, the National Park Foundation generates private support and builds strategic partnerships to protect and enhance America's national parks for present and future generations. 27.8% (#11252)

NationalParks.org

DISABILITIES

Autism Speaks

1060 State Rd., 2nd Floor, Princeton, NJ 08540

Autism Speaks promotes solutions, across the spectrum and throughout the life span, for individuals with autism and their families, through advocacy and support; increasing understanding and acceptance of people with autism; and advancing research into causes and better interventions. 16.5% (#12413)

AutismSpeaks.org

DISASTER RELIEF

Children's Food Fund/ World Emergency Relief

425 W. Allen Ave., #111, San Dimas, CA 91773

Recent world disasters, some of historic proportion, have left children orphaned, sick, hurt, homeless or starving. By donating, you are "giving children a living chance." The pandemic is impacting every community in which we work. 7.5% (#10984) **CFF-WER.org**

Food For The Poor

6401 Lyons Rd., Coconut Creek, FL 33073

When poverty-stricken Caribbean and Latin American nations are devastated by storms, earthquakes and natural disasters, Food for the Poor provides immediate emergency relief assistance, and assists communities with long-term rebuilding. Since mid-March, Food For The Poor has shipped 200 tractor-trailer loads of COVID-19 relief. 5.8% (#10328)

FoodForThePoor.org/cfc



MORE CHOICES!

Humane Society of the United States

700 Professional Dr., Gaithersburg, MD 20879

Our Animal Rescue Team responds to large-scale emergencies: hurricanes, tornadoes, wildfires, earthquakes, utility outages and more. Every year with our affiliates, we rescue thousands of animals from puppy mills, animal-fighting operations and natural disasters. We can't do it without you. 35.9% (#11894)

HumaneSociety.org**Samaritan's Purse**

PO Box 3000, Boone, NC 28607

Samaritan's Purse is a Christian Relief organization dedicated to saving lives and reducing suffering caused by wars, disease, famine and natural disasters. We work in 100 countries across the globe. 12% (#10532) **SamaritansPurse.org**



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For more copies: 240-683-7100 or
info@CharityChoices.com

EDUCATION**Alpha Kappa Alpha Educational Advancement Foundation**5656 S. Stony Island Ave.
Chicago, IL 60637

We are primarily African-American women with a commitment to promote life-long learning. Scholarships, fellowships and grants to students and projects are strategies used to fulfill our commitment. Since our founding, we have given nearly \$5 million in scholarship and community assistance awards. 3.8% (#11173)

AKAEAF.org**Tuskegee Airmen Scholarship Foundation**1816 S. Figueroa St., Suite L.5
Los Angeles, CA 90015

We ensure the legacy of Tuskegee Airmen — who helped integrate the military and our country — by awarding scholarships to 40 financially and academically deserving high school seniors every year. 18.9% (#47202)

TAISF.org**ENVIRONMENTAL PROTECTION****Chesapeake Bay Foundation**

6 Herndon Ave., Philip Merrill Environmental Center, Annapolis, MD 21403

Save the Bay! We're committed to reducing pollution, improving fisheries, protecting and restoring natural resources and building an environmental ethic in the Chesapeake Bay watershed. 16.7% (#11325) **CBF.org**

National Parks Conservation Association

777 6th St. NW, #700, Washington, DC 20001

Voice of the American people in the struggle to protect wildlife, majestic scenery, history and culture in parks from Yellowstone to Gettysburg. Fights air and water pollution, overdevelopment and noise. 17.9% (#12069) **NPCA.org**

Learn more about these charities:
Charity Choices.com

**FAITH-BASED SERVICES****Catholics for the Poor and Needy Worldwide**6930 Carroll Ave, Suite 820
Takoma Park, MD 20912

Serving in faith, transforming through love! We connect Catholic volunteers and missionaries with opportunities to serve the poor and make a difference in communities across the globe. 13.9% (#10174)

CatholicVolunteerNetwork.org**Wycliffe Bible Translators**

PO Box 628200, Orlando, FL 32862

The hope found in the Bible is needed now more than ever. Yet 2,000 languages still lack it. Wycliffe is an international Christian ministry that translates Scripture and teaches literacy, bringing life transformation to communities worldwide. 18.8% (#11737)

Wycliffe.org/cfc**HEALTH****American Kidney Fund**11921 Rockville Pike, Suite 300
Rockville, MD 20852

AKF fights kidney disease on all fronts, with programs supporting early detection, disease management, innovation and clinical research, advocacy, and financial assistance. AKF fights to reach the 37 million Americans living with kidney disease and the millions more at risk. 2.3% (#11404)

KidneyFund.org



Diabetes National Institute

9109 Levelle Dr.
Chevy Chase, MD 20815

Create better futures for people with diabetes by sponsoring: diabetes research to cure diabetes, educational grants to teach and help children cope with diabetes, free educational workshops, nutrition consultations and support groups in the Metro DC area, educational news-

letters and free educational library. 17.4% (#60349) DiabetesNI.org

HOMELESS

Coalition for the Homeless, Inc. (DC)

1234 Massachusetts Ave. NW, Suite C-1015
Washington, DC 20005

The Coalition for the Homeless provides transitional and permanent housing, employment placement assistance, substance abuse counseling and supportive social services to individuals and families who are homeless or vulnerable. 10.2% (#83436) (U.W. #8194) DCCFH.org

So Others Might Eat (SOME)

71 O St. NW, Washington, DC 20001

So Others Might Eat (SOME) restores hope and dignity to the homeless through comprehensive services, including meals (1,200 served daily), medical care, addiction treatment, job training and more than 1,000 units of permanent affordable housing. 202-797-8806. 9.6% (#74405) SOME.org

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MEDICAL RESEARCH

Alliance for Cancer Gene Therapy

96 Cummings Point Rd.
Stamford, CT 06902

ACGT funds the best scientists and biotechnology companies harnessing the power of cell and gene therapy to transform how cancer is treated and drive momentum towards a cure. 100% of your donation directly supports research. 8.5% (#41537)

ACGTFoundation.org

Cancer Prevention and Treatment Fund

1001 Connecticut Ave. NW, Suite 1100
Washington, DC 20036

Our research helps prevent all types of cancer and helps patients get the most effective treatments. We don't accept money from companies selling medical products, so you can trust our research and assistance. We save lives every day, giving help and hope. 0.4% (#11967)

StopCancerFund.org

Cancer Research America — National Foundation for Cancer Research

5515 Security Lane, Suite 1105
Rockville, MD 20852

From prevention and early diagnosis to better treatments, NCFR funds cancer research. NCFR's discoveries have led to improved treatments and today's research will lead to a cure for all cancers. 28.9% (#11267) NCFR.org



Arlington Free Clinic

2921 11th St. South
Arlington, VA 22204

Arlington Free Clinic provides free, high quality healthcare to low-income uninsured Arlington County adults through the generosity of donors and volunteers. 14.1% (#86926) (U.W. #8247) ArlingtonFreeClinic.org

Breast Cancer Action

548 Market St., PMB17179
San Francisco, CA 94104

Breast Cancer Action is a national education and activist organization working to achieve health justice for women at risk of and living with breast cancer. 27.8% (#12010) BCAction.org

Cancer Research and Prevention Foundation (Prevent Cancer Foundation)

1600 Duke St., Suite 500
Alexandria, VA 22314

The mission of the Prevent Cancer Foundation® is saving lives across all populations through cancer prevention and early detection. Founded in 1985, the Foundation fulfills its mission through research, education, outreach and advocacy. 26.2% (#11074)

PreventCancer.org

Cancer Prevention and Treatment Fund

1001 Connecticut Ave. NW, Suite 1100
Washington, DC 20036

Our research helps prevent all types of cancer and helps patients get the most effective treatments. We don't accept money from companies selling medical products, so you can trust our research and assistance. We save lives every day, giving help and hope. 0.4% (#11967)

StopCancerFund.org

Diabetes Research Institute Foundation

200 S. Park Rd., Suite 100, Hollywood, FL 33021

A recognized world leader, the DRI is committed to curing children and adults living with diabetes and leads the world in bringing promising treatments to patients as quickly as possible. 27.9% (#11149) DiabetesResearch.org

The Michael J. Fox Foundation for Parkinson's Research

Grand Central Station, PO Box 4777
New York, NY 10163

The Michael J. Fox Foundation is dedicated to accelerating improved therapies and a cure for Parkinson's disease. 88 cents of every dollar spent goes to research. 14.4% (#12227) MichaelJFox.org



MILITARY/VETERANS

Marine Corps Law Enforcement Foundation

273 Columbus Ave., #10, Tuckahoe, NY 10707

Scholarship accounts to children of Marines and Federal law enforcement personnel who die while on active duty. Over \$79 million awarded since 1995. MCLEF - Educating the children of those who sacrificed all. More than 94% of every dollar goes toward the mission. 5.7% (#10507) MC-LEF.org

National Association of American Veterans

1725 I Street NW, #300, Washington, DC 20006

We support service members severely injured in combat, military caregivers, single-parent service members, and veterans and their families. We provide claims and benefits assistance, respite care assistance, emergency assistance resources, housing and financial aid referrals, legal help and career coaching. 3.2% (#85065) NAAVets.org

POVERTY

Food for the Hungry

1224 E. Washington St., Phoenix, AZ 85034

A Christian international relief and development organization responding to human suffering and graduating communities from extreme poverty. 20.9% (#11732) FH.org

Food For The Poor

6401 Lyons Rd., Coconut Creek, FL 33073

Food For The Poor serves the poor in 17 countries in the Caribbean and Latin America, providing food, housing, water, healthcare, education, emergency relief and sustainable development. 5.8% (#10328) FoodForThePoor.org/cfc

PUBLIC SAFETY

Concerns of Police Survivors

PO Box 3199, Camdenton, MO 65020

COPS is a nonprofit with 55 Chapters across the country. Our members are always prepared to help survivors when they need it, where they need it. Our mission is to "rebuild shattered lives" of the surviving family members and co-workers affected by line-of-duty death. Our 51,000 members are survivors themselves. 8.7% (#11183)

NationalCops.org

SOCIAL SERVICES

Islamic-American Zakat Foundation

4323 Rosedale Ave., Bethesda, MD 20814

We assess, collect and distribute mandatory (ZAKAT) and voluntary (SADAQA) Islamic charity primarily to assist the poor and needy in America and seek to help them attain self-sufficiency. 9.6% (#17934) IAZF.org

The % figure is administration and fund raising expenses.

Mary House

4303 13th St. NE, Washington, DC 20017

Our safe haven provides sanctuary to immigrant and refugee families, allowing them to reclaim their dignity and move forward. Mary House provides shelter, transitional housing, food, education and support services to 60 families, using private donations. casademary@aol.com 1.4% (#33368) MaryHouse.org

SOCIAL/ ECONOMIC JUSTICE

Unitarian Universalist Service Committee

689 Massachusetts Ave.
Cambridge, MA 02139

UUSC is a human rights organization powered by grassroots collaboration. We foster social justice, protect rights at risk and work toward a world free from oppression. 20.3% (#11685) UUSC.org



WOMEN

NARAL Pro-Choice America Foundation

1725 Eye St. NW, #900, Washington, DC 20006

With more than 2.5 million members, representing every US state and territory, NARAL has been on the front lines organizing and mobilizing to preserve and expand reproductive freedom and abortion access for all, for more than 50 years. 10.8% (#11714) ProChoiceAmerica.org/foundation

How to save a child's life for \$80.50

The statistic is abstract and hard to fully grasp: 3.4 million children are suffering today from malnutrition in the Democratic Republic of Congo.

The boy, Iragi, is anything but abstract and hard to grasp.

"When we met Iragi, he hadn't eaten for days and was literally starving to death," says Kristy Scott, director of Children's Food Fund/World Emergency Relief (CFF/WER). "He had the body of a five-year-old and was in serious danger of organ failure." At the time, Iragi was 12.

Iragi was rushed to Lwiro Hospital and admitted to CFF/WER's malnutrition

program, allowing him to receive critical medical and nutritional care, all free.

It takes a long time for a child as malnourished as Iragi to recover. He was in WER's malnutrition program for three months, but is now back with his family and doing much better.

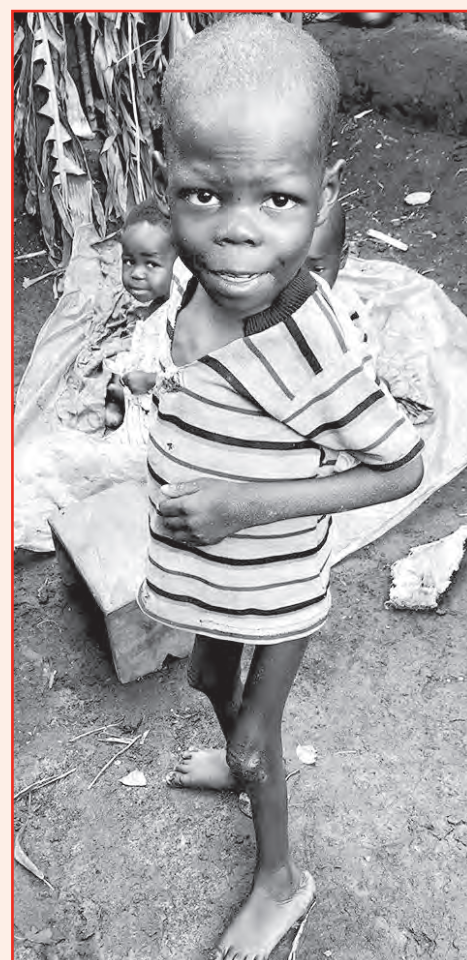
Scott estimates that three months of nutritional support for a child like Iragi costs just \$80.50. The cost is low because CFF/WER gets much of the food donated, plus they work with dedicated doctors and nurses who provide health care in villages around Lwiro and Kaziba.

CFF/WER (CFC #10984) works this way in 15 countries, mostly in Africa and Asia. Through its Native American outreach, it also provides food, water barrels and firewood to Navajo, Apache and Hopi populations. So far in 2020, it has shipped nearly four million pounds of disaster and COVID-19 relief supplies across the U.S. to help struggling Americans.

CFF/WER provides not just food but also life-saving medicine, water filters and agricultural supplies, with an overhead of less than 8% of donated resources.

For Scott, who's worked with CFF/WER for more than 30 years, the key is being aware of the causes of poverty and malnutrition and being able to focus on tangible solutions for real people and their communities.

"The extraordinary scale of suffering in a country like DR Congo is horrifying," Scott says. "Violence, hunger and disease are ever



Iragi was 12 when he entered the CFF/WER malnutrition program.

present. It breaks my heart to have to admit that we can't save all the children.

"But seeing the impact of our efforts on children like Iragi is what keeps me going. It can be heart-breaking work, but also incredibly rewarding to know you've made a difference."



More than 3.4 million children are suffering from malnutrition in DR Congo. Severely malnourished children are at high risk of getting malaria, tuberculosis, cholera and the measles.



MARINE CORPS-LAW ENFORCEMENT FOUNDATION



**HELP
EDUCATE
THE
CHILDREN
OF THOSE
WHO
SACRIFICED
ALL**

CFC #10507

MC-LEF.org • 877-606-1775

The Nature Conservancy



**United
by Nature**

nature.org
CFC #10643

© YARON SCHMID

FH.org

CFC #11732


**FOOD FOR
THE HUNGRY**


SHE DESERVES BETTER

Military women have less access to
abortion and reproductive healthcare.

We make sure that when women
sign up to protect our country, they
aren't signing away their rights.


NARAL
PRO-CHOICE AMERICA FOUNDATION

CFC #11714

www.ProChoiceAmericaFdn.org
(202) 973-3000

Help Protect Imperiled Wildlife



OREGON DEPARTMENT OF FISH AND WILDLIFE

www.defenders.org

CFC #10624

**Many Ways
To Make
A Difference!**


**THE MICHAEL J. FOX FOUNDATION
FOR PARKINSON'S RESEARCH**
CFC # 12227

FUND URGENTLY NEEDED PARKINSON'S BREAKTHROUGHS.

**Join us to create a
kinder world for the
1 in 54 kids with
autism, like Leo.**


**autism
speaks**

**Learn more at
autismspeaks.org**

CFC #12413



THE FIGHT STARTS
WITH YOU

CFC #11404

**HELP END
KIDNEY DISEASE**

American Kidney Fund®
FIGHTING ON ALL FRONTS

DONATE

Even in the most trying times, Autism Speaks advocates for military families like Sophia and Alivia's family

Revered political leader and activist Nelson Mandela once said: *"The greatest glory in living lies not in never falling, but in rising every time we fall."*

For Sarah, wife of an a United States Air Force Chaplain and mother of two girls with autism, no quote could better describe her family's journey over the last 13 years. It was only through their strong values that her family was able to withstand setbacks that would bring most to their knees.

Although their autism affects them differently, sisters Alivia, 13, and Sophia, 8, share similar stories of overcoming adversity to reach milestones that many specialists never thought they would.

"Sophia has faced challenges and obstacles from birth but has continued to overcome," Sarah explains. "She was unable to walk and barely able to eat until her second birthday. She didn't say her first word (momma) until she was four.

"But with two years of intense early intervention and full-time ABA therapy in a clinical setting, Sophia's vocabulary is amazing, she has friends, loves ballet and even plays soccer!" (ABA is a therapy based on the science of learning and behavior.)

"Alivia had a neonatal stroke, which caused her to have many medical issues throughout childhood. At first, her autism was masked by her medical condition, but she was diagnosed around her second birthday. She didn't speak until she was six, but now talks and reads thanks to intense therapies."

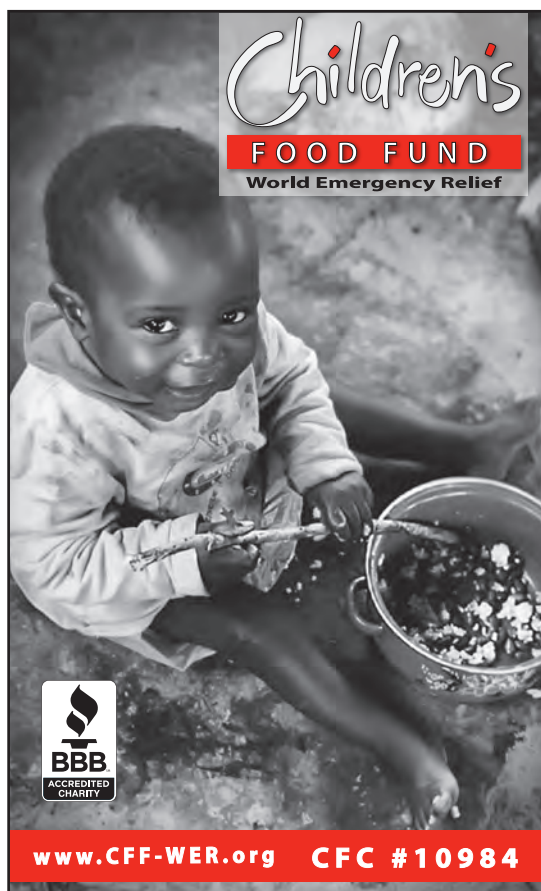
Sarah's husband, Tamer, is an active duty service member. His career has caused his family to move several times over the years, but she says the military has gone above and beyond to make sure her girls have everything they need to thrive no matter where they're stationed.



"With two years of intense early intervention and full-time ABA therapy in a clinical setting, Sophia's vocabulary is amazing, she has friends, loves ballet and even plays soccer!"

"All branches of the military have a designated program for special needs families. Among many other services, we receive 40 hours a month of respite care and in-home ABA therapy for both girls. We are proud to be a part of the military family."



Even in the most trying times, Autism Speaks (CFC #12413) continues to advocate for families like Sarah and Tamer's to provide vital resources, round-the-clock support and hope for the entire autism community.




Children's
FOOD FUND
World Emergency Relief

BBB
ACCREDITED
CHARITY

www.CFF-WER.org CFC #10984

WETA

Trusted news, beautiful music, educational kids shows, history, science, drama: your window to the world!

Support your favorite WETA programs through your CFC gift!
Thank you.

CFC

99581

How charities are responding to the pandemic

Nearly every charity in the country has been affected by the pandemic, even if they're not directly responding to it. Just in the past six months, nearly a million nonprofit jobs were lost, according to a recent report.

One reason for this is that charities run like businesses in some ways, receiving revenue from their activities (such as ticket sales) as well as contracts to run programs (such as a drug rehab program supported by a city government). Like businesses, many charities have lost revenue during the pandemic, leading to program cuts and job losses.

At the same time, many charities are facing an unprecedented need for their services. This need has gotten a lot of attention in relation to food banks, most of which are serving far more people than in the past. But many other types of charities are also having to find ways to respond to the pandemic's impact on the people they help.

One example is charities helping people with diabetes and other kidney problems. These people "are facing enormous risks and challenges," said the president of the American Kidney Fund. *"They are losing their jobs. They have had to stop using public transit to get to their treatments.... Patients with compromised immune systems need help obtaining groceries and other essentials safely."*

Similarly, charities helping people with autism are responding to "widespread disruptions to the daily lives of autistic children, teens and adults," according to Autism Speaks.

In the DC area, the **Arlington Free Clinic (CFC #86926)** says that many of the patients it serves "have already lost their jobs in construction, restaurants, cleaning and childcare and are struggling with access to food, transportation and other emergency needs. Very few will benefit from federal government support."

"Like the rest of the country, COVID-19 turned AFC's world upside down, but unlike most places, we can't shut down."

Here are how a few Combined Federal Campaign charities are responding to the pandemic. You can find more at CharityChoices.com/pandemic.

American Kidney Fund (CFC #11404)

The AKF Coronavirus Emergency Fund is providing \$250 grants to any U.S. dialysis or recent kidney transplant patient in financial need to help them cope with the pandemic. AKF provided financial assistance to 84,000 people living with kidney failure last year.

Autism Speaks (CFC #12413)

Autism Speaks has been working with other autism organizations and researchers to develop tools that can help people with autism through this crisis.



Food for the Hungry (CFC #11732)

This charity is using its 50-year history of focusing on health and hygiene to help the communities in which it works protect themselves from COVID-19. This has involved both providing things like clean water and soap as well as finding innovative ways to teach prevention strategies in these communities, which are in Africa, Asia and Latin America.

Continued on pg 14



National Park Foundation

Contribute at nationalparks.org

CFC #11252



Support your national parks today and guarantee their future for generations to come.

Together we can reduce cancer deaths by 40% by 2035.

YOUR SUPPORT WILL SAVE LIVES.

CFC #11074





Why Should I Support Your Work?

Marine Corps – Law Enforcement Foundation

Educating the children of those who sacrificed all

MCLEF awards \$35,000 to every child of a fallen US Marine or Federal Law Enforcement Agent. In addition to this monetary support, ***the families know that their loved one's sacrifice is not forgotten and is sincerely appreciated.*** MCLEF has awarded over \$79 million to over 4,300 recipients since 1995—more than \$3 million to 142 recipients in 2019 alone. We have one part-time employee with volunteers doing the rest.



**CFC #10507
MC-LEF.org**

Humane Society International

Protect all animals

Humane Society International works around the globe to promote the human-animal bond, protect street animals, support farm animal welfare, stop wildlife abuse, eliminate painful animal testing, respond to natural disasters and confront cruelty to animals in all its forms. With the support of donors and advocates, we are helping create a humane and sustainable world for all animals, including people, through education, advocacy and the promotion of respect and caring.



**HUMANE SOCIETY
INTERNATIONAL**



Jean Chung for HSI

CFC #67938 • HSI.org

Cancer Prevention and Treatment Fund

We're here for you with hope and help

We conduct research that helps kids and adults prevent cancer and choose the best treatments. We are fighting to lower the outrageous prices for cancer drugs, because everyone deserves treatments that work. You can trust us because we don't accept donations from companies that sell cancer treatments. 100% of your donation goes to research and to help prevent and treat cancer, 0% for flashy fundraising. Let's fight cancer together!



www.stopcancerfund.org



**CFC #11967
StopCancerFund.org**

Islamic-American Zakat Foundation

To purify wealth by sharing it with the poor and needy

Supporting IAZF directly helps hundreds of struggling individuals and families (including those left jobless by the Covid crisis) ***in concrete, immediate ways—to keep their homes, to keep their heat on and feed their children.*** You will also be helping people overcome underlying problems. A trained case manager helps applicants to develop and implement a plan for needed life changes.



**CFC #17934
IAZF.org**

Support Our Aging Religious – SOAR!

*They were there for us.
Now it's our turn to give.*

Sisters, Brothers and religious order Priests—who have given their lives to the Church and its work—are facing a crisis. Many worked for only modest stipends. As their median age rises, their communities have little for retirement. Healthcare costs have soared. ***In response, SOAR! awards grants to congregations of Catholic Sisters, Brothers and Priests to care for their retired members.*** Your donation addresses their immediate needs and ensures their safety, comfort and dignity. Please help.



CFC #10041 • HSI.org

Diabetes Research Institute Foundation

Our vision is a world without diabetes

As the most comprehensive research center dedicated to curing diabetes, we are intensely focused on the discovery of a biological cure. Building upon our extraordinary progress, the Institute is testing a tissue-engineered BioHub platform that restores natural insulin production, and tackling the complex challenges of the immune system. ***For the millions affected by diabetes, the Diabetes Research Institute Foundation is the best hope for a cure.***



**CFC #11149
DiabetesResearch.org**

Why Should I Support Your Work?

The Children's Inn at NIH

"A Place Like Home"

The Children's Inn is a place families can stay as their sick child participates in pediatric research at the National Institutes of Health. Our donors provide housing and supportive services, like nightly dinners, **at no cost to families**. With your support, we are making childhood possible for the over 1,700 children who stay at The Inn each year, as they search for answers to their tough, and sometimes rare, medical conditions.



CFC #10324
ChildrensInn.org

Alliance for Cancer Gene Therapy

Effective, safe, targeted cancer therapy

For 20 years, the Alliance has funded the research that has brought entirely new types of treatments to people living with deadly cancers—treatments that have saved lives and brought hope to all cancer patients.

ACGT continues to drive innovative research forward today—funding cutting-edge science ranging from the development of cancer vaccines to cell and gene therapies for brain cancer. Currently, ACGT is advancing research in ovarian, prostate, sarcoma, glioblastoma, melanoma and pancreatic cancers.



CancerGeneTherapy.org
CFC #41537

Food for the Hungry

Ending all forms of human poverty

At Food for the Hungry (FH), we seek to end all forms of human poverty by going to the hard places and walking with the world's most vulnerable people in 20 countries globally. FH programs include education, clean water, agriculture, disaster response and more as we walk with communities to create sustainable solutions. As communities are empowered to walk independently, they have hope for a brighter future and are able to reach their God-given potential.



CFC #11732
FH.org

Breast Cancer Action

Help us end the breast cancer epidemic

Not your average breast cancer organization, Breast Cancer Action is fiercely independent and refuses corporate funding from any company or organization that profits from or contributes to breast cancer. As the watchdog of the breast cancer movement, **we educate, organize and take action for systemic change to ensure that fewer women develop and die from breast cancer** and so that no community bears a disproportionate burden of diagnosis or death from this disease.

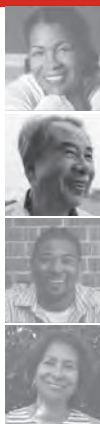


CFC #12010 • BCAction.org

American Kidney Fund

A World Without Kidney Disease

The American Kidney Fund helps one of every five dialysis patients in the U.S. – a total of 84,000 people. Many kidney patients find they can't work full-time due to frequent dialysis treatments. At the same time they face the cost of health insurance, prescription medications and other expenses. With your help, last year **we provided direct financial assistance to 84,000 people living with kidney failure**. We also conduct screenings and outreach to prevent kidney disease.



CFC #11404
KidneyFund.org

Wycliffe Bible Translators

Sharing hope through Bible translation

The hope found in the Bible is needed now more than ever. Yet 2,000 languages lack these words that tell of God's love. Wycliffe is an international Christian ministry that translates God's Word and teaches literacy.

In Nigeria, a woman named Martha received audio Scripture in her own language. *"Those words make sense to me; they sink in,"* Martha said. She discovered Christ through Scripture. **Help bring life transformation to many more worldwide!**



CFC #11737 • Wycliffe.org

The \$300 Donation Deduction

To encourage giving to charities during this time of crisis, the CARES Act created a \$300 deduction that anyone who doesn't itemize their deductions — about 85% of Americans — can take.

This deduction is only for this year. Donations must be in cash, not donations of items such as clothes or furniture. No special documentation is needed, just a record of your donation, such as a canceled check.

Charities have been urging Congress to pass a permanent charitable deduction for non-itemizers. The 2017 tax overhaul doubled the standard deduction. As a result, far fewer people itemize their deductions. Many believe this has depressed charitable giving.

**Our vision
is a
world
without
diabetes.**



CFC#11149

DiabetesResearch.org

PUTTING FAITH INTO ACTION



Support 25,000+ people serving the poor across the U.S. and in over 100 countries worldwide.

**CATHOLICS FOR THE POOR
AND NEEDY WORLDWIDE**

CFC # 10174

How charities are responding to the pandemic *(From pg 11)*

Food For The Poor (CFC #10328)

Since mid-March, Food For The Poor has shipped 709 tractor-trailer loads of aid to the countries it serves, including 200 containers specifically for COVID-19 relief. FFTP focuses on Caribbean and Latin American countries.

Humane Society of the U.S. (CFC #11894)

The Humane Society launched the COVID-19 Relief Fund to support animal shelters, rescue groups and other organizations that are responding to the economic impacts of the COVID-19 outbreak. Its goal is to keep people and their pets together during this crisis. Contributions provide veterinary care, pet food, horse feed and animal care supplies, as well as other costs related to caring for animals during the outbreak.

Unitarian Universalist Service Committee (CFC #11685)

UUSC's focus has always been on social justice and human rights, principles that also define its response to COVID. It's providing as much support as it can to its partners working in places like Bangladesh, Guatemala and Honduras, all of which face greater needs. It helps its partners take collective action and monitor human rights abuses stemming from the pandemic and economic instability.



Local funds set up to help communities

You can find information about more than 900 local and statewide funds set up to help local people and organizations across the country. Go to **Candid.org/explore-issues/coronavirus/funds**. Candid was created through the merger of the Foundation Center and Guidestar.

How international charities are responding to the pandemic

Interaction, an alliance of international NGOs (non-governmental organizations), has a summary of what its members are doing in response to the pandemic. The easiest way to find the page is by doing a search on "Interaction members' response to COVID-19."

**I deserve a
better life**

Right now puppies like me
are suffering in puppy mills,
research labs and factory
farms around the world.



Jean Chung/For HSI

Humane Society of the United States

CFC # 11894

HumaneSociety.org

You can give to these charities NOW at:

CFCGiving.opm.gov

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TUSKEGEE AIRMEN Scholarship Foundation

*Providing
 scholarships
 to assist
 academically
 deserving
 students
 who dare to
 dream big.*



CFC #47202

TAISF.org



Hunger takes many forms.
 Hunger for food, hunger for affordable housing,
 hunger for jobs, hunger for hope.

For those who hunger for a fresh start, you can make
 a difference. Help SOME restore hope and dignity
 one person at a time.

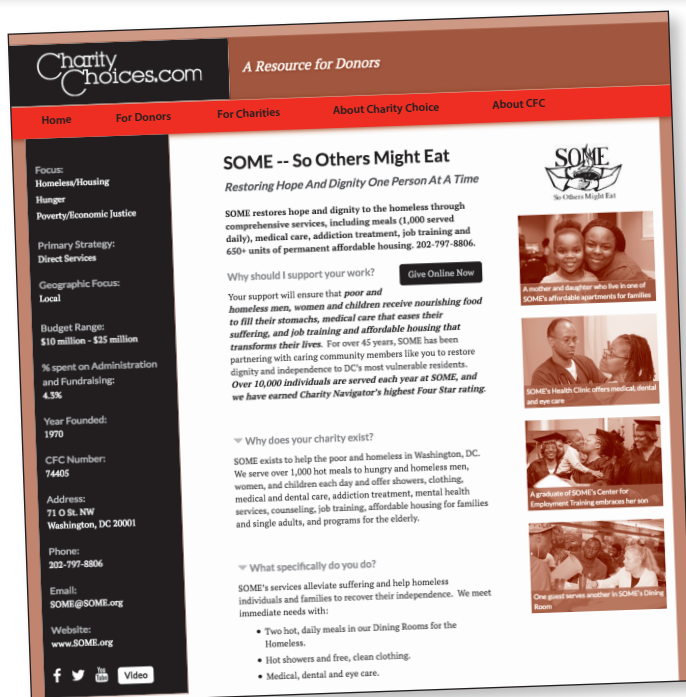
CFC #74405



To make a tax-deductible contribution
 to SOME, call 202.797.8806 or go to
www.some.org. Please designate
 SOME. CFC #74405 United Way #8189

“Your website helps me learn what these charities really do with my donation.”

—JULIA COLLINS



As you think about which charities to support, there is no better resource than **CharityChoices.com**

We tell you—

- ★ How a charity is making a difference.
- ★ What exactly it does.
- ★ What it's accomplished.
- ★ How much it spends on overhead.
- ★ How it's rated by charity watchdogs.

You can also find links to the charity's website, Facebook page, Twitter feed, videos and more.

Plus useful information for donors such as—

- ★ How to respond to disasters.
- ★ How to quickly check out any charity in the country.







**TOGETHER
WE RESPOND!**
Since mid-March, Food For The Poor has shipped 709 tractor-trailer loads of aid to the countries it serves, including 200 containers specifically for COVID-19 relief.



We cannot do this without you.

CFC®
#10328



In 2019, Generous Donors Provided*			
			
Over 20 Million Lifesaving Meals a Month	3,113 Safe & Secure Homes	Over \$6.5 Million Toward Clean Water Projects	3,262 Tractor-Trailers of Aid
And So Much More!			



*Year ended 12/31/19.



FOOD FOR THE POOR 6401 Lyons Road, Coconut Creek, FL 33073 • 877-654-2960, ext. 6658 • www.FoodForThePoor.org/cfc